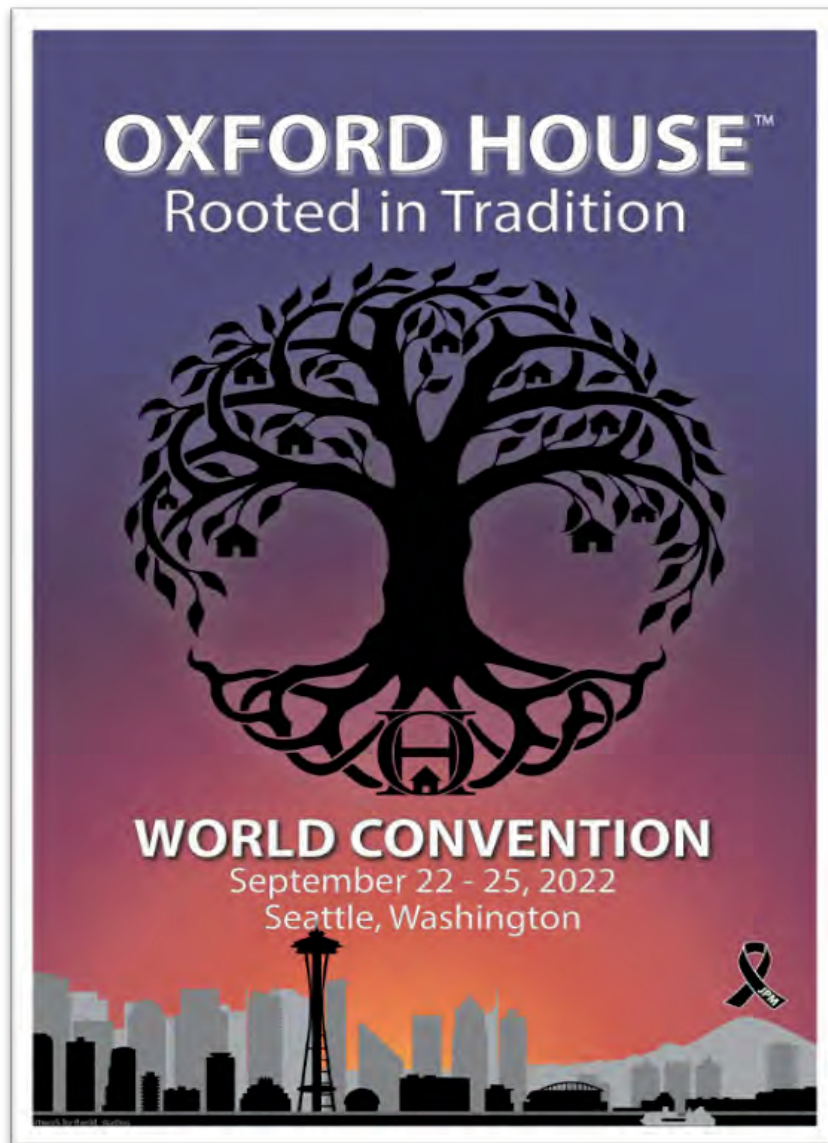


# 2022 Annual Report

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**Oxford House**  
**Self-run, Self-supported Recovery Housing**



**Oxford House, Inc.**

1010 Wayne Avenue, Suite 300  
Silver Spring, Maryland 20910

[www.oxfordhouse.org](http://www.oxfordhouse.org) / [www.oxfordvacancies.com](http://www.oxfordvacancies.com)

## About Oxford House, Inc.

Oxford House, Inc. [OHI] is the Delaware nonprofit 501 (c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 3,400 individual Oxford Houses. Its central offices are at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910. As a result, the Oxford House™ program can be developed nationally at a meager cost and fosters recovery without relapse.

Oxford House™ is a concept and system of operations based on the experience of recovering alcoholics and drug addicts who learned that behavior change is essential to recovery from alcoholism and drug addiction. They also learned that Oxford House provided a living environment that could help them become comfortable enough with abstinent behavior to stay clean and sober without relapse.

The Oxford House Manual© is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to live together in a supportive environment successfully. All Oxford Houses are rented ordinary single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women, but no co-ed houses exist. The average number of residents per house nationally is about 8, with a range per house of 6 to 16.

Oxford Houses work because they: (1) have no time limit for how long a resident can live in an Oxford House; (2) follow a democratic system of operation; (3) utilize self-support to pay all the household expenses; and (4) adhere to the absolute requirement that any resident who returns to using alcohol or illicit drugs must be immediately expelled. Oxford House provides the missing elements needed by most alcoholics and drug addicts to develop behavior that assures total abstinence. It gives the time, peer support, and structured living environment necessary for long-term behavior change to take hold.

Individuals living in an Oxford House learn or relearn values and responsible behavior, and slowly but surely, they develop long-term behavior to ensure comfortable sobriety – forever. Some individuals live in Oxford Houses for a few months; others for many years. Through participatory democracy and self-support, alcoholics, drug addicts, and those with co-occurring mental illnesses achieve long-term recovery.

After 47 years of steady growth and successful recovery outcomes, Oxford House™ has been proven to work. It is also cost-effective to support long-term recovery from alcoholism, drug addiction, and co-occurring mental illness. At the end of 2022, more than 3,400 Oxford Houses had over 28,000 beds nationwide.

Oxford House has been listed as a best practice on the national registry of Evidence-based Programs and Practices [NREPP] and was singled out as an effective tool for long-term recovery in the U.S. Surgeon General's report: "Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health, 2016."

Silver Spring, Maryland  
February 2023

## Board Members

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World Council Chairperson  
Hutchinson, Kansas 67501

\* Alumni or Resident

## TABLE OF CONTENTS

|  |    |
|--|----|
| National Profile .....                               | 2  |
| Message from the CEO .....                           | 3  |
| Management Report .....                              | 5  |
| How Oxford Houses Work .....                         | 10 |
| Rooted In Tradition: The 2022 Convention Theme ..... | 12 |
| The 2022 Oxford House Annual Convention .....        | 15 |
| In Memoriam – J. Paul Molloy .....                   | 18 |
| Oxford House Story Excerpts .....                    | 19 |
| FY2022 Financials .....                              | 23 |
| Growth and Distribution of the Oxford Houses .....   | 24 |



# National Profile

## Good Houses in Good Neighborhoods



Oxford House Echo Lake  
Shoreline, WA

**Oxford House – Echo Lake** (pictured at the left) is an Oxford House for 9 women established in Shoreline, WA, on May 1, 2002. It is one of 357 Oxford Houses in Washington State. It has been home to dozens of women in recovery. Very few residents have had to leave because of a recurrence of use. It is an example of how Oxford Houses continue year after year.

There are houses for men; houses for women; houses for women with children; and houses for men with children.

*Creating an Effective National Recovery Network One House at a Time*

### National Oxford House Profile<sup>1</sup>

|                              |       |                          |        |
|------------------------------|-------|--------------------------|--------|
| Number of Houses for Women   | 1,049 | Recovery Beds for Women  | 8,397  |
| Number of Houses for Men     | 2,377 | Recovery Beds for Men    | 19,637 |
| Total Number of Houses       | 3,426 | Total Recovery Beds      | 28,038 |
| Number of States with Houses | 47    | Towns with Oxford Houses | 759    |

### Resident Profile<sup>2</sup>

|   |              |  |                   |
|---|--------------|--|-------------------|
| Average Age of Residents                      | 39           | Percent Veterans                       | 6.9%              |
| Range of Residents Age                        | 18 - 73 Yrs. | Average Rent/Group/Month               | \$1,967           |
| Average Educational Level                     | 11.8 Yrs.    | Average Cost/Person Per Week:          | \$153             |
| Range of Educational Level                    | 3-19 Yrs.    | Residents Working                      | 92%               |
| Race –  |              | Average Monthly Earnings               | \$2,016           |
| White (Non-Hispanic)                          | 72.4%        | Marital Status –                       |                   |
| Black   | 11.8%        | Widowed <sup>^</sup>                   | 2.5% <sup>^</sup> |
| Hispanic                                      | 6.2%         | Married                                | 5.1%              |
| Multiple Races                                | 5.4%         | Never Married                          | 6.0%              |
| Native American / Alaska                      | 4.1%         | Separated                              | 7.6%              |
| Asian   | 0.4%         | Divorced                               | 24.8%             |
| Native Hawaiian                               | 0.4%         | Prior Homelessness                     | 70.50%            |
| Average Length of Stay In an Oxford House     | 9.3 Mos.     | Average Length of Time Homeless        | 10.8 Mos.         |
| Average Mutual Aid Meetings Per Week          | 3.7          | Prior Incarceration/Jail/Prison        | 65%               |
| Average Length of Sobriety of House Residents | 12.4 Mos.    | Average Months Incarcerated            | 22.1 Mos.         |
| Percent Going to Counseling <u>plus</u> AA/NA | 46%          | Percent Addicted to Only Alcohol       | 30%               |
| Members who have are currently using MAT      | 39.10%       | Residents Expelled for a Return to Use | 18.90%            |

## Oxford House Fast Facts

**28,038 - Number of Oxford House Recovery Beds**

**3,426 - Number of Oxford Houses as of December 31, 2022**

**47 - Number of States having Oxford Houses**

**759 - Number of towns and cities having Oxford Houses**

**\$2,016 - Average monthly income of residents**

**\$132 - Average weekly share of expenses paid by Oxford House residents**

**64% of Oxford House residents had been homeless for an average of 5 months.**

**70% are addicted to drugs and alcohol, and 30% only to alcohol.**

**70% of had done jail time in connection to their Substance Use**

**12.6 months - Average length of sobriety**

**343 - New Oxford Houses started (97 houses for women; 246 for men)**

**28,034 - Total Number Added Recovery Beds**

**325.6 Days - Residents' Average Length of Stay in Oxford House**

<sup>1</sup> Total number of houses, beds, and locations is of December 31, 2022.

