

Oxford House Profile Series – 2020

# Colorado Network of Oxford Houses



## September 2020

**Oxford House, Inc.**  
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## About Oxford House, Inc. [OHI]

OHI is the Delaware nonprofit, 501(c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 2,900 individual Oxford Houses. Its central office is at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Oxford House™ is a concept and system of operations based on the experience of recovering alcoholics and drug addicts who learned that behavior change is essential to recover from alcoholism, drug addiction or co-occurring mental illness. They also learned that Oxford House™ provided the living environment that could help them become comfortable enough with recovery behavior to stay clean and sober without relapse.

The Oxford House Manual® is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to successfully live together in a supportive environment. All Oxford Houses are rented ordinary single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women but there are no co-ed houses. The average number of residents per house is about 8 with a range per house of 6 to 16.

Oxford Houses work because they have no time limit on how long a resident can live in an Oxford House™ and because they all adhere to the charter conditions that require that: [1] the group must be democratically self-run following the policies and procedures of the Oxford House Manual®; [2] the group must be financially self-supporting; and [3] the group must immediately expel any resident who returns to using alcohol or illicit drugs.

Oxford House™ charters are provided free to groups of 6 or more recovering individuals of the same gender starting an Oxford House™. Oxford Houses provide the time, peer support and structured living environment necessary for long-term behavior change to take hold. The first Oxford House in Colorado opened in 1994 but expansion was slow until 2006 when OHI – the national umbrella organization of Oxford Houses – received a grant from the Daniels Fund to provide technical assistance to help expand and maintain a network of Colorado Oxford Houses. Today, there are 87 Oxford Houses in Colorado. This report is a profile of the statewide network of Oxford Houses based on a survey of residents in August 2020.

Oxford House™ was the only recovery-housing program listed on the 2011 federal National Registry of Evidence-based Programs and Practices [NREPP]. Oxford House™ was also singled out in the 2016 Surgeon General's Report "Facing Addiction in America." Moreover, more than 200 DePaul University studies since 1992 have confirmed the value of Oxford House™ in fostering long-term recovery.

Silver Spring, Maryland  
September 30, 2020

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## The Colorado Oxford House Survey

In August 2020, 271 of the 523 Colorado Oxford House residents [51.8%] completed a detailed survey describing them and their recovery progress. The survey questions have been asked of Oxford House residents since 1988. The surveys provide an indication of who is being served by Oxford House™ and how Oxford House living is fueling their road to long-term recovery.

This report presents the results of the survey and describes how Oxford Houses fit into the continuum of care that many professionals believe is essential for long-term recovery from alcoholism, drug addiction and co-occurring mental illness. In 2011, Oxford House™ was listed as a best practice on the federal government’s National Registry of Evidence-based Program and Practices [NREPP] maintained by SAMHSA. In 2016, the then-Surgeon General, in his report, “Facing Addiction”, singled out Oxford House™ as a model for recovery homes. The current Surgeon General reiterated that conclusion when he spoke at the 2019 Oxford House World Convention in Washington, DC.<sup>1</sup>

### Part 1 – Profile of the Current Colorado Oxford House Population

### Part 2 – How Oxford Houses Work

### Part 3 – Research and Oxford House

### Part 4 – List of Colorado Oxford Houses

## Oxford House Blueprint for Success



<sup>1</sup> Videos of the convention are available on the Oxford House website at [www.oxfordhouse.org](http://www.oxfordhouse.org).

## 2020 Colorado Oxford House Survey Results

The table below presents the results of a confidential survey of residents living in the Colorado Oxford Houses in August 2020. Although the survey response rate was only 52% (271 of 523 residents), the results are very similar to the results of the November 2019 survey of Colorado Houses that had a response rate of 82% of the residents then in Colorado Oxford Houses.

|  |               |  |                            |
|--|---------------|--|----------------------------|
| Total number of residents who completed the survey: [52% of residents]       | <b>271</b>    | Average Age of residents:<br>(Range 19 – 65: Median 37)                | <b>37.8 Years</b>          |
| Number of Men in survey:   | <b>181</b>    | Number of Women in survey:   | <b>90</b>                  |
| Average Weekly Cost Per Person for household expenses [Range \$110 to \$140] | <b>\$131</b>  | Rent Per Group Per Month Average:<br>(Range \$1,350-\$4,400 per month) | <b>\$2,792</b>             |
| Percent Military Veterans:   | <b>10.7%</b>  | Average Years of Education<br>(Median 12)                              | <b>12.1</b>                |
| Residents Employed 3/30/2020:  | <b>78.6%</b>  | Average Monthly Earnings:<br>[Median \$2,000]                          | <b>\$2,158</b>             |
| Addicted to only Alcohol:  | <b>31%</b>    | Addicted to Alcohol and other Drugs:<br>(Opioids 44.6%; MAT 25.5%)     | <b>69%</b>                 |
| Race–  |               | Marital Status –   |                            |
| White  | <b>75.6%</b>  | Never Married  | <b>59.8%</b>               |
| Black  | <b>4.4%</b>   | Separated  | <b>7.0%</b>                |
| Native American  | <b>5.5%</b>   | Divorced   | <b>25.1%</b>               |
| Hispanic   | <b>9.2%</b>   | Married  | <b>5.2%</b>                |
| Other  | <b>5.2%</b>   | Widowed  | <b>3.0%</b>                |
| Prior Homelessness:  | <b>75.6%</b>  | Median Time Homeless:<br>[Median Times 2]                              | <b>5.0 Mos.</b>            |
| Prior Jail:  | <b>88.9%</b>  | Average Jail Time:<br>Median Jail Time:                                | <b>23 Mos.<br/>11 Mos.</b> |
| Percent going to AA or NA  | <b>98%</b>    | Average Number AA or NA Meetings<br>Attended Per Week:                 | <b>3.1</b>                 |
| Percent Going To Counseling <i>in addition to</i> AA or NA (weekly):         | <b>49.3%</b>  | Average Length of Sobriety of House<br>Residents:                      | <b>11.1 Mos.</b>           |
| Residents Expelled During FY 2020<br>Because of Relapse:                     | <b>23.2%</b>  | Average Number of Applicants For<br>Each Vacant Bed:                   | <b>4+</b>                  |
| Average Stay in An Oxford House:   | <b>9 Mos.</b> | New Houses started in FY 2020<br>[4 more have been added in FY 2021]   | <b>24</b>                  |

### Number of Colorado Oxford Houses and Beds as of August 20, 2020

|   |           |                                    |            |
|---|-----------|------------------------------------|------------|
| Number of Men’s Houses:                 | <b>60</b> | Number of Men’s Recovery Beds:     | <b>475</b> |
| Number of Women’s Houses:               | <b>27</b> | Number of Women’s Recovery Beds:   | <b>221</b> |
| Total Number of Colorado Oxford Houses: | <b>87</b> | Total Number of Oxford House Beds: | <b>696</b> |

## Background

Until 2018, there were only a few Oxford Houses in Colorado. In 2018, the Daniels Fund began to provide funding for the development of Oxford Houses in Colorado. During that year, 16 new Oxford Houses were started in Colorado. Today, there is a strong statewide network of 87 Oxford Houses throughout the state; 46 of them were established in 2019 and 2020. The recent expansion was primarily the result of the state contracting with Oxford House, Inc. to support development. Prior to the last two years, all development funding came from Oxford House, Inc. and the Daniels Fund.

During FY 2019, 17 new Oxford Houses were established in Colorado. During FY 2020, an additional 25 Oxford Houses were established in the state. Covid-19 has slowed the expansion of new Oxford Houses but, in spite of the pandemic, an additional four houses were started between July 1, 2020 and September 1, 2020.



Having a development contract with the state is an important factor in facilitating the development and expansion of a network of self-run, self-supported Oxford Houses. Specifically, such a development contract provides funding to permit OHI to provide trained and supervised outreach personnel to serve as resource persons to teach Oxford Houses residents and the local recovery community about the Oxford House concept and system of operation. The current Oxford House outreach team is pictured at left. The funding also supports the administration of start-up loans from a revolving loan fund.

The box at the right enumerates the skills of each OHI outreach worker that are key to development of statewide networks of self-run, self-support Oxford Recovery Houses. As clusters of individual houses spring up throughout a state, each outreach worker is made available to specific regions within a state. For example, in the State of Washington, where Oxford House development is 30 years old, there are 343 Oxford Houses and 14 outreach workers. That is about one outreach worker for every 24 individual houses. At this point in Colorado there are now 10 outreach workers and 87 Oxford Houses or about one for every 9 houses.

The expanded number of outreach workers is the main contributor to the nearly 70% increase in the number of Oxford Houses in Colorado over the last two years, but the roots of the Colorado Oxford House network began earlier.