<sup>2</sup> Resident profile as of July 30, 2022, based on OHI surveys of 19,388 residents nationally, including Oxford House Resident monthly activity reporting.

## MESSAGE FROM THE CEO

Now in its 48<sup>th</sup> year, the Oxford House™ model remains a vital national tool for individuals seeking to rebuild their lives from the grips of substance use disorders. Whether battling alcoholism, opioid addiction, or any other substance use disorder, Oxford House provides the time, peer support, and structure necessary to transition from the chaos of addiction to the comfort of a purposeful life well lived.

As we reflect on the past year, it is with a mix of gratitude, resilience, and determination. The year 2022 marked a significant turning point for us as we faced the unfortunate loss of our beloved founder Paul Molloy in June. His vision and passion laid the foundation for the remarkable work we continue to do. Though we mourn his passing, we honor his legacy by carrying forward his mission and dedication to supporting long-term recovery from addiction.

Since its inception, our sole focus has been providing a recovery housing program fostering long-term recovery without the recurrence of alcohol or drugs. It worked then, it works now, and we firmly believe it will continue to work for many years to come. The success of Oxford House is not only documented in its own history but also substantiated by independent third-party research. As those involved with Oxford House, we know firsthand that it works!

I am delighted to share that the 2022 Oxford House Annual Convention took place as planned. In September-2022, when the pandemic receded sufficiently, we gathered for an in-person (and virtual) convention over the Labor Day weekend at the Hyatt in Seattle, WA. I express my deepest gratitude to all those who made this event possible and contributed to its resounding success. Despite the uncertainties, everyone in attendance acted responsibly. Further details on the convention proceedings will be discussed later in this report.

The opioid crisis continues to demand much of our attention and support. Although the founders and early residents of Oxford Houses primarily battled alcoholism, the Oxford House model is as relevant today as it has ever been – if not more so. While street drugs may be more potent, the fundamental conditions required for long-term recovery remain constant. Medication and treatment may save lives in the immediate term. Still, recovery models like Oxford House are essential in providing the time and peer support necessary for enduring behavioral change that supports recovery without relapse.

Recovery extends beyond mere treatment. There is an increasing recognition that the evidence-based Oxford House model significantly enhances the likelihood of individuals achieving long-term recovery, regardless of their drug of choice, be it opioids, methamphetamines, cocaine, or alcohol alone. The Oxford House living environment offers a path to sustainable recovery for any individual who is willing to put in the work.

I am particularly proud of the exceptional work being done by the leadership of Oxford House, Inc., the dedicated central office staff, and the outreach workers in the field who tirelessly collaborate with Oxford Houses and contribute to expanding our network. Their efforts have been instrumental in our continued success.

The outreach team plays a vital role in the growth and development of our network of houses. They serve as the "ambassadors," spreading awareness and acting as persuasive advocates to

inspire House members towards self-reliance. Their primary objective is not to assume the roles of house managers or supervisors but to serve as invaluable resources, imparting knowledge and empowering others with know-how. Undoubtedly, their responsibilities are demanding, but they consistently excel in their performance!

I would also like to express my deepest gratitude for the unwavering financial support from states, localities, behavioral health organizations, individuals, Oxford Houses, and Chapters throughout the fiscal year. This support has allowed us to continue expanding our network and ensure the stability of individual Houses. Oxford House, Inc. remains committed to being a responsible steward of its financial resources, using them to achieve the best possible outcomes. Our sole focus remains to provide recovery housing that supports long-term recovery without relapse – our mission is what we strive to accomplish.

We have witnessed the most significant expansion in areas where Oxford House, Inc. receives financial support and where a start-up loan fund enables new Oxford Houses to obtain no-interest loans to cover their initial expenses. Initially authorized by the U.S. Congress in 1988, these start-up loans have proven to be a vital catalyst for expansion. Despite the impediments we faced over the past year, we have successfully expanded our network of Oxford Houses. As of the end of CY2022, we counted 3,450 Oxford Houses, with 325 established in 2022 alone. More than 59,000 individuals found a home within our network in these houses, residing across two-thirds of the states with development contracts. Overall, close to 80,000 individuals lived in Oxford Houses during CY 2022.

More detailed information regarding our financial situation can be found in both the management report and the Auditor's report later in this document.

In conclusion, I want to express my heartfelt appreciation to every individual within the Oxford House community. The past year brought unprecedented challenges, yet each of you rose to the occasion, demonstrating resilience, dedication, and compassion. I am tremendously proud of all that has been accomplished, and I extend my sincerest congratulations to all!

As we move forward, let us continue to honor the legacy of our founder by embracing the Oxford House model's transformative power and providing support to those seeking long-term recovery. Together, we can make a lasting difference in the lives of individuals and communities nationwide.

With gratitude and warm regards,

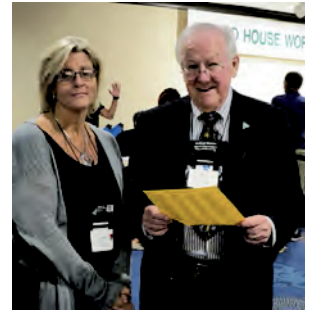
A handwritten signature in black ink that reads "Kathleen Gibson". The signature is written in a cursive, flowing style.

## MANAGEMENT REPORT

FY 2022 was another successful Oxford House, Inc. (OHI) year. Over the year, the total number of Oxford Houses (and recovery beds) continued to rise, the quality remained high, and finances remained stable – all despite the continuing pandemic! Our primary focus has been on expanding our program to provide more opportunities for individuals recovering from alcoholism and drug addiction to achieve long-term sobriety without relapse and become fully integrated into the broader society.

### Expansion

Led by Paul Molloy, CEO, until his death in June, and Kathleen Gibson, COO, OHI chartered 343 new Oxford Houses with 1,852 recovery beds during CY 2022. Of the new Houses, 97 were for women, and 246 were for men. At the end of CY 2022, the Oxford House network comprised 3,426 individual Oxford Houses with 28,034 recovery beds. Demand for Oxford House residency remained high; on average, there were more than three applicants for each vacancy that arose during the year. The expansion was particularly strong in those states and localities that supported the creation of new Oxford Houses by providing start-up loan funds and grants to enable OHI to send trained outreach workers to help start new houses and teach the system of operation. Once created, Oxford Houses are self-run and self-supported per their three charter conditions. *(The COO/CEO picture at right was taken in 2019 – before the pandemic.)*



In FY 2022, OHI had development contracts with 28 states and some treatment providers, behavioral health organizations, localities, and drug courts. Those contracts cover most – but not all – of the development and maintenance costs. In addition, Oxford House residents and alums continue to provide support for development in areas without government support. In 2022, 1,350 Oxford Houses [39%] voluntarily donated at least \$600 to OHI during the year. Voluntary contributions from Oxford House residents totaled \$860,330 and provided nearly 4% of the organization’s total FY 2022 expenditures. Our goal continues to become self-supported by the year 2075! The goal is long-term; but not unrealistic! In FY 2022, the amount from general contributions and voluntary house contributions was \$1,494,066, or 7% of total income.

Once a cluster of houses is developed in an area, it becomes easier to expand because of help from existing Oxford Houses. Once providers and state officials see the effectiveness of Oxford House™ development, experience has shown them to be interested in supporting the expansion of the network of houses. The new Oxford Houses added are evidence of the growing realization by states and providers that Oxford House™ is an essential resource for fostering long-term recovery. By the end of FY 2022, more states, counties, and local governments asked OHI to submit proposals for the development and maintenance of Oxford Houses. It is anticipated that OHI will expand into additional states in 2023 as more states recognize the critical role that Oxford Houses play in addressing the opioid crisis and recovery in general.

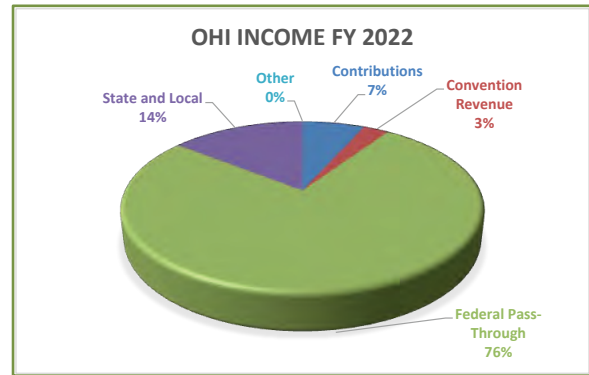
OHI uses several time-tested protocols to establish and maintain the network of individual Oxford Houses. Clusters of houses are encouraged to form mutually-supportive chapters to facilitate networking between houses and to help monitor charter compliance; similarly, chapters group to form

mutually-supportive statewide associations. Training materials and standardized operating procedures are provided to all chartered houses, chapters, and state associations. The OHI central office in Silver Spring, Maryland, also trains and supervises field workers all who have lived in Oxford Houses, to do outreach to states and communities throughout the United States and some foreign countries. In 2022, over 240 OHI outreach workers operated in 28 states and Ghana.

## Financial Results

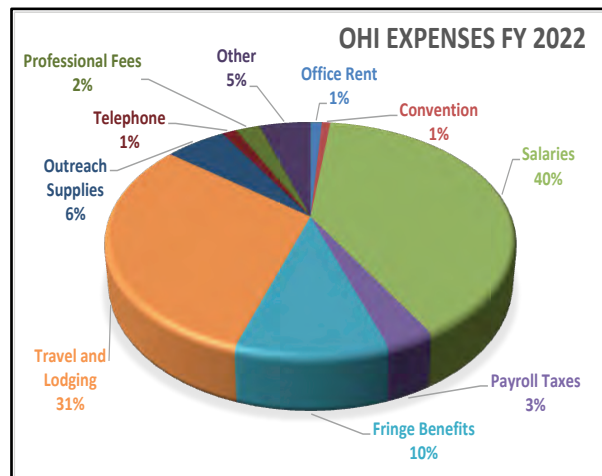
Overall, OHI's finances remained stable. OHI continued to support the expansion and maintenance of the network of Oxford Houses in an extremely cost-effective manner. Expenditures by OHI in FY 2022 were \$808,178.00 less than income.

| Source               | Amount               |
|----------------------|----------------------|
| Federal Pass-Through | \$ 16,997,498        |
| State and Local      | \$ 3,213,660         |
| Contributions        | \$ 1,494,066         |
| Convention Revenue   | \$ 607,200           |
| Other                | \$ 141               |
| <b>TOTAL</b>         | <b>\$ 22,312,565</b> |



Total income in FY 2022 was \$22,312,565. Income sources are shown in the graph at the right. *Federal Awards* are almost entirely state block grant funds used by various states to pay for the development and maintenance of existing networks of Oxford Houses. *State and Local Awards* are agreements that do not include block grant or pass-through federal funding. Contributions of \$1,494,066 include \$860,330 in voluntary contributions from individual Oxford Houses directly or through chapters and state associations. The rest comes from foundations and individuals.

OHI's expenditures for FY 2022 totaled \$21,504,387. The OHI expenditures are shown in the graph above at the left. Over 99¢ of every dollar spent went directly to program costs – expanding and maintaining the network of Oxford Houses. In addition, travel, telephone, and personnel costs account for over 90% of costs.



| Expense            | Amount               |
|--------------------|----------------------|
| Salaries           | \$ 8,543,732         |
| Payroll Taxes      | \$ 689,976           |
| Fringe Benefits    | \$ 2,191,189         |
| Office Rent        | \$ 232,924           |
| Convention         | \$ 173,375           |
| Travel and Lodging | \$ 6,586,450         |
| Outreach Supplies  | \$ 1,243,335         |
| Telephone          | \$ 303,752           |
| Professional Fees  | \$ 486,428           |
| Other              | \$ 1,053,226         |
| <b>TOTAL</b>       | <b>\$ 21,504,387</b> |

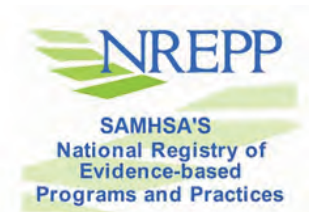


## Transparency and Research

Throughout the year, OHI continued encouraging Oxford House residents to participate in research. While anonymity has long been the norm for recovering alcoholics and drug addicts since its inception, OHI has urged residents and alums to participate in research to continually evaluate the Oxford House model to understand recovery from alcoholism and drug addiction better. OHI conducts internal surveys and continues to invite independent third-party research. Since 1991, both NIAAA and NIDA have devoted federal behavioral research dollars to studying the Oxford House program and its effect on developing long-term recovery. The DePaul studies have produced more than 300 articles showing how Oxford House living affects recovery. From the DePaul research, Oxford Houses have confirmed that they are on the right track. OHI continues encouraging the DePaul researchers and other third-party researchers to evaluate the Oxford House program and its effectiveness.

## Proven Effectiveness of the Oxford House Model

Beginning in 2011, the federal government (SAMHSA) listed the Oxford House program as a best practice on the National Registry of Evidence-based Programs and Practices (NREPP). While the 1988 Anti-Drug Abuse Act [PL 100-690] represented a political acceptance of Oxford House, the NREPP listing verified the soundness of the Oxford House model as an evidence-based program that significantly improves addiction treatment outcomes. This finding was reinforced in the 2016 U. S. Surgeon General’s report, “Facing Addiction in America,” and in ONDCP’s 2020 National Strategy Report that acknowledged the quality of the Oxford House™ program and held it up as an organization with a mission to improve the quality of recovery support services that should be emulated.



## Litigation

The establishment and maintenance of an adequate network of recovery homes sometimes require legal actions under the Federal Fair Housing Act and the Americans with Disabilities Act to protect the civil rights of residents. It has been twenty-six years since the U. S. Supreme Court found favor of Oxford House™ in the landmark case, *City of Edmonds, WA v. Oxford House, Inc.* 514 US 1776 [1995]. Nevertheless, local jurisdictions and insurance companies continue to test the limits of the law. In 2019, OHI was engaged in several legal cases to protect the right of recovering individuals to live together to increase their opportunity for long-term recovery. Fortunately, OHI’s attorneys’ fees and court costs were minimal. OHI continues to be a leader in defining the extent and scope of rights under the Federal Fair Housing Act and the Americans with Disabilities Act. It will continue to do so as it is essential not to let the hard-fought rights obtained in the past be eroded by indifference to discrimination.

## FY 2023 Focus and Challenge

In FY 2023, OHI will continue expanding the Oxford Houses network to provide more opportunities for individuals seeking long-term recovery without relapse to live in Oxford House. The current opioid epidemic has encouraged additional states to enlist OHI’s support

for developing statewide networks of recovery homes. Oxford House anticipates supporting further expansion during FY 2023 and providing more needed recovery housing that is cost-effective and works.

Oxford House will face both focus areas and challenges in the fiscal year 2023. Here are areas of focus for Oxford House:

### **Continuity and Stability**

Oxford House will ensure continuity and stability in the organization after the loss of its founder. Maintaining the core values and mission of Oxford House while navigating the transition period will be essential. The focus could be preserving and nurturing the unique organizational culture that Paul Molloy cultivated within Oxford House. This may involve reinforcing the values of self-help, mutual support, and personal responsibility among residents and staff and ensuring that the culture remains strong and inclusive.

### **Leadership Transition**

For over two decades, Paul Molloy, CEO, and Kathleen Gibson, COO, worked side by side. Although Paul Molloy can never be replaced, Kathleen Gibson's vision and experience, along with the principles of Oxford House, will be crucial in maintaining the organization's momentum and growth. She is well equipped to take the helm and has surrounded herself with a leadership team well equipped to handle the future.

### **Sustainability and Growth**

OHI will focus on sustaining its current operations while strategically planning for future growth: expanding the number of Oxford Houses, exploring new regions or countries for expansion, and implementing sustainable funding strategies to support the organization's mission.

### **Technology and Innovation**

OHI will continue exploring technological advancements and incorporating them into Oxford House's operations to continue to help streamline processes, enhance communication with the Oxford House membership and improve data management.

### **Advocacy and Public Awareness**

OHI will continue to prioritize advocacy efforts to raise public awareness about the importance of recovery homes and the support they provide to individuals in recovery. Staff, alumni, and Oxford House members will continue engaging with policymakers, conducting public outreach campaigns, and collaborating with other stakeholders in the addiction and recovery field.

### **Development and Training**

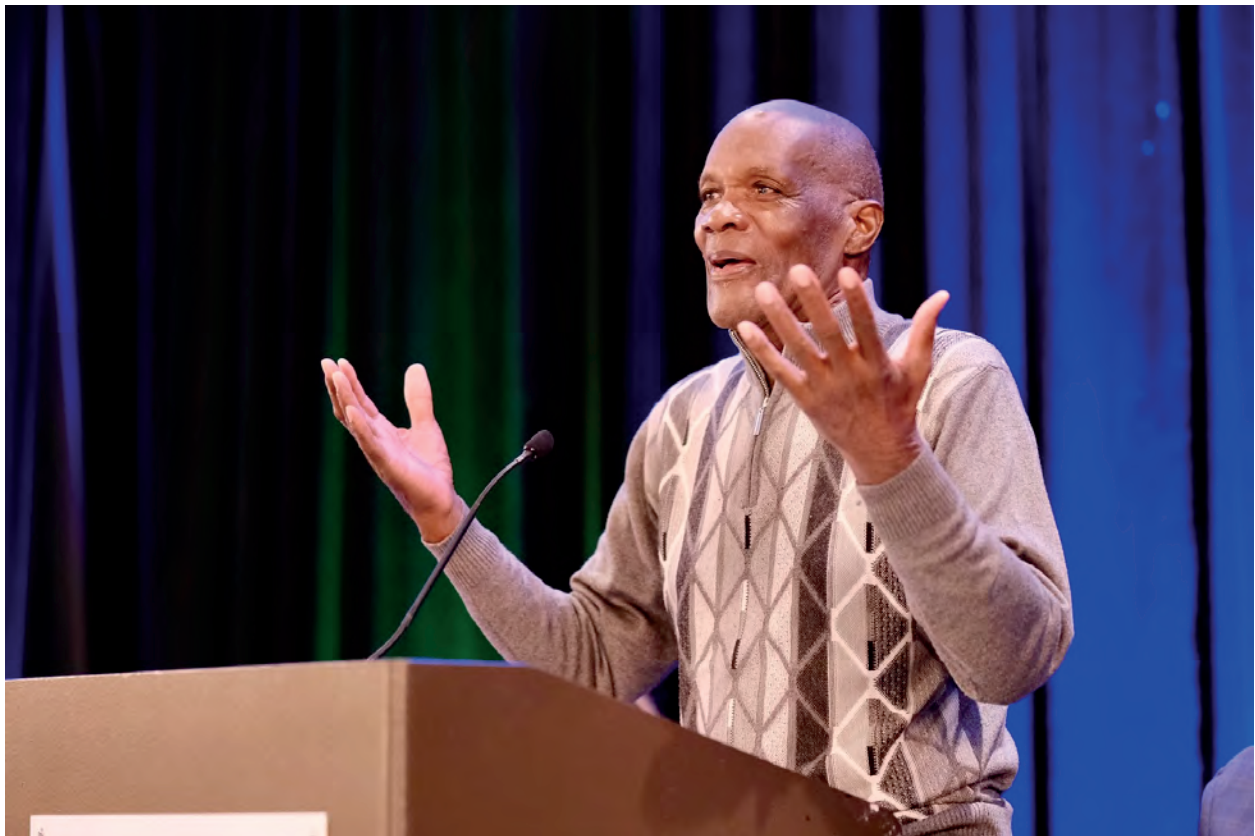
OHI will continue investing in the professional development and training of staff members as it is essential for maintaining the quality of support provided by Oxford House.

The 2023 Annual Oxford House World Convention will be at National Harbor, Maryland. This annual gathering allows residents and alumni to gather together to join, learn, and socialize. All participants leave conventions with renewed energy, stories, and skills to bring back home.