The outreach worker is trained by Oxford House Inc. for the following tasks:

- ◆ Finding a suitable house to rent
- ◆ Getting a charter from OHI
- ◆ Getting an FEIN number from IRS
- ◆ Recruiting initial residents
- ◆ Teaching residents how to operate house
- ◆ Building mutually supportive chapters
- ◆ Balancing supply of houses to demand
- ◆ Developing linkages to providers
- ◆ Developing employment linkages
- ◆ Documenting success/failure

The four early Colorado Oxford Houses pictured below provided a solid foundation for the present statewide network of 87 Oxford Houses with 696 recovery beds. Two of the houses below are Oxford Houses for men and two of them are Oxford Houses for women. These Oxford Houses have been in operation continuously since inception and have served many recovering individuals in Colorado.



**Oxford House - Osceola**  
180 Osceola St.  
Denver, CO 80219  
9 M • Established March 1, 1994



**Oxford House - Alameda**  
13222 W Alaska Place  
Lakewood, CO 80209  
7 M • Established February 1, 1995



**Oxford House - Green Mountain**  
11900 W Alameda Ave  
Lakewood, CO 80228  
6 W • Established March 1, 2002



**Oxford House - Kenton**  
1488 S Kenton St  
Aurora, CO 80012  
7 W • Established June 1, 2006

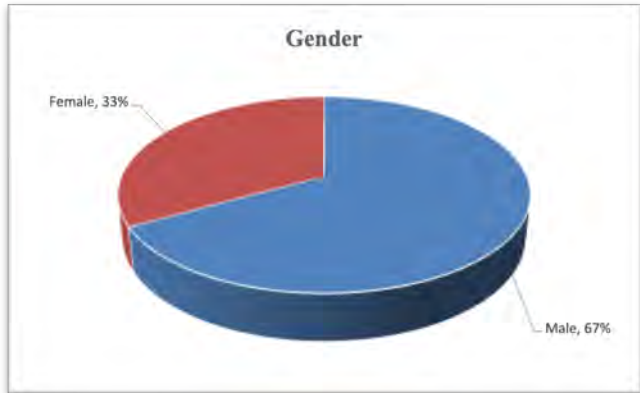
These are all ordinary single-family houses that are being used for the extraordinary purpose of providing groups of individuals recovering from addiction the opportunity to gain the peer recovery support they need to become comfortable enough in recovery to avoid relapse.

In addition to the long-time support by the Daniels Fund, the support of the recovery community in Colorado has been very important. William Harris, as administrator of Swede Hanson's estate, provided money to establish a start-up revolving loan fund for Oxford Houses in Colorado. Already, five new houses have used money from the loan fund, and it will continue for years to come. Alden Arthur 'Swede' Hanson had been an active and successful member of AA in Colorado for nearly fifty years. His memory and good works continue.

## Part 1 – Profile of the Current Colorado Oxford House Population

This section discusses the results of the August 2020 survey. All of the existing Oxford Houses participated but only 271 of the 523 residents then in Colorado Oxford Houses residents [52%] completed the survey. The survey response rate – at 52% – was considerably lower than desired. Nonetheless, the results are highly consistent with the results of the November, 2019, Colorado survey – same questions – that had a response rate of 82%. Given the consistency with the prior results, these data are likely to reflect the universe accurately.

### Gender

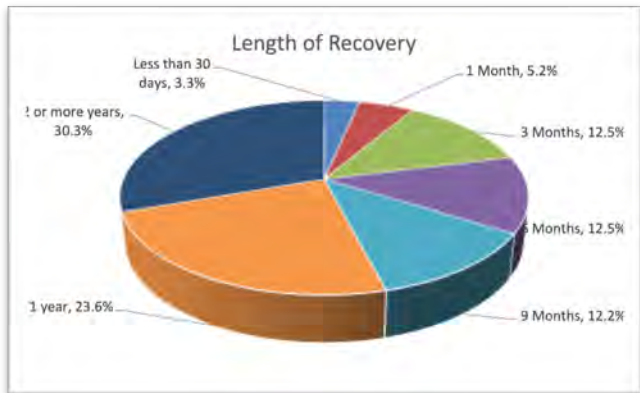


Of the respondents, 67% were men and 33% were women. As of August 2020, there were 27 women’s Oxford Houses in the state and 60 men’s houses for a total state network of 87 Oxford Houses.

The Colorado Oxford Houses have bed space for a total of 475 men and 221 women [total beds 696]. Of the 27 Oxford Houses for women, 6 of them take women with children. Of the 60 Oxford Houses for men, one of them takes men with

children.

### Distribution of Recovery Within Houses



Within each Oxford House there are differences in the lengths of residents’ sobriety. Partly because there is no time limit on residency within an Oxford House, individuals are able to stay as long as they want to stay, provided they do not drink alcohol or use illicit drugs.

This time factor contributes greatly to the overall success rate of Oxford House living because every individual is different. Some adapt to the behavior change needed

for long-term recovery quickly; others take years to become comfortable enough in behavior needed to assure long-term recovery. Because replication of individual Oxford Houses is relatively simple, it takes place all the time. For example, in 2017 – just three years ago – there were only half the number of Oxford Houses in the state. Today the state has 87 Oxford Houses and the network is still growing.

The current length of sobriety does not necessarily mean that an individual’s total time of recovery falls within the timeframe of living in an Oxford House. Some individuals may have some length of sobriety before moving into a house. For example, the survey shows that 30.3% of the respondents have 2 years or more of sobriety. Some may have picked up sober time in prison before coming into an Oxford House. The various lengths of recovery time allow “new-

comers” to learn the value of long-term recovery from the “old-timers” in recovery. They also learn that their own stay in Oxford House does not have to be limited.

### Treatment History

The federal government maintains the Treatment Episode Data Set [TEDS], which identifies the prior treatment characteristics for the one in seven individuals who actually gets treatment.<sup>2</sup> The TEDS data shows that the average prior treatment episodes for those in treatment is a little more than three previous treatment episodes. A remarkable 15% of those in treatment have been in treatment previously five times or more. Fewer than 25% are in treatment for the first time.

The prior treatment episodes for the Oxford House population also shows repeated times in formal treatment usually followed by relapse. As a matter of fact, many professionals in the field proclaim relapse is part of the disease. Oxford House™ from its beginning has emphasized that relapse does not have to be the norm and all of its emphasis is on recovery **without** relapse.

The table below shows the number of prior formal treatment tries for Oxford House residents in Colorado and in selected other states.

**Table 1**  
**Percent of Prior Treatment Tries**

| No. of Sobriety Tries in Formal Treatment | VA   | OK   | TX   | NC   | WV   | IN   | CO   |
|---|------|------|------|------|------|------|------|
| <b>One</b>                                | 16.1 | 25.6 | 23.9 | 18.2 | 22.3 | 18.9 | 15.5 |
| <b>Two</b>                                | 24.2 | 23.5 | 18.8 | 20.0 | 18.9 | 24.8 | 26.4 |
| <b>Three to Five</b>                      | 41.9 | 27.4 | 31.9 | 44.1 | 27.7 | 49.7 | 43.2 |
| <b>Six to Ten</b>                         | 12.9 | 16.7 | 13.8 | 10.9 | 16.8 | 4.6  | 10.1 |
| <b>More than Ten</b>                      | 04.8 | 6.8  | 11.6 | 06.3 | 14.3 | 2.0  | 4.8  |

### Relapse

During FY 2020 [July 1, 2019 – June 30, 2020], 350 Oxford House residents were expelled because of relapse. That amounted to 23% of the total number of residents (1,520) who lived in the statewide network of Oxford Houses during FY2020.

The majority of residents were not expelled for using alcohol or illicit drugs. Oxford House does not track individuals after they stop living in an Oxford House but studies suggest that the system of operations and the open-ended residency policy enables the development of long-term recovery. A DePaul University study financed by National Institute of Drug Abuse [NIDA] - [Grant # DA 13231] followed 897 residents living in 219 Oxford Houses across the county for 27 months. The DePaul researchers found that only 13% returned to using alcohol or illicit drugs.<sup>3</sup> The DePaul study took place in 2007 – a number of years before the current opioid epidemic.

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<sup>2</sup> There are about 25 million alcoholics, drug addicts and those with co-occurring mental illness. Of that number, fewer than 1.7 million get formal treatment each year. TEDS data includes information from the annual pool of those in treatment.

<sup>3</sup> Addictive Behaviors 32 (2007) 803-818

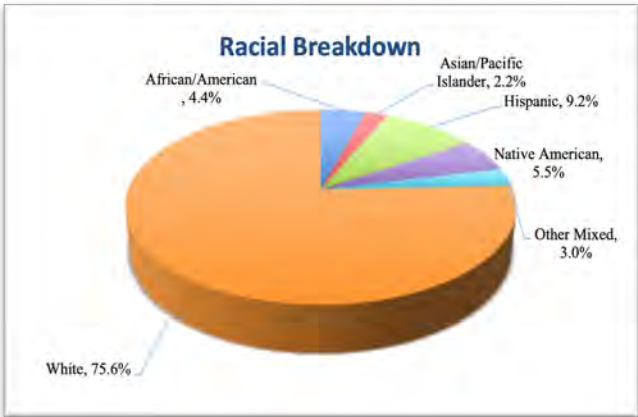


While 44.6% of the surveyed Colorado Oxford House residents abused opioids, not all are using medically-assisted treatment [MAT]. As a matter of fact, 25.5% are in MAT. For most of those, the medicine is buprenorphine although a couple are on methadone. In a recent article in *ALCOHOLISM TREATMENT QUARTERLY*, John Majer, PhD, Leonard Jason, PhD and others found that “Oxford Houses provide valuable social support that helps persons utilizing MATs in their recovery.”<sup>4</sup>

Because prior opioid users are in the Oxford House population, each Oxford House group teaches its residents about the use of Narcan. The survey did not inquire as to whether or not opioid overdoses had occurred to residents during the past year. However, Oxford House outreach personnel train House residents to have and be able to use Narcan.