## **Conclusion**

Overall, while facing the challenges of leadership transition and maintaining the legacy of its founder, Oxford House's focus in FY 2023 will be on sustaining and expanding its operations, preserving its unique culture, strengthening fundraising efforts, embracing technology and innovation, and advocating for the importance of recovery homes in supporting individuals in their recovery journey.

OHI ends the year with profound gratitude to all who have made the year so successful. Once again, the members of the OHI Board of Directors have continued their dedication and excellent guidance. Our contributors – the states, foundations, individual Oxford Houses, and others have seen the value of the Oxford House concept and have supported it. They have also noticed that the staff of OHI and the residents and alumni of the individual houses work tirelessly to achieve the OHI goals and objectives. Most of all, OHI is grateful for all the residents and alumni of Oxford House who daily prove, as Paul Molloy would always say, that ‘the inmates can run the asylum’ and, in doing so, they foster long-term recovery!



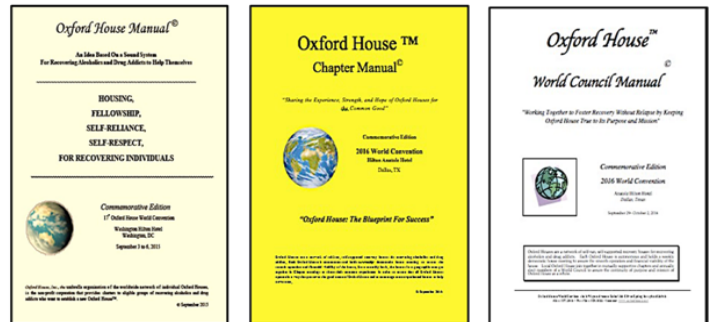
*Long-time Board Member James McClain sharing his experience with the Oxford House staff.*

## HOW OXFORD HOUSES WORK

All Oxford Houses are ordinary houses that are rented by the residents who share the rent and other household expenses equally. They live in an Oxford House as a family. Living in an Oxford House is relatively cheap and there are no residency time limits; residents can live in an Oxford House as long as they want – so long as they follow the charter rules.

The charter becomes the entry point for any group to start an Oxford House. In addition to requiring that the group accommodate six or more individuals, the charter sets forth three primary standards: [1] the group must be democratically self-run following the process and procedures of the Oxford House Manual<sup>®</sup>; [2] the group must be financially self-supporting; and [3] the group must immediately expel any resident who returns to drinking alcohol or using illicit drugs.

Key Manuals To Keep Oxford House On Track



Any group of six or more recovering persons can be granted a charter at no charge. Initially, the charter is granted on a probationary basis, and during the first six months, a group must demonstrate that it understands the Oxford House system of operations. Once a new group understands the system, the House is granted a permanent charter.

Every resident pays an equal share of household expenses and has an equal voice in all house operations. Each House elects five house officers with terms limited to up to six months at a time. Weekly business meetings are held to review House finances and other issues and provide a forum for resolving all issues and disputes arising from a group of people living together. Regular or special House meetings may also take up the acceptance of new residents and the expulsion of residents who relapse. If you ask ten residents the question: “Who manages the house?” nine out of ten will respond: “Oh, the inmates run the asylum, and it works just fine, thank you.”

The self-run feature of Oxford House has two main advantages: [1] it saves expenses by not having paid staff in the House, and [2] it builds self-esteem since each resident takes pride in the self-management of the House. Self-esteem is critical as it is tied to a commitment to recovery. The absence of a residency time limit is significant because everyone in recovery master’s recovery is at a different pace.

### HOUSE OFFICERS

President  
Secretary  
Treasurer  
Comptroller  
Chore Coordinator

When someone first comes into an Oxford House, they may just be looking for a place to stay, but, over time, they become part of the family. At an early weekly House meeting, the newcomer may be elected Chore Coordinator or another position. Since there are five House officers and terms for each office are limited to no more than six months at a tie, everyone in the House becomes elected to an office. This is important, and it instills responsibility and self-esteem.

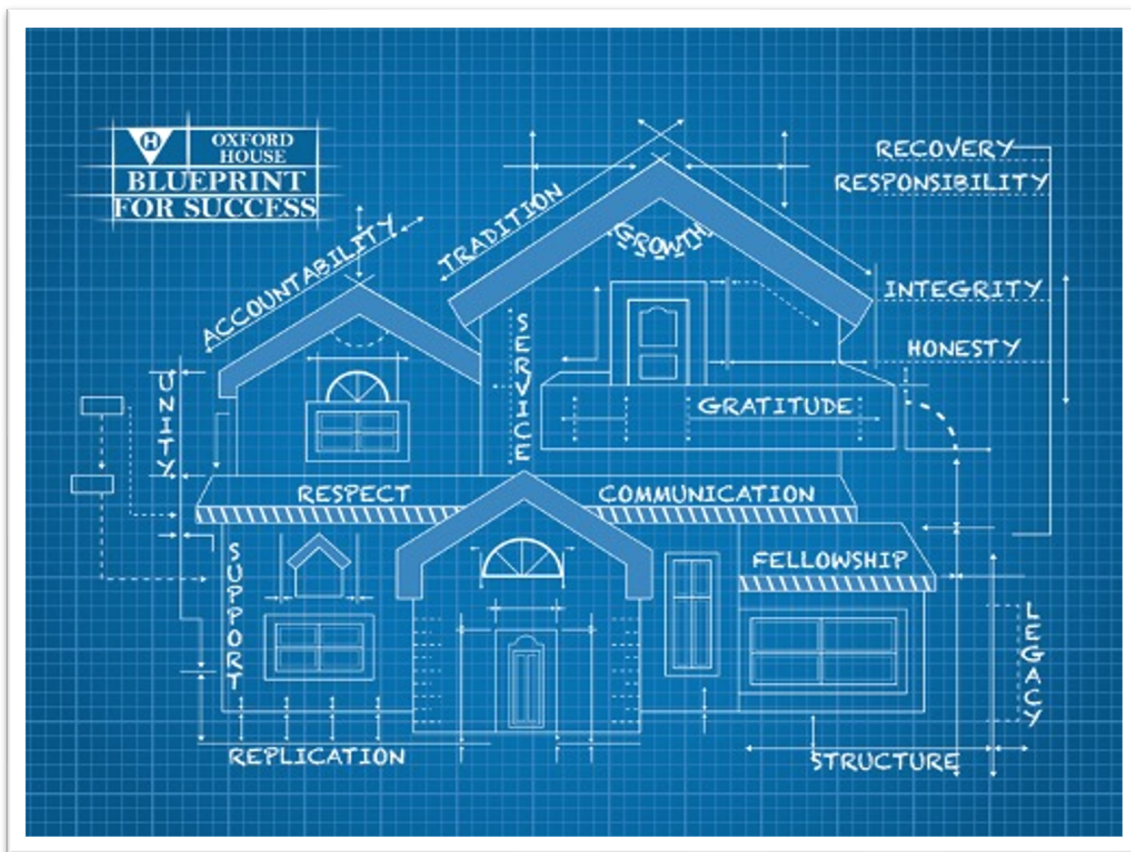
It is easy to find a good house to rent in a nice neighborhood, but it was not very easy in the early days of expansion. Fortunately, OHI has provided the oversight and civil rights protection needed to put houses in good neighborhoods. The first five Oxford Houses in New Jersey all faced NIMBY (not-in-my-back-yard) zoning problems. It was only through the persistence of OHI that those cases were won. In 1995, a Washington State case – the *City of Edmonds, WA v. Oxford House, Inc.* reached the U.S. Supreme Court. OHI won that case and has won civil rights cases with respect to landlord insurance coverage and fire safety

issues. OHI continues to help individual Oxford Houses combat discrimination. We are a functional family and act together to protect our civil rights.

As soon as several Oxford Houses exist in an area, the residents form a Chapter and hold monthly meetings and frequent workshops. Chapters also form state associations to organize statewide conventions to teach and learn more about addiction and recovery. Education is always ongoing, and these meetings and workshops have a side benefit of community and socialization. Residents of Oxford Houses also value the opportunity to gather at an annual convention to learn more about addiction and to socialize.

Oxford House, Inc. provides outreach workers to help start houses and serve as resource persons for Oxford House residents, but they are not House managers. All outreach workers are in recovery and have each lived in an Oxford House as a resident.

“Oxford House – The Blueprint for Success” was the 2016 Oxford House World Convention theme. The blueprint graphic (shown below) details the various attributes associated with living in an Oxford House. It illustrates the goals and values that are part of each Oxford House and that the residents emphasize in their day-to-day dealings. These goals and values are the foundation of the family environment created in each Oxford House. Not all the values identified in the blueprint are easy to come by, but the structure of all Oxford Houses makes them an integral part of Oxford House living.



The network of over 3,500 individual Oxford Houses continues to provide the time, peer support, and living environment needed to enable comfortable, long-term recovery without relapse.

## *Oxford House™ Rooted in Tradition*

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The 2022 Oxford House™ World Convention theme focused on the fact that Oxford House is, in fact, rooted in tradition. Oxford House™ was born in 1975 when thirteen men living in a county-run halfway house that was closing. They needed a safe place to live to continue their recovery and they started the first Oxford House. Over the past 48 years, the sole emphasis has been on providing the opportunity for long-term recovery without relapse; Oxford House, Inc. (OHI) owns no real property and has stuck with the principles on which the first Oxford House started. The focus has paid off with a national network of more than 3,500 Oxford Houses, with continuing expansion and recovery outcomes second to none.

Oxford House™ has set the standard for making long-term recovery the norm – not the exception. Very early on, the residents of Oxford House invited researchers to study the program and assess its outcomes. This notion of being open about recovery was uncommon at the time; after all, ‘anonymity’ is the hallmark of the 12-Step programs. Oxford House residents chose to be open about their program and recovery and the result has been the wealth of research that has been done. OHI also not been afraid to litigate to protect the right to have Oxford Houses in good neighborhoods – and has won, even in the U. S. Supreme Court.

While recovery itself is central, it’s not enough. Abstinence alone doesn’t work; long term-recovery requires more. In the ‘rooms,’ it’s often said that newcomers need to change their “people, places and things.” They begin to practice recovery and find fellowship among others seeking the same goal. There is also the element of fun. Back in 1975 when the first Oxford House was started, the residents said, “If we can’t have fun in recovery, what’s the point?” All of these elements these are needed for sustained long-term recovery without relapse and are part of what makes Oxford House work.

### **Rooted in Tradition – What Is It and What Does it Mean?**

The 2022 convention theme – Rooted in Tradition – called on considering the history of Oxford House and what has made it so successful. First of all, ‘Rooted in Tradition,’ doesn’t mean ‘Stuck in Tradition.’ ‘Rooted in Tradition’ means sticking with the basic principles upon which Oxford House began and which have worked over time. These principles can be built upon and adapted but should always be honored as the foundation on which Oxford House was built. So, what are some of these traditions on which Oxford House was built? As described subsequently, the basic roots can be found in early AA and in the Oxford House Manual.

### **Oxford House – Roots in Early AA Practices**

The roots of Oxford House actually go back to early practices of AA though the early Oxford House members may not have been fully aware of that. Paul regularly spoke of an Oxford House workshop in Dallas in 1991 at which Searcy W. (Searcy R. Whaley) spoke. Searcy was the 12<sup>th</sup> member of AA in Texas and was a close personal friend and colleague of Bill Wilson. He is known among those familiar with AA history as the person who, at Bill Wilson’s request, took Ebby T. home to live with him for over two years.

Searcy was a big fan of Oxford House particularly because he believed that Oxford House was reviving the earlier AA practice of bringing newcomers home to live with them. He said:

“We used to bring the newcomer to AA home with us to help keep them on the wagon long enough for sobriety to take hold. When I learned about Oxford house and how it worked, I realized it was re-introducing the dedication know by us old-timers in AA.” (*Searcy W. at 1991 Oxford House workshop in Dallas.*)

The founders of Oxford House didn’t set out to revive this practice; they were just trying to figure out how to keep themselves sober in the wake of the closing of the County halfway house and they decided that living together to support each other’s sobriety made sense. When others in early recovery saw what they were doing – and that it seemed to be working – they wanted to join the group. The immediate result was that they rented another house and some of the members of the first house moved to that house to help the newcomers. Then there was a need for more houses and they were created. In practice, the Oxford House members were doing what the early AA members had done; they were bringing newly-recovering folks home to live with them and their families. That practice was – and continues to be – a major factor in the success of Oxford House.

Today, there needs to be more focus than ever on helping the newcomer adapt to Oxford House and to recovery. In the early days of Oxford House, most residents were old-fashioned ‘drunks’ with a few ‘druggies’ in the mix. The mix is different today and the drugs more potent; it was usually easy to tell when drunks had relapsed as they tended to be loud and belligerent. Today, in the age of Fentanyl-laced drugs, the user may simply go to sleep and not wake up. This requires more vigilance on the part of House residents. Over the past year, Paul expressed particular concern about some Oxford Houses not requiring newcomers to share a room for at least six months. The usual problem is that old-timers tend to want their own room as soon as possible and are reluctant to embrace having a roommate. Nonetheless, tradition suggests that welcoming the newcomer and doing what is necessary to help them integrate into the House and recovery should be paramount for every resident. The potency of today’s drugs suggest that this concept is more critical than ever. Even the most senior residents need to consider whether they might have something to gain from sharing a room with a newbie.

### **The Oxford House Manual**

While some Oxford House traditions are rooted in the concepts and practices of AA (and NA), the basic structure of Oxford house can be found in the Oxford House Manual. Oxford House residents live in an Oxford House not as roomers or guests but as part of a family unit focused on recovery and mutual support. Each Oxford House obtains a charter that spells out three conditions each Oxford House must follow to achieve the maintenance of an alcohol and drug-free living environment; namely, the House must be democratically self-run, financially self-supported and the residents must agree to immediately expel anyone who uses alcohol or illicit drugs. All Houses have a copy of the Oxford House Manual<sup>®</sup>. It explains how Oxford House works, how to elect officers and how to hold business meetings, manage finances and run the House democratically.



The photo on the right – taken at an earlier convention but still applicable – emphasizes the importance of the Oxford House Manual<sup>®</sup> to the wearer and also to all Oxford House residents and alumni. The participatory democracy aspect of Oxford House is key to its operation as a family.

family. The notion that residents themselves decide who will live in an Oxford House is central. When a House vacancy occurs, prospective applicants apply to the House and are interviewed by the House residents. It takes an 80% vote of the residents for an applicant to be accepted for residence and invited to move in. Once admitted, residents immediately feel part of the group (though perhaps awkwardly at first) because they know that they have been selected to join the group. It's like a sorority or fraternity or country club – you have to be voted in – and then you become part of that family unit.

Participatory democracy also extends to the fact that each resident pays an equal share of House rent and other expenses. The person who makes more money doesn't pay more; everyone pays an equal share. If a new resident doesn't have a job, other residents will quickly point out where there are job openings. It's in everyone's interest to have everyone working and paying their equal share. Some House members may be retired or on disability and don't have formal jobs; they are encouraged to perform volunteer work, usually that will be performed within the recovery community.

House leadership is also participatory. All House members get to hold office because of the number of House officers and because there are explicit term limits; no resident can hold a particular office more than six months at a time. This policy allows for shared leadership and discourages 'bossism.' Residents get together weekly for their House meeting and hash out problems, go over finances, elect officers and occasionally vote to evict a resident who has relapsed. It doesn't happen often but when it does, residents call a special House meeting to vote on expulsion. In addition to working together at weekly House meetings, residents get together regularly just to socialize and bond with each other.

Within the Oxford House family, it is not uncommon to hear that the only good thing that can be said about addiction is that it is egalitarian. Rich and poor, male and female, Black and White, educated and under-educated, straight and LGBTQIA, young and old – all can become addicted and all are welcome in Oxford House. The very diverse Oxford House population features egalitarianism as a core principle – each individual has an equal vote, officers are term-limited and expenses are divided equally among all residents. This participatory democracy minimizes the “we versus them” attitude that can detract from a focus on recovery and development of self-reliance and self-respect. In an Oxford House, residents respect each other and support each other's sobriety – for both selfish and unselfish reasons.

Go to any homeless shelter, jail, prison or detox unit and you'll find out that the residents' family and friends are long gone. Underneath the shakes and hard-luck stories, you usually find isolation, loneliness and hopelessness. Oxford Houses provide the family support that residents need to sustain them on their road to recovery. Even during the pandemic, individual Houses worked together to support recovery and keep the family safe.

In 1975, when Oxford House™ began, there was considerable doubt that the Oxford House™ concept and system of operation would work. Few believed that the “inmates could run the asylum.” Time has shown the Oxford House™ concept and system of operation has worked well. It has strong roots!

### **Conclusion**

The ‘roots’ cited are just some of the elements of Oxford House history that have made it work and that need to be remembered and cultivated. Oxford House can grow but it should always stay faithful to the roots that have sustained it over time.



## HIGHLIGHTS OF THE 2022 OXFORD HOUSE WORLD CONVENTION

Over 1,500 Oxford House residents, alumni and friends participated in the 2022 Oxford House World Convention in Seattle, Washington over Labor Day weekend. Many more people watched the streamed sessions. All participants were required to show proof of vaccination in order to attend the convention in person. The theme of the convention was: Oxford House: Rooted in Tradition. The theme is discussed in a separate section of this report.

The convention featured general sessions, breakout panels, campaign speeches, awards, food and social events. Participants had ample opportunity to learn more about Oxford House and recovery in general, to meet and learn from Oxford House residents alumni from different areas and enjoy good food and socialization. *(Links to videos of the convention general sessions and breakouts are on the website home page at [www.oxfordhouse.org](http://www.oxfordhouse.org).)*



A large audience listened intently to the opening general session. It began with an invocation by the Capt. Kyna Kelley, Salvation Army Corps Officer in the Seattle Adult Rehabilitation Program; welcoming remarks by Michael Langer, Deputy Director of the Division of Behavioral Health and Recovery, WA Healthcare Authority and by Bruce A. Harrell, J.D., Mayor of the City of Seattle and a presentation by the Suquamish Tribal Singers.



An overview of the convention was given by CEO Kathleen Gibson and James McClain reviewed the World Council election rules.

The opening session also included tributes to Oxford House - co-founder and longtime CEO, J. Paul Molloy, by Westley Clark, Ivette Torres, Steve Polin, Marty Walker, Brandi Bauer and James McClain. (Dr. Clark, CEO Kathleen Gibson and Ivette Torres are pictured at right.)



There were twenty-five breakout panels over the course of the convention and three General Sessions. The first Friday morning breakouts was on: “The Current State of Recovery in America” and featured experts in the field including Dr. Westley Clark, Ivette Torres and Dr. Stu Gitlow. A second panel, “Working with Parole and Prison Re-entry” featured both experts in the field and Oxford House residents and alumni. Other panels focused on ‘housekeeping issues’ including, “Leadership v Bossism – Practicing Democracy”; “Finding and Opening New Oxford Houses”; and “Staying Engaged in the Recovery Community.” These latter panels featured Oxford House residents and alumni who discussed their experience and provided good suggestions for current House residents.



The second General Session opened with remarks by Rahul Gupta, Director of the White House Office of National Drug Control Policy (ONDCP) and a keynote address by Dr. Stuart Gitlow, an addiction expert and member of the OHI Board of Directors. No one works an old-fashioned flip chart as well as Dr. Gitlow.

The keynote panel was followed by election speeches by candidates for openings on the Oxford House World Council, an Advisory Board to the Oxford House Board of Directors. Each of the candidates was allotted no more than three minutes each for their speeches. The winners would be announced on the following day.