**Racial Diversity**

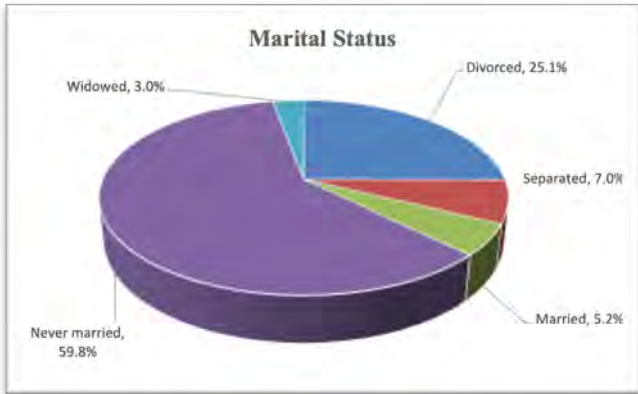
The egalitarian nature of alcoholism and drug addiction cuts across all racial and ethnic groups of individuals. The graph below reflects the diversity of the Colorado Oxford House population.



The diversity is reflected in the individual houses throughout the state. African Americans are under-represented relative to population in the state because development of Oxford Houses in the state is just under way. As development continues, Oxford Houses will become located in places more likely to attract residents from all ethnic and racial groups. Because of the egalitarian nature of addiction, over time, the diversity of those in Colorado Oxford Houses likely will parallel US Census data.

**Marital Status**

Well over half of the residents in Colorado Oxford House residents [59.8%] have never been married. Moreover, addiction wreaks havoc with relationships and over thirty percent who had been married are divorced or separated by the time they arrive at an Oxford House.



The graph at the left illustrates the distribution of marital status among the residents in the Colorado network of Oxford Houses. This finding tracks the marital status of residents in the national network of Oxford Houses. However, the “never married” category is about 5% higher for

Colorado residents and this factor is probably related to the fact that residents in Colorado Oxford Houses are quite a bit younger than Oxford House residents in other states. [See next section.]

<sup>4</sup> ALCOHOLISM TREATMENT QUARTERLY, 2020, VOL. 38, NO. 2, 199–214 <https://doi.org/10.1080/07347324.2019.1678445>

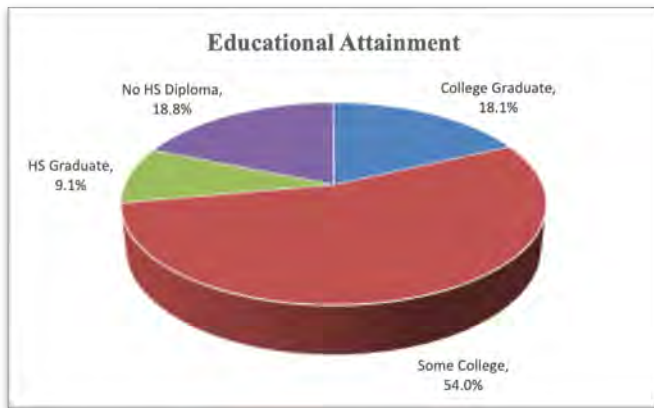
## Age of Residents

The average age of residents in Colorado Oxford Houses is 37.6. The ages range from 19 to 65. The median age is 37, which is about 2 years younger than the national median age. There seem to be two reasons for the younger average and median ages: [1] the opioid epidemic has adversely affected younger individuals and [2] recent development of Colorado Oxford Houses means that there are fewer “old-timers” in the statewide network of Oxford Houses.

Colorado Oxford Houses have a lower percentage of veterans [10.7%] than do networks of Houses nationally [18%]. This may be because the overall age of residents is younger. Nevertheless, OHI will increase its outreach to veterans because the need is great.

## Education

The diversity of the Oxford House population is also demonstrated by the variation in educational attainment among the residents. The highest level of formal education among the Colorado Oxford House residents ranges from second grade to college graduates.



The range of educational attainment level among residents serves as a reminder of the egalitarian nature of alcoholism, drug addiction and co-occurring mental illness. The median educational attainment level is 12 years, but the average attainment level is slightly higher at 12.3 years. About 20% of the residents less than a high school diploma; about 81.2% have graduated from high school;

54% have had some education beyond high school; and 18% have a college degree.

Oxford House encourages residents to continue their education – whether it is to get a GED or a college degree. Given the significant numbers of residents who have not completed high school, OHI and the state should make an effort to encourage Oxford House residents to get their GED.

In some states, community colleges and universities welcome Oxford House residents and the residents take advantage of their open-ended residency in an Oxford House to gain further education. The University of North Carolina at Chapel Hill has two Oxford Houses that are dedicated to students and there are 17 other Oxford Houses in Chapel Hill where some students live. When the Covid-19 pandemic passes, OHI will reach out to community colleges and universities in the state to share how some schools are using Oxford Houses to support recovery among students.

## Employment

The survey of residents took place in August 2020. Shutdowns because of the pandemic had become well entrenched. Surprisingly, 78.6% of respondents were employed. The average monthly income – from both employment and other sources – was \$2,158. That amount was quite a bit more than the June 2019 average of \$1,695. The median income was \$2,000.

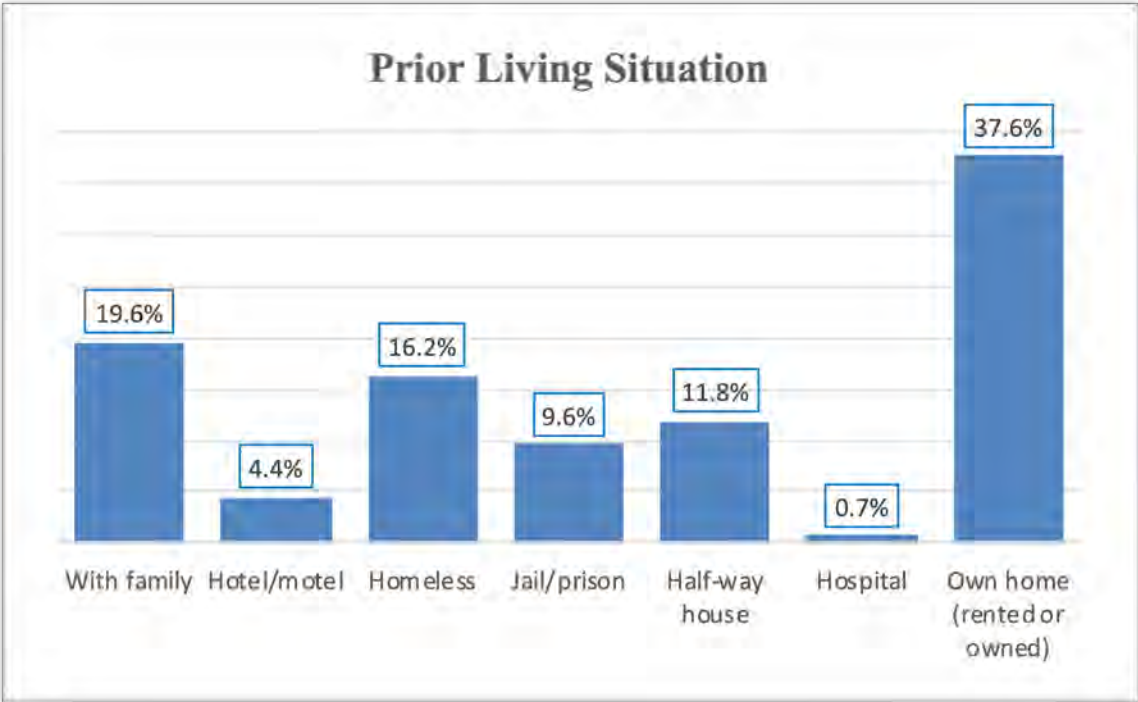
Since the equal expense cost of living in an Oxford House averages \$131 per week [range \$110-\$170] in Colorado, the income per person is more than adequate. The equal expense cost covers

all household expenses except for a resident’s food. The largest household expense is the rent that the group pays the landlord. In Colorado, Oxford House rent averages \$2,792 a month, with a range from \$1,350 to \$4,400 a month.