There was also the presentation of the Board of Directors’ Hundred Year Awards. These certificates are presented to those Oxford Houses, Chapters and State Associations that voluntarily contributed at least \$600 to Oxford House over the last fiscal year to support expansion of Oxford Houses where no other support is available. In FY2022, these contributions totaled close to \$800,000. Representatives from the various states could be recognized by their state tee shirts.



Saturday morning featured fifteen breakout sessions. The breakouts included: “Oxford House Core Principles “Dealing with Health Issues”; “LGBTQIA in Oxford Houses”; “Having Fun in Oxford House”; “Collegiate Recovery Housing and Furthering Your Education; “The Opioid and Stimulant Crisis – MAR and Overdose Prevention”; “Reuniting Families - Working with Children in Oxford House”; and “Oxford House and the Law.” Links to most of the breakout sessions can be found on the home page of the Oxford House website.



Each of these breakout sessions was very important and all were well-attended. They covered the basics of the Oxford House principles but also emphasize other important issues like remembering to have fun. These sessions also gave new members ideas for personal development beyond just focusing on recovery; they also showed that Oxford House residents who were once school drop-outs could go back to school and succeed at it. They also provided information about engaging others in the recovery community and beyond and emphasize that everyone is welcome in an Oxford House – so long as they focus on recovery and adhere to the Oxford House charter requirements.



The third general session featured a keynote speech; announcement and introduction of World Council members; and a vote on resolutions.

A highlight of the Saturday night banquet was the recovery speech by Ed Smith, an Oxford House alumnus and Regional Director for California, Colorado, South Dakota and Oregon.



On Sunday morning, the closing general session was held. It included a summary of the convention, a remembrance of Oxford House residents and alumni who died over the past year, tradition renewal and closing remarks.

As the convention ended, participants began to make plans to meet again at the 2023 Oxford House Annual Convention which will be held from August 31 – September 3, 2023 at the Gaylord National Resort at National Harbor, Maryland where it was held in 2021. Again, participants will find plenty of space within the hotel and conference center and will have access to the huge Ferris Wheel next to the hotel and to other harbor attractions.

## J. Paul Molloy

1938 - 2022

### Co-Founder and CEO, Oxford House, Inc.

Paul Molloy died on June 11, 2022, at the age of 83. He will be sorely missed by all his family, his friends, and the residents, alumni and friends of Oxford House. Despite the loss, he left an outstanding legacy and will be long remembered. To find out more about Paul, just Google “J. Paul Molloy” and you’ll find links to his news obituary in the Washington Post as well as links to the funeral mass and to some of his messages. He has a significant and well-deserved on-line presence. Take a look!



Paul had been looking forward to the 2022 convention as he always found the annual Oxford House conventions to be a high point of the year. He thought it was important to get Oxford House residents and alumni from around the country together to learn more about addiction, to share their stories, to meet new people and to have fun. Paul also thoroughly enjoyed his own storytelling and having an appreciative audience!

As Oxford House grew in the late 1900s, it became more difficult to get residents from different areas together. Paul then decided that there needed to be an annual convention to bring folks together. In making that decision, he also proclaimed that the Oxford House convention would be akin to the various trade association and corporate conventions that he had attended as a Hill staffer and as an attorney at a major law firm. In other words, the convention needed to be held at a fancy hotel with notable speakers and all the trimmings. And so, it came to be.



The first annual Oxford House convention was held at the Washington Court Hotel in Washington, D.C. in 1999. The theme was: “If Not Us, Who?” It followed much the same pattern as do today’s conventions. There was an invocation by Major Madison of the local Salvation Army Rehab and speeches by leaders in the field of addiction; namely: Dr. Westley Clark, who headed CSAT and has been a very welcome presence at most, if not all, conventions since then (including this one); General Barry McCaffrey, the U. S. Drug Czar and Riley Regan, Director of the New Jersey Drug and Alcohol Department. The program featured Oxford House residents and alumni who spoke of ‘housekeeping’

and other matters, as well as panels on research and legal issues. The first convention set a good pattern for the many to follow. The photo below is from the 1999 banquet following Riley Regan’s speech.



As Paul advised Oxford House folks shortly before he died: **“Count Blessings - Not Grievances.”**

## EXCERPTS FROM RECENT OXFORD HOUSE RECOVERY STORIES

*Below are some excerpts from recovery stories that were written by Oxford House residents and alumni. Complete versions of each of these and other stories can be found in the 2022 Convention Program. A link to that program is available on the website at [www.oxfordhouse.org](http://www.oxfordhouse.org). Some states had stories submitted by numerous residents; only one from each state is presented below. The stories are important in that they tend to explain the importance of elements of Oxford House living and why it works for most residents in establishing long-term recovery without relapse. In particular, stories tend to emphasize how the self-run, self-supported aspect of Oxford Houses support growth and recovery. Residents take leadership positions – sometimes reluctantly at first – and accept responsibility and accountability and that facilitates recovery.*

### **ALABAMA**

#### **Devin – Oxford House Resident**

I went to treatment, not my first, and I immersed myself in the program. I sat up front; I worked steps; I became honest, open minded and willing to do anything to save my life. ... I moved into Oxford House three days before my mother's funeral. I was scared. I'm black, queer; I wear short shorts and heels and I chose to move into sober living with six heterosexual cis-gendered men! The men in my house surrounded me with love and support. They helped me find and get to meetings where I found my sponsor. They elected me Chair of my chapter three months into my residency. Oxford House South Alabama taught me how to lead without controlling; how to empathize without sacrificing principles; and how to live as my authentic self without shame.

### **ARIZONA**

#### **Alysa – Oxford House Alumna**

... I moved into Oxford House Iron Springs in October 2020, and I finally started to believe that I could live a meaningful life. I read the Oxford House manual – I believe in the Oxford House Model wholeheartedly. I was surrounded by a family of incredible women. I was provided a safe place to work a program of recovery, work on my career, and re-build trust in myself and others. I tried to make the most of my stay in Oxford House – I was of service to my chapter in Prescott. I then moved to an Oxford House in Phoenix to further my career goals, and was heavily involved in service. I served as Chapter Chair, helped struggling houses, and helped open new Oxford Houses. A DUI caught up to me in April of 2022. I had to return to Milwaukee to serve a month in jail. Though this was devastating, the life I had built in Arizona was solid. ... My friends and family in AZ showed up for me. I was finally able to close that chapter of my life. ... Today, I am an active member of Arizona's Alumni Association, and I am the alumni chair for the Arizona State Association. I intend to stay involved with Oxford House because I have a passion for it.

### **COLORADO**

#### **Donna Chopper – Oxford House Resident**

The women in the Oxford Houses that I have lived in taught me how to live again. They understood what I was going through and supported me more than I could ever explain. I described my house to newcomers as a place that worked miracles. Women got their children back, went back to school to get better jobs to support themselves, and completed court cases successfully. God truly works in these houses and through each of us. I will always be grateful for Oxford as I know I would not be where I am today without it. I have my child with me in a stable home. I finished school and work as a legal administrative assistant. I have 3 years and 5 months clean from meth. I have my family proud of me and cheering me on for my future. Who would have thought a “junky” like me could be a good mom, friend, and housemate?

### **FLORIDA**

#### **Sara Rivera – Oxford House Resident**

Oxford House has given me the time to set my boundaries and realize I needed to achieve short term goals. Between drug court and Oxford House, it has shown me that being clean is only a quarter of the pie to sobriety: learning how to keep your own self accountable; and being able to see what is good for you and what is not. And, having the tools to deal with it properly. Having a sponsor and how important it is to have one. Oxford House showed me I had a lot to work on with myself and how I treat people. And even how I

treated myself. Once I got out of my excuse phase of why I could not be involved in Oxford House events and helping the next person is when I really started to see my growth and worth and develop an understanding of myself. ... One of the things I love about Oxford House is that it's at your own pace. And everyone is at a different level in their recovery. Oxford House has made me passionate about helping people in recovery. To be selfless and not selfish. And to know the difference of the two.

**HAWAII** **Allan S. – Oxford House Paloma Resident**

I first moved into Paloma back in March of 2021. I came straight from Po'ailani Residential Treatment Program.... Everyone in Paloma is really serious about their recovery. ... I just recently got into Windward Community College and I have been taking a computer skills class and I start four classes in the fall. I never in my life would've thought I would be able to say that, "I'm going to college", but it's only because of my time getting my life right in Paloma that God gave me this opportunity to go to school. Thank you for the opportunity that Oxford House has given me to better my life.

**IDAHO** **Michael Reininger – Oxford House Resident**

After moving into Oxford House Lewiston, I was able to be surrounded by other guys who were in a similar position as myself. After a couple of months, I started to feel great comfort from the other residents and the structure the Oxford House model offered to me. In my greatest times of need, my roommates were there to offer support, friendship and most importantly accountability. I went from having very little family and friends left to gaining many brothers in recovery. In short, the Oxford House saved my life before I was able to end it. Who knows where I would be without the fellowship I acquired? My new self-worth and sense of accomplishment now drives me and my willingness to not only continue to grow for myself, but also to help my OH brothers and to assist new members of our recovery network as they transition into a meaningful life of sobriety.

**ILLINOIS** **Tracy Kmak – Oxford House Leto Alumna**

I asked for help from my family but got rejected, so I knew I had to do something courageous. I put myself into a mental hospital to detox. After that, I went to two separate rehabs. .... Little did I know a miracle would happen! An Oxford House outreach worker crossed my path and I heard her story. I related so much, and I got her information and information about Oxford House. I was accepted into Oxford House Leto shortly after. I was so thrilled that I had found a place for me and my baby to call home while I follow this recovery journey. Oxford House has helped me reunite with my other daughter and the women here have taught me how to love myself and my children.

**INDIANA** **Corey Duff – Oxford House Mac Resident**

I came to Oxford House on November 1, 2021. And I've been rocketed into that 4<sup>th</sup> dimension. Oxford House has provided me a safe, stable, living space, and connected me to people in the recovery community who will be my friends for a lifetime. I've learned how to manage money and keep my peers accountable. I have learned skills that I can put on my resume for job experience. I've worked the steps and hold my house and the people around me to the Oxford standard and the Oxford model.

**KENTUCKY** **Nicole McGuire – Oxford House Alumna**

Being able to have a say in the running of the house, having responsibilities, and being required to hold accountability, made me feel a part of something in a way that no other sober living or recovery community I had been a part of ever had. I've struggled my entire life with social anxiety and, although it had gotten better prior to coming to Oxford House, the feeling of belonging and responsibility that I got within the house pushed me outside of my comfort zone even further. ...I gradually began taking on more positions within my house, and then Chapter. ... I moved out of Oxford in March 2022 and I'm currently a Kentucky alumna, a voting alumna for the Kentucky State Association, Northern Kentucky Fundraising Chair, and I assist at chapter and house levels. I stay involved with Oxford because I truly believe in the concept, love the community, and do not know where I would be without it.

**LOUISIANA****Julie Moriarity – Oxford House Resident**

I was relieved to be incarcerated. I decided to be accountable and work to become someone I could like. ... I came to the Bryan Oxford House on May 18 of 2021. I remember waiting for someone to tell me what to do. I quickly discovered that I had structured freedom. That was perfect for me. I started going to meetings. I became bold and confident. I became gainfully employed. That was my first experience with adulting. I have flourished. I have become honest, open-minded and willing. I now have that societal connection that is so necessary to recovery. I have best friends. I have family. I have a life that is productive and healthy. This has been my first experience with genuine happiness.

**MISSOURI****Max T. – Oxford House Resident**

I hit my rock bottom on November 16, 2017. That's when I surrendered to my Higher Power. The next day, I woke up in the psychiatric ward in Jersey City Christ hospital. .... At 9 months clean, I found Oxford House. In these 4 years that I have spent with Oxford so far, there have been many commitments: two terms as HSC chapter representative and Chapter chair, starting a new Oxford house chapter, opening a new house, two World Conventions, H&I with my home group, and many others. There were also commitments in my personal life: military, college, professional job and a never-ending self-education. You see, I realized from the very beginning what Oxford House was. It is not sober living per se, it is a family of people who are passionate about their recovery and do whatever it takes to stay sober and help others. This is exactly my crowd. And it is an honor to be in service to my people.

**NEBRASKA****Daniel Palmer – Oxford House Outreach**

About a year into being a member of Oxford House Old Shawnee, my sentencing date grew near and I was sentenced to 68 months in the Kansas Department of Corrections... I would end up doing 4 years. If it had not been for that year spent in Oxford House and learning skills, my prison time would have been very different. Another helpful step was that a few of my brothers from the house would write to me, answer my calls and even put time on the house phone for me to have someone to talk to. Oxford House is where brotherhood and sisterhood bonds are forever forged in the lives of many. .... When I was released, I was accepted once again into Oxford House Old Shawnee. My housemate and good friend picked me up from prison and brought me back home. ... I wanted to be involved in Oxford House again. I was given the opportunity to become the Chapter Re-Entry Chairperson and I was on FIRE! Soon I became the State Association Re-Entry Chairperson for East Kansas. A few months later I would become the State Association Chair for Re-Entry for the whole state of Kansas. Then I had the opportunity to become an outreach worker in Nebraska. ... I love the life I live today and love who I am today. I still strive for all the houses to grab the next person and to give them the same chance at a better life like I was given.

**NORTH CAROLINA****Tyler Grooms – Oxford House Resident**

I finally hit rock bottom when I was put in jail for trafficking opiates. I had nine months in a single cell to change my perception on life. When I was released, I came to Oxford House Aurora II ready for a change. Today I am PORT's (post overdose response team) biggest success story. I am now a Certified Peer Support Specialist with sixteen and a half months clean. I continue going to rehabs I had been in and sharing what sobriety can do. I am still a resident of Oxford House and beyond blessed to be able to reach people and spread hope.

**OHIO****Kimber – Oxford House Resident – Ohio**

My first thought when moving into the home was how beautiful a home it is and how everyone made me feel welcome. ... The democratic process of this house allows you to have a voice, be heard, and get passionate about what matters to you. I am truly blessed and grateful for the Oxford House and everything I have learned as well as every experience, good or bad, because either it's an opportunity to learn from it or an opportunity to teach and help someone else who can relate.

**OKLAHOMA****Paige Dunkel – Oxford House Alumna**

I was in Drug Court and they decided I should go to rehab. ... While I was there, I kept hearing about this Oxford House. ... I was accepted before I even left rehab. ... The women there were so welcoming and inviting. I won't say that it was easy learning how to be in recovery but I can say that Peachtree Oxford House saved my life that day. ... I learned how to have meaningful relationships with them and others. Also, I now know the difference between being sober and being in recovery.

**OREGON****Annie– Oxford House Resident**

In June of 2019, I knew I needed something different so I got on a bus and took myself to inpatient treatment on the coast. I spent 90 days there and then another 90 days of intensive outpatient. From there, I found Oxford. I found a family. I found people that love and support me and have supported me until I was able to start loving myself. I have been part of this family for three years and I remain grateful and humble for everything that Oxford has done for me.

**SOUTH CAROLINA****Camille T. – Oxford House Resident**

I finally was faced with homelessness and I had had enough. My parents said I couldn't come home this time. ... After rehab, I went into Oxford House and this place has saved my life! If it wasn't for the support and accountability of Oxford House, I don't know where I would be. I'm extremely grateful and happy to be the president and HSR of my house, OH Holy City. I now have almost a year clean. I spend time with my son and have a completely different life. ... During my addiction, I had overdosed multiple times and I consider myself lucky to have survived. I hope to help and inspire as many others as possible.

**TENNESSEE****Jessica – Oxford House Alumna**

When my son was 6 months old, I experienced my last opioid overdose. A Lebanon fire fighter thought my life was worth saving and saved me at a gas station while he was off duty. Following this complete disaster, my mother had me make my own funeral plans. ... I went to treatment then moved to Knoxville, TN to an Oxford House. While here, I began to attend twelve-step meetings, got a homegroup, got a sponsor, began doing service work and started doing the twelve steps. I see my son every so often and still have much gratitude for my family stepping up to help when I was too weak to ask. I spent 16 months in Oxford, getting my life together. The fact that I now serve our community as a Regional Overdose Prevention Specialist is just the spiritual part of my journey that has come full circle. On July 23, 2022, I will be celebrating 6 years in recovery.

**TEXAS****Miranda Mundine – Oxford House Resident**

I moved into Oxford House from living in my car. And when I tell you that Oxford House played a huge hand in saving my life this time, I mean it. Oxford House has given me a place to call home for the first time in what feels like forever. Oxford House has given me a family, when I no longer had one. It has given me strength, accountability, unity, friendship, recovery, and so much more. It has been such a blessing to call this place home.

**WASHINGTON STATE****Stacia Sterling – Oxford House Resident**

... When I first moved into Oxford house Ainsworth, I was a shy, softspoken woman, scared and unsure of what my future might hold. ... Oxford offered me the chance to figure all that out. That change slowly started happening after I was elected into the secretary position for Chapter 19. After that, I noticed myself standing up for myself and gaining more confidence in who I was and understanding who I was becoming. ... Oxford has given me a second (or third) chance at life. I was elected Chapter 19 Co-Chair in January of 2021, and that allowed me to come out of my shell and start voicing my passion for the life Oxford had given me. I was able to help others in their recovery and show them what being a part of Oxford really meant. I was then elected into the Chapter 19 Chair position in April of 2021. I was no longer the shy, soft-spoken woman who started this journey.... I would not be where or who I am today without Oxford or the people I've met and to whom I've grown close. I am forever grateful for the Oxford House program.



# FY 2022 Financials

## Oxford House, Inc. Statement of Financial Position June 30, 2022<sup>1</sup>

| ASSETS  |                     |
|---|---------------------|
| <b>CURRENT ASSETS</b>                               |                     |
| Cash  | \$1,401,020         |
| Accounts Receivable, Net                            | 4,609,326           |
| Employee Advances                                   | 17,174              |
| Prepaid Expenses                                    | 97,068              |
| Loans Receivable, Current Portion                   | 157,889             |
| <b>Total Current Assets</b>                         | <b>6,282,477</b>    |
| <b>PROPERTY AND EQUIPMENT</b>                       |                     |
| Furniture and Office Equipment                      | 374,650             |
| Less Accumulated Depreciation                       | (326,859)           |
| <b>Net Property and Equipment</b>                   | <b>47,791</b>       |
| <b>OTHER ASSETS</b>                                 |                     |
| Loans Receivable                                    | 219,211             |
| Restricted Cash                                     | 97,506              |
| Deposits  | 15,285              |
| Total Other Assets                                  | 332,002             |
| <b>TOTAL ASSETS</b>                                 | <b>\$6,662,270</b>  |
| LIABILITIES AND NET ASSETS                          |                     |
| <b>CURRENT LIABILITIES</b>                          |                     |
| Accounts Payable                                    | \$860,627           |
| Program Advances                                    | 112,357             |
| Accrued Salaries                                    | 13,247              |
| Deferred Lease Obligation                           | 62,685              |
| Total Current Liabilities                           | 41,568              |
| Total Liabilities                                   | \$1,090,484         |
| <b>NET ASSETS, Unrestricted</b>                     | <b>5571786</b>      |
| <b>TOTAL NET ASSETS</b>                             | <b>5571786</b>      |
| <b>TOTAL LIABILITIES &amp; NET ASSETS</b>           | <b>\$6,662,270</b>  |
| Statement of Activities<br>Year Ended June 30, 2022 |                     |
| <b>SUPPORT AND REVENUE</b>                          |                     |
| Federal Awards                                      | \$16,997,498        |
| State and Local Awards                              | 3,213,660           |
| General Contributions                               | 1,479,080           |
| Other Income  | 607,100             |
| Combined Federal Campaign                           | 14,986              |
| Interest Income                                     | 141                 |
| <b>Total Support and Revenue</b>                    | <b>\$22,312,465</b> |
| <b>EXPENSES</b>                                     |                     |
| Program Services                                    |                     |
| State and Local Program – Federal Funds             | \$16,997,498        |
| State and Local Program–State/Local                 | 3,213,660           |
| State and Local Program – Other                     | 389,731             |
| World Convention                                    | 630,613             |
| <b>Total Program Services</b>                       | <b>\$21,231,502</b> |
| Supporting Services                                 |                     |
| Management and General                              | 170,734             |
| <b>Total Supporting Services</b>                    | <b>\$272,885</b>    |
| <b>Total Expenses</b>                               | <b>\$21,504,387</b> |
| <b>INCREASE in NET ASSETS</b>                       | <b>808,078</b>      |
| <b>NET ASSETS Beginning of Year</b>                 | <b>4,763,608</b>    |
| <b>NET ASSETS End of Year</b>                       | <b>\$5,571,786</b>  |