Employment is the primary way that residents are able to pay their equal share of household expenses necessary for each Oxford House to operate. A few residents have income from retirement or some other source, but most do not. The equal share of household expenses not only pays the landlord and other expenses but some of the money paid the landlord returns to the state or local government through property taxes. More significantly, all the employed residents contribute substantial amounts to the federal government as a result of FICA payroll taxes. The FICA tax is 14.65% of wages [employee plus employer share]. The combined FICA taxes generated by employment of Colorado Oxford House residents was \$2,640,459 for FY 2020. This is a considerable amount under any circumstances particularly since many of these recovering individuals were not employed prior to getting into an Oxford House.

### Prior Living Situation

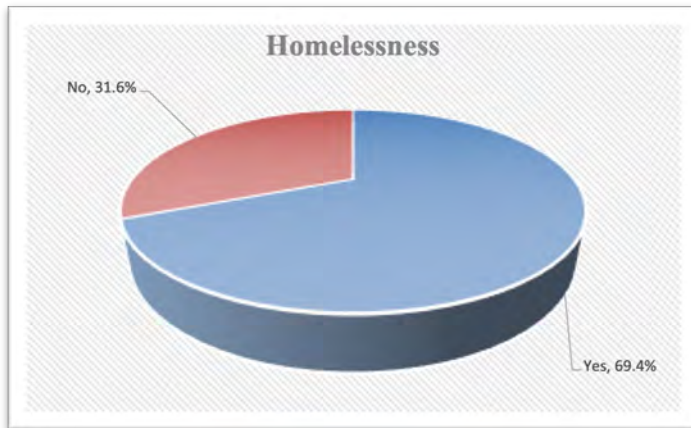
Almost all residents of Oxford House are enjoying a significant improvement in living arrangements over what they had before moving into an Oxford House.



More than a third [42.7%] of the individuals who moved into Colorado Oxford Houses were previously living in what can best be described as marginal living situations – homeless, jail, a motel, hospital or halfway house. The 19.6% “living with family” could be added to the marginal living situation in most cases. In all cases, prior living failed to get or keep the individuals on the path to recovery. If it had, they would not have applied to and been accepted to move into an Oxford House.

## Homelessness

When we look at the survey responses in more detail, past homelessness and incarceration stand out. Just over 69% of all respondents had experienced homeless at least twice and for a median



length of time of 6 months. When an addict goes through detoxification and returns to homelessness, the chance that he or she will stay clean and sober is very unlikely. For the person who has been homeless to move into an Oxford House, the difference is great. Among other things, in an Oxford House a person has a safe place to live rather than in a crowded homeless shelter or on the streets. A person also has his or her own key to a real house in a real neighborhood. For many, that

fact alone provides a sense of self-esteem and pride.

The fact that the Oxford House provides a safe, clean and comfortable living environment is in and of itself a big incentive to continue on the path of recovery. To stay in that place to live requires not taking a drink of alcohol or using an illicit drug because such action would result in immediate expulsion. Postponing taking a drink of alcohol or using an illicit drug becomes a small price to pay for staying in an Oxford House. Soon, days become weeks, and weeks, months and recovery becomes a valuable habit. The Oxford House resident then has substantially increased the odds that long-term recovery without relapse is likely.

## Jail Time



The vast majority [91.2%] of Colorado Oxford House residents have served jail or prison time. The median time of incarceration was 9 months with an average of 26 months. The length of incarceration is from a few days to well over ten years. Most have been introduced to recovery programs while in jail or prison. In the 12-Step programs there is a saying that addicts in recovery need to avoid the places, people and things associated with their addictive use. That is easier said than

done but, for individuals leaving jail or prison, Oxford House becomes a feasible way to avoid the old associates and old neighborhoods.

| TREATMENT CENTERS ATTENDED BY COLORADO RESIDENTS            |        |
|---|--------|
| Treatment Center  | Number |
| Arapahoe House  | 4      |
| Aspen Ridge Recovery  | 7      |
| Bradford Recovery Center                                    | 1      |
| Bridge House  | 1      |
| Bridge to Awareness   | 1      |
| CAE   | 2      |
| Carla Vista Sober Living, Inc.                              | 1      |
| Cedar Springs Hospital                                      | 2      |
| Center for Dependency, Addiction and Rehabilitation (CeDAR) | 4      |
| Central Alabama Psychiatric Services                        | 1      |
| ComCor, Inc.  | 3      |
| Community Reach Center                                      | 3      |
| Corevision  | 1      |
| Cri-Help  | 1      |
| Crossroads' Turning Points Inc                              | 6      |
| Denver Cares  | 4      |
| Denver Women's Recovery                                     | 1      |
| Desert Hills  | 1      |
| Eagle Ridge Family Treatment Center                         | 1      |
| Emily Griffith Center                                       | 1      |
| Flagstaff Guidance Center                                   | 1      |
| Fort Lyon   | 1      |
| Harmony Foundation  | 5      |
| Haven Recovery Center                                       | 1      |
| ICCS Pueblo   | 2      |
| Inner Balance Health Center                                 | 1      |
| Insight Services  | 3      |
| Intensive Rehabilitation Treatment (I.R.T.) Ft.Collins      | 9      |
| IRT Sterling  | 2      |
| Jovenes Fuente De Vida                                      | 1      |
| Keystone Treatment Center                                   | 1      |
| Mile High Recovery  | 1      |
| Miramar   | 1      |
| New Beginnings Recovery Center                              | 3      |
| New Life Program  | 2      |
| New Moon Lodge  | 1      |
| North Range Behavioral Health                               | 1      |
| Northstar   | 1      |
| Nova Recovery Center  | 1      |
| Oaks Recovery Center  | 1      |
| Parker Valley Hope  | 9      |
| Parkview Health   | 1      |
| Pathfinders Recovery Center                                 | 3      |
| Peak View Behavioral Health                                 | 2      |
| Peaks Recovery Center                                       | 4      |
| Peer 1 in Denver  | 1      |
| Phoenix Recovery Center                                     | 2      |
| Prison  | 6      |
| R and R Recovery  | 1      |
| Raleigh House   | 1      |
| Recovery Unlimited  | 1      |
| Recovery Village at Palmer Lake                             | 6      |
| Red Rock Recovery Center                                    | 2      |
| Region Six Alcohol & Drug Center                            | 4      |
| Salvation Army ARC  | 9      |
| Sandstone Care  | 2      |
| Shadow Mountain in New Mexico                               | 1      |
| Sobriety House  | 4      |
| Springs Rescue Mission                                      | 3      |
| Star Recovery Center  | 1      |
| Start Program at ICCS                                       | 2      |
| Step Denver   | 5      |
| STIRT Program   | 2      |
| StoneRidge Recovery   | 1      |
| Stout Street Foundation                                     | 5      |
| Sundown M Ranch   | 2      |
| The Center For Alcohol & Drug Treatment                     | 1      |
| The Foundry   | 1      |
| The Retreat   | 2      |
| Transitional Residential Treatment                          | 1      |
| Treasure House of Hope                                      | 1      |
| Triple Peaks  | 3      |
| Turning Point Treatment Center                              | 1      |
| Twelve Oaks   | 1      |
| Unhooked Recovery   | 1      |
| VA Hospital   | 2      |
| Valley Hope   | 2      |
| Victory Outreach  | 1      |
| Waterfront Recovery Service                                 | 2      |
| West Pines Behavioral Health                                | 14     |
| Whiteside Manor   | 2      |
| Windmill Wellness Ranch                                     | 1      |
| Women's Recovery Center                                     | 3      |

## Last Formal Treatment Facility

Colorado Oxford House residents have come into Oxford House after a variety of formal treatment facilities (See list at left) Specifically, 80% of Colorado Oxford House residents indicated that they had previously gone through residential treatment. It is not unusual for alcoholics or drug addicts to have had repeated attempts at achieving continuous recovery. It is also likely that a person beginning recovery in prison becomes involved in 12-Step programs [AA or NA or both].

## 12-Step Meetings and Counselling

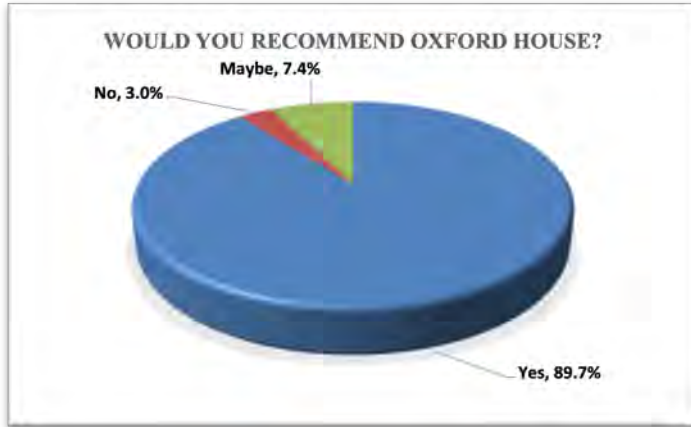
Living in an Oxford House provides 24/7 peer recovery support and the living environment encourages attending a lot of 12-Step meetings outside of the house. The respondents indicated that the median number of such meetings they attend each week is 3. The average number of 12-step meetings attended each week is 3.14 or about one meeting per week more than the average AA/NA member. For example, AA tries to estimate the number of AA meetings members attend each week and has found that it is slightly more than two a week.

In addition to attending lots of AA/NA meetings, 48% of respondents to the survey indicated they attended weekly counselling sessions with a therapist. Many of these individuals were participants in medically assisted treatment programs because as indicated above 25.5% of the 44% addicted to opioids are using MAT.

Within Oxford Houses it is not mandatory that a resident attend AA or NA meetings but almost all do. This is primarily because everyone in the house tends to go to such meetings this reality places peer pressure on everyone to attend such meetings. It also becomes an economical way for residents to socialize. Going out to meetings becomes an enjoyable way to meet others.

Neither AA nor NA meetings are held within a house because Oxford Houses are not designed to have large groups of folks coming into the house. Each Oxford House is a home and residents appreciate that fact. It is also clear that by going out to 12-Step meetings good habits are learned that will help individuals stay in recovery once they move out of an Oxford House.

## Importance of Oxford House Living to Recovery

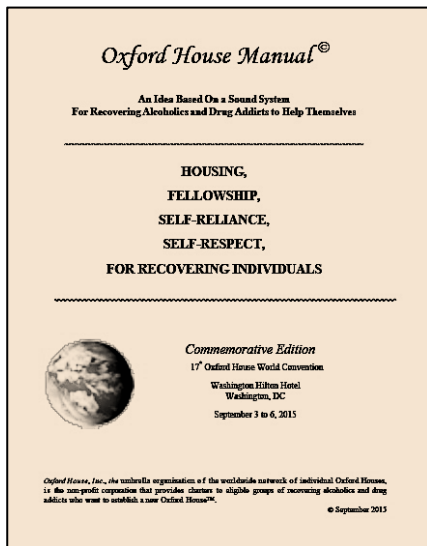


Respondents to the survey were asked two questions to measure their personal satisfaction with Oxford House: [1] how important is it to your own recovery, and [2] would you recommend it to others? Fewer than 3% [8 respondents] would not recommend Oxford House to others and 98% felt it was very important to their own recovery. It should be noted that six respondents who would not recommend Oxford House to others

had each been in Oxford House less than one month. Only two individuals with more than one month's residence would not recommend Oxford House to others and both of them rated "living in an Oxford House" was "very important" to their own recovery. All but one in the "maybe" category [7.4% or 20 individuals] had lived in an Oxford House at the time of the survey for more than 2 months. All in the "maybe" category indicated that living in an Oxford House was "very important" to their own recovery.

## Part 2 – How Oxford Houses Work

Each Oxford House™ is self-run and self-supported. Within the Oxford House™ community, it is often remarked that "The inmates run the asylum." They do. Such participatory democracy



not only is cost-efficient, but it also provides the foundation for personal change. Each resident rises to the occasion whether it is by voting on acceptance of a new resident, expelling a resident who relapses, carrying out the duties of being a house officer, or simply voting on a issue at a weekly house business meeting. All of the processes and procedures are set forth in the Oxford House Manual<sup>®</sup> and related materials.<sup>5</sup> With the mutual support and supervision that individual Oxford Houses provide for each other through chapters and statewide associations, uniformity and quality control is assured. In Colorado, one can visit an Oxford House in Denver, Colorado Springs, Boulder, Fort Collins or anywhere else in the state and immediately recognize that the particular recovery group within each house is following the same set of procedures and protocols.

Oxford House, Inc. has not only provided a full set of operational manuals but also has taken the time to teach the group the basic procedures than enable a recovery group to function well. Visiting any one of the more than 2,900 Oxford Houses throughout the country provides the same affirmation.

<sup>5</sup> Oxford House is organized from the bottom-up. In addition to the basic Oxford House Manual<sup>®</sup> there is an Oxford House Chapter Manual<sup>®</sup>, an Oxford House World Council Manual<sup>®</sup> and an Oxford House State Association Manual<sup>®</sup>. Along with a growing number of standardized forms these manuals provide a definitive blueprint for each Oxford House to uniformly follow processes and procedures that reflect the successful formula that makes Oxford House™ the only best practice listed on the National Registry of Evidence-base Programs and Practices.

Each weekly House business meeting illustrates participatory democracy and pragmatic problem-solving in action. Each meeting opens with a reading of one of the nine Oxford House Traditions. This underscores the purpose of Oxford House and sets the tone for the entire meeting. The House President calls the meeting to Order and asks the Secretary to read the minutes of the last business meeting. The minutes are then either accepted by majority vote or amended based on a motion to amend followed by majority vote. Robert's Rules of Order dictates parliamentary procedures. The Treasurer reports on the balance of the group's checking account; the Comptroller reports on whether every resident is up to date in paying an equal share of household expenses; and the Chore Coordinator reports on how well the residents have adhered to the chore list during the previous week. The group then considers new business, which may range from a personality issue within the house or plans for a social event such as a picnic or bowling.

- Oxford House Officers**

  - President
  - Secretary
  - Treasurer
  - Comptroller
  - Chore Coordinator

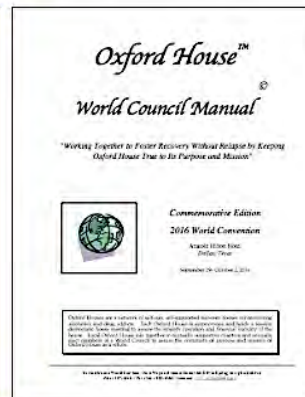
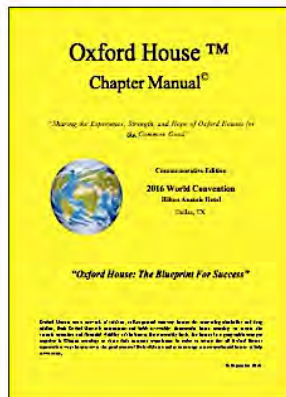
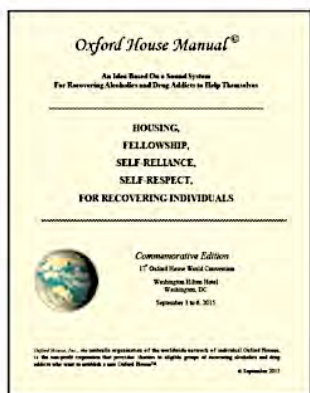
Just as many large families have get-togethers to share each other's company and knowledge, Oxford Houses do too. The officers of each individual house get together once a month at a Chapter meeting. Those meetings also follow disciplined procedures and elect officers. They also stage events to enjoy getting together in non-drinking, non-using "fun" activities. During the pandemic most of these get-togethers are via Zoom.



There are six women with children's houses in the state and two men with children's house. The picture at the left is a new Oxford House for men with children house established in Pueblo in August. It will accommodate nine and is part of Chapter 10.

In most cases, children would be put up for foster care but for the fact that they can live in an Oxford House with a parent. Residents in a house decide if their home is one that will accept children and, where they have decided to do so, it has worked. well. In a house where children are accepted the group makes arrangements from the moment of acceptance into the house as to how the child or children shall be taken care of in the event the parent relapses.

**Key Manuals To Keep Oxford Houses On Track**



Common to all Oxford Houses is participatory democracy and pragmatic problem-solving, whether it involves personality problems or a broken dishwasher. If there is a problem, the group faces it and comes up with ways to resolve it. Each resident has an equal vote and pays an equal share of household expenses. Stigma associated with recovery from addiction is discouraged but stigma with respect to active addiction is not discouraged. A return to active addiction results in immediate expulsion from an Oxford House. The reason for this is that active addiction almost always results in bad behavior that adversely affects the individual and his or her family and community.

Expanding to meet the need has required organization of chapters, conventions, training sessions, state associations and periodic conventions in order for houses to monitor the performance of each other. The charter conditions are simple, but they require everyone’s support to help keep the model on track.



Not everyone masters the new behavior necessary to stay away from using alcohol or other addictive drugs at the same pace. Some quickly adapt and some take a lifetime. The Oxford House concept is based on easy expansion of a supply of beds – simply rent another house – rather than arbitrarily limiting the time of residency of one individual in order to make room for another. When a particular house is staying full, is stable and is operating well, renting another house is a better way to make room for the newcomer than imposing a residency time limit.

The “expanding to meet the need” is something that began 45 years ago in the first Oxford House. The beds were full. Newcomers to recovery applied and needed a place to live that would support their road to recovery. The men in the first Oxford House pooled their resources after just three months of existence and rented a second house. That spirit of expanding to meet the need has followed the Oxford House model across Colorado and the 48 other states.

Since all the Oxford Houses are rented – not owned – it becomes relatively easy to expand. This is also at the core of why there is no residency time limit. Since each house is democratically run by the residents themselves, they quickly become invested in assuring the success of Oxford House development. At the right a Colorado women’s house is shown at their weekly house meeting. One topic was the need for additional Oxford Houses because applications for membership in that house exceeded the available space.





When a new house is opening, residents from other houses pitch in to help get the new house ready for occupancy. All of the Oxford Houses in the state belong to chapters. A chapter is a



local cluster of Oxford Houses designed to provide mutual assistance among its members. Chapter officers are elected from among the officers of the individual houses making up a chapter. Chapters also organize fun events from picnics to sports and the monthly chapter meeting usually provides a common meal. Nothing like good food to attract a crowd! During the pandemic, most gatherings are virtual. The autonomy of individual Oxford Houses coupled with the mutual support provided through chapters helps build the pride that residents feel in being part of the Oxford House family. The picture at the left shows a Colorado resident displaying a tee shirt promoting the uniqueness of the Colorado Network of Oxford Houses.

Few entering Oxford House picture themselves as leaders, but the system of operation soon has them acting as leaders and gaining confidence that recovery without relapse is not only possible but the probable outcome of Oxford House living.

### **Part 3 – Research and Oxford House**

OHI relies on internal and third-party research to understand better not only the recovery process but also, more specifically, the role Oxford Houses can play in making long-term recovery without relapse the norm rather than the exception. The independent third-party research began in 1987 when Bill Spillaine, Ph.D., started teaching at Catholic University after he retired from NIDA. Dr. Spillaine asked to review the outcome records of individuals who had lived in an Oxford House from its beginning in 1975 through 1987. Everyone living in all 13 Oxford Houses at that time agreed to cooperate with him. Dr. Spillaine tracked down more than 1,200 former Oxford House residents to learn how many had stayed clean and sober. When he came to the leaders of Oxford House and reported that 80% had stayed clean and sober without relapse, the leaders asked, “What are we doing wrong to have 20% relapse rate?” Dr. Spillaine explained that the normal rate of sobriety without relapse was less than 20% and that the Oxford House resident outcome was exceptionally good.

Spillaine’s report led Congress to include a provision in the 1988 Anti-Drug Abuse Act [§2036 of PL 100-690, codified at 42 USC 300x-25] to encourage states to promote Oxford House development. That small start-up loan provision became the catalyst that helped Oxford House grow from 13 houses in the Washington, DC area to a national network of over 2,900 houses.

Independent third-party research about Oxford House took off following a 1991 CBS “60 Minutes” segment about Oxford House (a link is available on the home page of the website at [www.oxfordhouse.org](http://www.oxfordhouse.org)). Dr. Leonard Jason, head of the DePaul University Community Research Center saw the program and immediately became interested in researching how Oxford Houses worked. His organization has now published more than 200 peer-reviewed articles and studies about Oxford House and its effect on recovery from addiction. One of his

studies followed 897 residents in 219 Oxford Houses across the country and found that, over a 27-month period, only 13% had returned to active addiction.<sup>6</sup>

Research has been key to concluding that Oxford House™ can enable individuals to achieve long-term recovery without relapse. Because ‘recovery without relapse’ is the desired norm, not the exception, every Oxford House resident tries to accept responsibility for being a productive member of his or her Oxford House and also learn to have fun without the use of alcohol or drugs. By developing a new lifestyle, individuals gain confidence that life without alcohol or illicit drugs is possible. That confidence carries over whenever a resident moves out of an Oxford House clean and sober. It has also produced general acceptance in the addiction treatment field that Oxford House living is an effective path to long-term recovery.

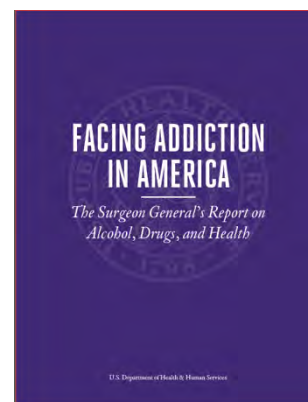
While research on AA has been limited by the role of anonymity in recovery, the willingness of Oxford Houses to open their doors to academic research gives us an opportunity to see recovery from addiction in action.

Dr. Jeffery Roth, M.D.  
Editor, *Journal of Groups in Addiction and Recovery*  
July 2010

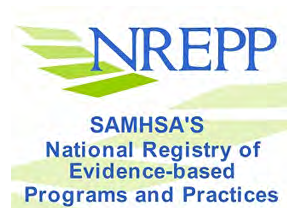
The November 2016 US Surgeon General’s Report, “*Facing Addiction In America*,” singled out Oxford House™ as a key program in the continuum of successful treatment for addiction. The Report summarized the evidence-based treatment outcomes as follows:

Outcomes:

- An 87 percent abstinence rate at the end of a 2-year period living in an Oxford House, four to five times greater than typical outcomes following detoxification and treatment.
- Comparisons between a group living in Oxford House and going to AA/NA versus a similar group that only goes to AA/NA show that the group living in an Oxford House had higher and more positive rates of self-efficacy and self-mastery.
- In a comparison study between Oxford House residents and a group that was assigned usual aftercare services, the Oxford House group had significantly lower substance use (31.3 percent vs. 64.8 percent), higher monthly income (\$989 vs. \$440), and lower incarceration rates (3 percent vs. 9 percent).



The Oxford House program was listed as a best practice on the National Registry of Evidence-based Programs and Practices [NREPP] in 2011. The NREPP was a searchable online registry of mental health and substance abuse interventions that had been reviewed and rated by independent reviewers. The purpose of the registry was to assist the public in identifying scientifically-based approaches to preventing and treating mental and/or substance use disorders that could be readily disseminated to the field. The Oxford House Model is the only recovery house concept and system of operation listed on the NREPP.



The annual Oxford House National Convention has become a place where experts in the field of addiction present their most recent findings about the nature of alcoholism, drug addiction and the process of long-term recovery. Every Director of the federal Office of Drug Control Policy has been a speaker at the convention as have other leaders in the field of alcohol and drug addiction. While the 2020 convention was cancelled because of the pandemic, plans are currently under way for the 2021 convention.

<sup>6</sup> Addictive Behaviors 32 (2007) 803-818

At the Oxford House 2019 Convention, the first General Session included the following speakers: Dr. William Compton, Deputy Director of NIDA; Dr. Westley Clark, former 20-year Director of CSAT; Dr. Stuart Gitlow, former President ASAM; Dr. Jerome Adams, current Surgeon General, Dr. Joshua Sharfstein, head of Bloomberg Health Initiative at Johns Hopkins, and Professor John Kelly, Ph.D. of Harvard. A video of the session is available on the Oxford House website: [www.oxfordhouse.org](http://www.oxfordhouse.org).

Dr. John Kelly emphasized that alcoholism and illicit drug addiction are chronic diseases and require measurement over time. He used five-point criteria for measuring the predictability of long-term successful recovery: Quality of Life; Happiness; Recovery Capital; Self-Esteem and Psychological Distress. At the five-year point following the start of recovery, life becomes balanced and continues to get even better. The Oxford House model is particularly well suited to help those new in recovery to make it to and beyond the initial five years.

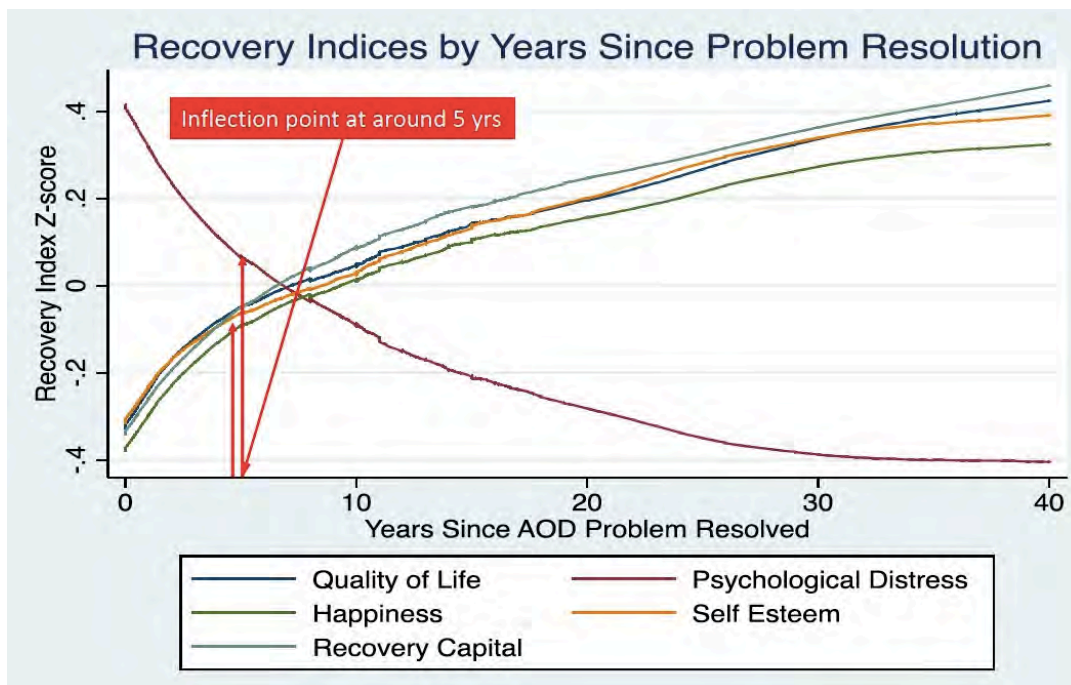


Chart prepared by Dr. John Kelly for his presentation at the Oxford House Convention

The on-going research underscores that there are many paths to recovery. However, basic to any sure path of recovery is the need to recognize that every individual has unique characteristics that require time and a lot of support to bring about change. Dr. Kelly's five-factor criteria for successful recovery provides the metrics for measuring an individual's progress toward an increase in quality of life, happiness, recovery capital and self-esteem while having a decrease in psychological distress.

It is becoming increasingly clear that the self-help aspects of the Oxford House model provide a common purpose and sturdy support in achieving a comfortable and life-long recovery.

# Oxford Houses of Colorado Directory

## Arvada

**Arvada**  
9702 W. 67th Place  
Arvada, CO 80004  
720-328-8704  
6 / M  
*Oxford House since 3/1/2011*

**Everett Court**  
8905 W 63rd Ave  
Arvada, CO 80004  
720-583-6338  
8 / M  
*Oxford House since 1/1/2018*

**Synergy**  
5716 W 66th Ave.  
Arvada, CO 80003  
720-541-7880  
10 / WC  
*Oxford House since 5/1/2018*

**Gray Drive**  
6860 Gray Drive  
Arvada, CO 80003  
720-667-3164  
9 / M  
*Oxford House since 5/5/2018*

**Britton Park**  
6815 Eaton St  
Arvada, CO 80003  
303-362-1605  
10 / M  
*Oxford House since 11/1/2018*

**Majestic**  
8608 West 69th Place  
Arvada, CO 80004  
720-688-1418  
9 / WC  
*Oxford House since 7/15/2019*

## Aurora

**Kenton**  
1488 S Kenton St  
Aurora, CO 80012-4120  
720-535-8363  
7 / W  
*Oxford House since 6/1/2006*

**Del Mar**  
17692 East Kenyon Drive  
Aurora, CO 80013  
303-537-4484  
7 / W  
*Oxford House since 10/1/2007*

**Galena**  
1726 Galena Street  
Aurora, CO 80010-2223  
720-410-2981  
6 / M  
*Oxford House since 12/5/2008*

**Andes**  
3704 S. Andes Way  
Aurora, CO 80013-3549  
303-953-8990  
7 / M  
*Oxford House since 12/19/2009*

**Chambers**  
15604 E 13th Avenue  
Aurora, CO 80011-7206  
303-856-3744  
8 / M  
*Oxford House since 1/1/2011*

**Sable**  
13806 E 25th Pl  
Aurora, CO 80011-2826  
303-736-2684  
7 / M  
*Oxford House since 12/1/2012*

**Marley**  
1100 Kingston St.  
Aurora, CO 80010  
720-287-0377  
6 / M  
*Oxford House since 2/1/2016*

**Highlands**  
2025 S Pitkin St  
Aurora, CO 80013  
720-542-9821  
9 / W  
*Oxford House since 4/1/2018*

**Exposition Drive**  
13004 E Exposition Drive  
Aurora, CO 80012  
720-510-2105  
9 / M  
*Oxford House since 6/1/2018*

**Old Del Mar**  
446 Oswego St.  
Aurora, CO 80010  
720-524-3343  
9 / W  
*Oxford House since 10/15/2018*

**Oakland Street**  
1442 S. Oakland St.  
Aurora, CO 80012  
11 / M  
*Oxford House since 2/1/2019*

**Montevue**  
1701 Clinton Street  
Aurora, CO 80010  
7 / M  
*Oxford House since 7/1/2019*

**Woodgate**  
15005 E. Layton Place  
Aurora, CO 80015  
10 / M  
*Oxford House since 9/1/2019*

**New Dawn 2**  
15073 E. Stanford Ave  
Aurora, CO 80015  
9 / W  
*Oxford House since 2/10/2020*

## Broomfield

**Broomfield**  
121 Main Street  
Broomfield, CO 80020  
720-688-1418  
8 / M  
*Oxford House since 8/16/2019*

## Canon City

**Canon City**  
300 Field Ave  
Canon City, CO 81212  
8 / M  
*Oxford House since 5/1/2019*

**Diamond**  
510 N. Diamond Ave  
Canon City, CO 81212  
719-963-8129  
9 / W  
*Oxford House since 11/15/2019*

## Centennial

**Adams Drive**  
6109 South Adams Drive  
Centennial, CO 80121  
303-353-4952  
9 / M  
*Oxford House since 5/1/2017*

**Colorado Court**  
7211 South Colorado Ct.  
Centennial, CO 80211  
720-372-9854  
8 / M  
*Oxford House since 6/1/2019*

## Colorado Springs

**Colorado Springs**  
2213 Greenwich Circle W  
Colorado Springs, CO 80909-1621  
719-203-4082  
7 / M  
*Oxford House since 4/1/2012*

**Murray**  
1921 Carlton Ave  
Colorado Springs, CO 80909-2169  
719-375-8505  
6 / M  
*Oxford House since 2/1/2013*

**Animus**  
1010 N Murray Blvd  
Colorado Springs, CO 80915-2705  
719-896-4535  
7 / M  
*Oxford House since 11/1/2013*

**Garden of the Gods**  
1215 Amstel Drive  
Colorado Springs, CO 80907  
719-418-2694  
7 / M  
*Oxford House since 1/17/2015*

**Acacia**  
1311 Acacia Drive  
Colorado Springs, CO 80907  
719-400-6977  
8 / WC  
*Oxford House since 2/8/2016*

**San Miguel**  
4444 E San Miguel Street  
Colorado Springs, CO 80915  
719-334-9053  
8 / M  
*Oxford House since 9/1/2016*

**Brady Drive**  
2530 Brady Dr  
Colorado Springs, CO 80917  
719-999-5711  
9 / M  
*Oxford House since 6/16/2017*

**McArthur**  
2021 McArthur Ave  
Colorado Springs, CO 80909  
303-909-9922  
9 / M  
*Oxford House since 9/1/2018*

**Maizeland**  
2318 Wold Ave  
Colorado Springs, CO 80909  
7 / M  
*Oxford House since 1/15/2020*

**Mexico**  
3200 E Mexico Ave.  
Denver, CO 80210  
720-532-0071  
11 / M  
*Oxford House since 7/1/2018*

**Fort Collins**  
1806 Suffolk Court  
Fort Collins, CO 80526  
307-221-3261  
9 / M  
*Oxford House since 9/1/2019*

**Jewel II**  
425 West Cheyenne Blvd  
Colorado Springs, CO 80905  
719-400-6878  
7 / W  
*Oxford House since 11/1/2018*

**Gemstone**  
7407 Montarbor Dr.  
Colorado Springs, CO 80918  
9 / M  
*Oxford House since 2/1/2020*

**Canosa**  
736 South Canosa Street  
Denver, CO 80219  
720-612-4539  
9 / M  
*Oxford House since 9/1/2018*

**Omega**  
3219 Eagle Dr.  
Fort Collins, CO 80526  
970-978-6239  
7 / M  
*Oxford House since 4/1/2020*

**Dublin**  
6454 Wicklow Circle W  
Colorado Springs, CO 80918  
719-424-7570  
9 / W  
*Oxford House since 12/4/2018*

**Eve**  
2515 Brenton Dr.  
Colorado Springs, CO 80918  
719-600-9790  
8 / WC  
*Oxford House since 6/1/2020*

**Monaco**  
6662 E Dickenson Place  
Denver, CO 80224  
720-688-8148  
8 / M  
*Oxford House since 10/1/2018*

**Mountain View**  
2300 Plains Court  
Ft. Collins, CO 80521-1560  
970-632-5137  
6 / M  
*Oxford House since 8/1/2009*

**Bluestem**  
5366 Bluestem Drive  
Colorado Springs, CO 80917  
8 / M  
*Oxford House since 3/10/2019*

**Adam**  
1810 Pima Dr.  
Colorado Springs, CO 80915  
719-313-0336  
8 / MC  
*Oxford House since 9/1/2020*

**Holly Street**  
682 South Holly Street  
Denver, CO 80246  
8 / W  
*Oxford House since 7/1/2019*

**Grand Junction**  
**Grand Valley**  
530 Grand Valley Dr.  
Grand Junction, CO 81504  
307-221-3261  
8 / M  
*Oxford House since 9/1/2019*

**Briargate**  
2830 Doromus Court  
Colorado Springs, CO 80920  
7 / M  
*Oxford House since 5/1/2019*

**Denver**  
**Osceola**  
180 Osceola St.  
Denver, CO 80219-1227  
303-284-9298  
9 / M  
*Oxford House since 3/1/1994*

**Zurich**  
3029 S. Zurich Court  
Denver, CO 80236  
720-688-1418  
8 / W  
*Oxford House since 10/1/2019*

**Fair Haven**  
546 31 Road  
Grand Junction, CO 81504  
307-221-3261  
7 / W  
*Oxford House since 12/1/2019*

**Jubilee**  
6409 Barrel Race Drive  
Colorado Springs, CO 80923  
9 / WC  
*Oxford House since 9/1/2019*

**Kalamath**  
4105 Kalamath Street  
Denver, CO 80211-2521  
303-955-0722  
7 / M  
*Oxford House since 2/1/2010*

**Firestone**  
**Firestone**  
5984 Stagecoach Avenue  
Firestone, CO 80504-5585  
720-491-3642  
8 / M  
*Oxford House since 3/15/2007*

**Cleo**  
903 Grand Ave.  
Grand Junction, CO 81504  
307-221-3261  
10 / M  
*Oxford House since 2/1/2020*

**Uintah**  
1123 N. Meade Ave  
Colorado Springs, CO 80909  
720-827-7003  
7 / M  
*Oxford House since 9/1/2019*

**Welby**  
8510 Rainbow Ave  
Denver, CO 80229-5134  
720-542-3837  
6 / M  
*Oxford House since 9/1/2012*

**Fort Collins**  
**Drake**  
2600 Tulane Drive  
Fort Collins, CO 80525  
970-682-2028  
9 / W  
*Oxford House since 12/1/2018*

**Grand Junction**  
737 27 Rd.  
Grand Junction, CO 81506  
970-822-2399  
10 / WC  
*Oxford House since 8/15/2020*

**Virginia II**  
2911 Virginia Ave  
Colorado Springs, CO 80907  
8 / M  
*Oxford House since 12/1/2019*

**Evans Ave**  
2319 S Perry St  
Denver, CO 80219  
303-248-3567  
7 / M  
*Oxford House since 7/15/2014*

**Ava Grace**  
801 Columbia Rd  
Fort Collins, CO 80525  
9 / W  
*Oxford House since 5/1/2019*

**Greeley**  
**Union**  
1402 10th Avenue  
Greeley, CO 80631-4724  
970-573-5142  
8 / M  
*Oxford House since 2/1/2010*

**Miller**  
1414 32nd Avenue  
Greeley, CO 80634  
970-515-6364.  
7 / M  
*Oxford House since 4/1/2015*

**Littleton**  
310 E Geddes Ave  
Littleton, CO 80122-1129  
720-502-5263  
7 / M  
*Oxford House since 8/1/2013*

**Pueblo**  
**Wildfire**  
4318 Wilderness Trail  
Pueblo, CO 81008  
720-600-3142  
7 / W  
*Oxford House since 9/16/2019*

**Divinity**  
2212 29th Ave  
Greeley, CO 80634  
970-505-5035  
9 / M  
*Oxford House since 11/1/2018*

**Washington Street**  
7112 S Washington Street  
Littleton, CO 80122  
720-381-6433  
7 / W  
*Oxford House since 12/15/2014*

**Northmoor**  
2100 Northmoor Terrace  
Pueblo, CO 81008  
720-600-3142  
8 / M  
*Oxford House since 9/6/2019*

**Lakewood**  
**Green Mountain**  
11900 W Alameda ave  
Lakewood, CO 80228  
720-541-7017  
6 / W  
*Oxford House since 3/1/2002*

**Longmont**  
**Longmont**  
136 Dawson Pl  
Longmont, CO 80504-2933  
720-204-6368  
7 / M  
*Oxford House since 4/1/2013*

**Norwich II**  
2719 Willis Blvd  
Pueblo, CO 81003  
720-660-7657  
7 / W  
*Oxford House since 12/1/2019*

**Alameda**  
13222 W Alaska Place  
Lakewood, CO 80209  
720-550-6459  
7 / M  
*Oxford House since 2/1/1995*

**Collyer**  
2429 Collyer St.  
Longmont, CO 80501  
9 / W  
*Oxford House since 8/1/2020*

**Sunset Park**  
39 Drake St.  
Pueblo, CO 81005  
719-648-0203  
9 / M  
*Oxford House since 3/15/2020*

**Field**  
2475 Field St.  
Lakewood, CO 80215  
720-630-8367  
9 / M  
*Oxford House since 12/1/2017*

**Loveland**  
**Loveland**  
2241 Albany Ct.  
Loveland, CO 80538  
970-800-3881  
8 / M  
*Oxford House since 10/10/2015*

**Highland Park**  
3506 Raccoon Lane  
Pueblo, CO 81005  
719-648-0203  
9 / MC  
*Oxford House since 9/1/2020*

**Southern Gables**  
2220 S. Estes Street  
Lakewood, CO 80227  
720-688-1418  
9 / M  
*Oxford House since 9/15/2019*

**Cleveland Avenue**  
1624 Cleveland Ave  
Loveland, CO 80538  
970-800-3147  
8 / M  
*Oxford House since 6/1/2016*

**Thornton**  
**Thornton**  
11042 Clermont Dr  
Thornton, CO 80233-5419  
720-379-6175  
6 / M  
*Oxford House since 11/17/2007*

**Cloverdale**  
1673 S. Eaton St  
Lakewood, CO 80232  
720-688-1418  
9 / M  
*Oxford House since 3/1/2020*

**Edgewood Drive**  
213 Edgewood Drive  
Loveland, CO 80538  
970-776-9986  
8 / W  
*Oxford House since 3/1/2018*

**Westminster**  
**Pecos**  
1240 West 72nd Avenue  
Westminster, CO 80221-2724  
303-993-6498  
6 / M  
*Oxford House since 1/10/2009*

**Littleton**  
**Apache**  
6615 S Apache Drive  
Littleton, CO 80210-3813  
720-583-0885  
8 / W  
*Oxford House since 1/1/2012*

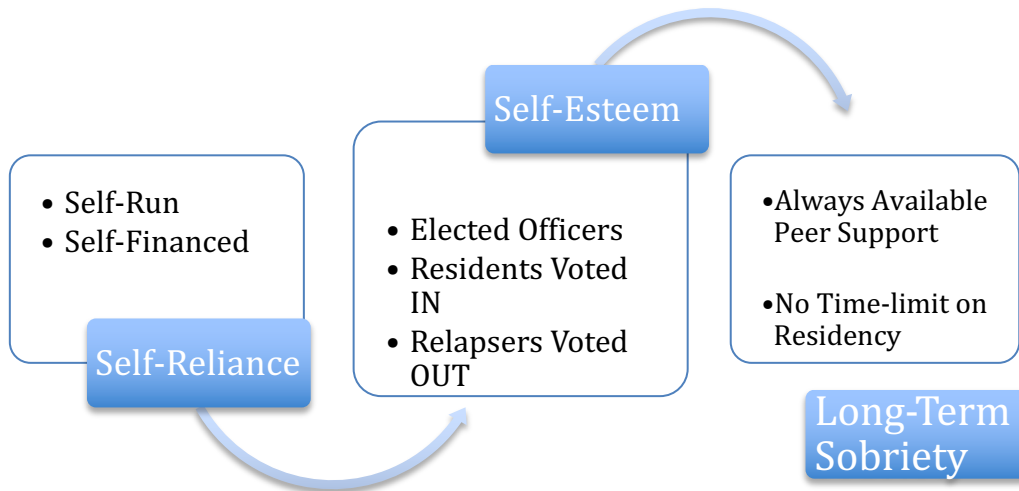
**Woodmare**  
3714 Logan Dr.  
Loveland, CO 80538  
8 / W  
*Oxford House since 1/1/2020*

## Colorado Network of Oxford Houses

87 Houses  
696 Recovery Beds



# The Oxford House™ Path to Recovery



## OXFORD HOUSE TRADITIONS

1. Oxford House has as its primary goal the provision of housing for the alcoholic and drug addict who wants to stay clean and sober.
2. All Oxford Houses are run on a democratic basis. Our officers serve continuous periods of no longer than six months.
3. No Member of an Oxford House is ever asked to leave without cause -- drinking, drug use, or disruptive behavior.
4. Oxford House members realize that active participation in AA and/or NA offers assurance of continued sobriety.
5. Each Oxford House should be autonomous except in matters affecting other houses or Oxford House, Inc. as a whole.
6. Each Oxford House should be financially self-supporting.
7. Oxford House should remain forever non-professional.
8. Propagation of the Oxford House, Inc. concept should always be conceived as public education.
9. Members who leave an Oxford House in good standing should become associate members



# Oxford House™

1975-2020

*45 Years of Organized Self-Help To Enable Alcoholics and Drug Addicts to Recover Without Relapse*

- Providing Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write or Call

**Oxford House, Inc.**

1010 Wayne Avenue, Suite 300  
Silver Spring, Maryland 20910

Telephone 301-587-2916

Facsimile 301-589-0302

E-Mail [Info@oxfordhouse.org](mailto:Info@oxfordhouse.org)

Web Site: [www.oxfordhouse.org](http://www.oxfordhouse.org)