## Oxford House, Inc. FY 2022 Expenses By Category and Function

| Expense Item           | State/Local<br>Program | G&A                | Total<br>Expenses   |
|------------------------|------------------------|--------------------|---------------------|
| Salaries               | \$ 8,442,683           | \$ 92,049          | \$ 8,534,732        |
| Fringe Benefits        | 2,141,481              | 49,708             | 2,191,189           |
| Payroll Taxes          | <u>672,341</u>         | <u>17,635</u>      | <u>689,976</u>      |
| <b>Total Personnel</b> | <b>11,256,505</b>      | <b>159,392</b>     | <b>11,415,897</b>   |
| Travel & Lodging       | 6,856,415              | 35                 | 6,856,450           |
| Outreach Supplies      | 1,242,963              | 372                | 1,243,335           |
| Telephone & Fax        | 466,386                | 20,042             | 486,428             |
| Professional Fees      | 288,667                | 15,085             | 303,752             |
| Other                  | 228,517                | 30,491             | 259,008             |
| Rent                   | 220,570                | 12,354             | 232,924             |
| Convention Expense     | 173,375                |                    | 173,375             |
| Mtg & Conferences      | 102,597                |                    | 102,597             |
| Printing/Publications  | 95,115                 | 1,991              | 97,106              |
| Payroll Services       | 71,175                 | 8,373              | 79,548              |
| Insurance              | 66,900                 | 1,704              | 68,604              |
| Office Supplies        | 54,149                 | 4,106              | 58,255              |
| Local Training         | 50,100                 |                    | 50,100              |
| Postage and Supplies   | 20,023                 | 12,506             | 32,529              |
| Bank Charges           | 19,140                 | 5,355 <sup>2</sup> | 24,495              |
| Depreciation           | 18,905                 | 1,079              | 19,984              |
| <b>Total Expenses</b>  | <b>\$ 21,231,502</b>   | <b>\$ 92,049</b>   | <b>\$ 8,534,732</b> |

Individual Oxford Houses followed through on a resolution at the 1999 Oxford House World Convention to encourage voluntary contributions to Oxford House World Services for the purpose of defraying expansion and service expenses. During FY 2022, Oxford Houses voluntarily contributed 983,824 to OHI.

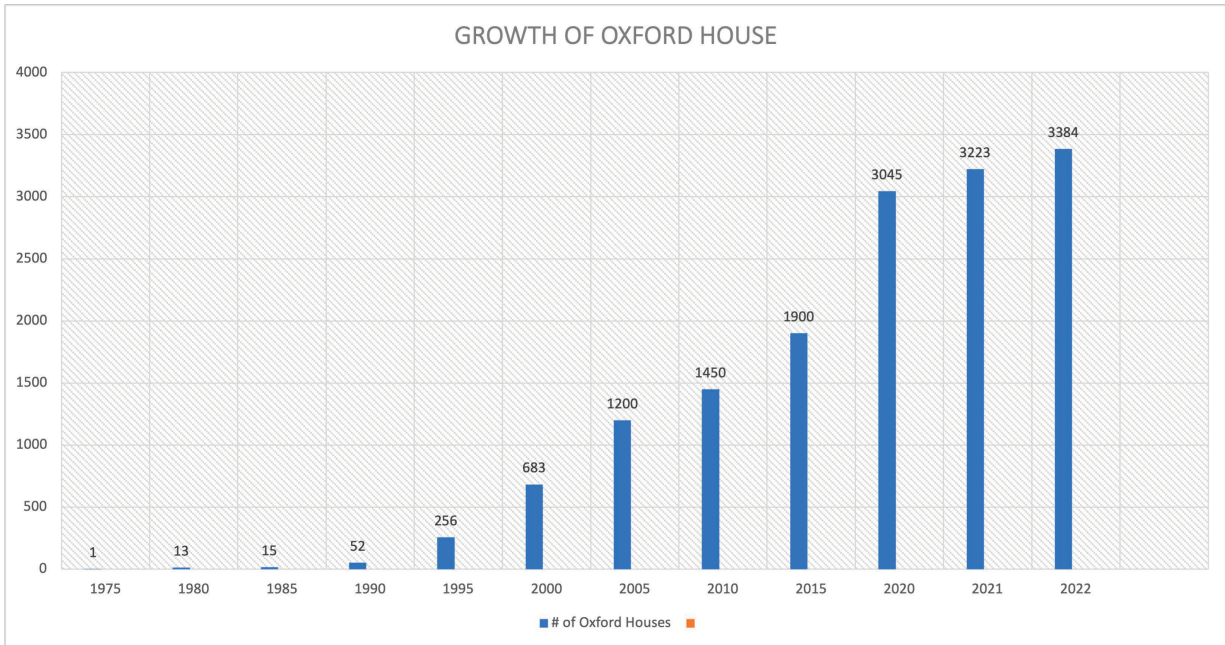
The 2001 World Convention passed a resolution to earmark all house contributions more than \$200,000 a year for a national revolving loan fund to help start new Oxford Houses. Since states are no longer required to maintain start-up revolving loan funds, it has become important for future expansion for Oxford House, Inc. to have a self-sustaining loan fund that can take up the slack. About \$315,000 was used for start-up loans in FY 2022; the remainder was used for on-site technical assistance.

A full copy of the Oxford House, Inc. audit and IRS form 990 is available from Oxford House, Inc. E-mail to receive a copy of the audit. The IRS form 990 is available to download at [www.oxfordhouse.org](http://www.oxfordhouse.org) under "About Us/Finances."

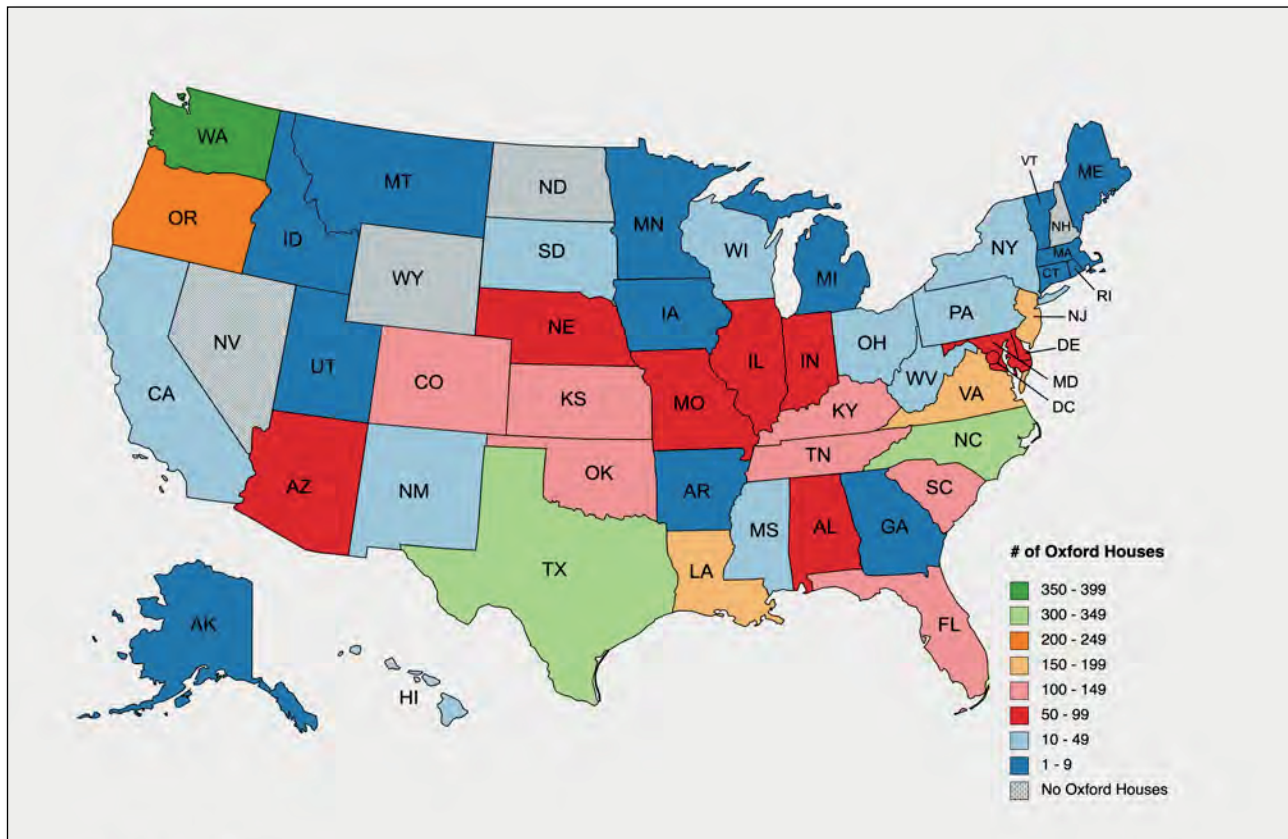
<sup>1</sup> See notes accompanying the financial statement at the end of the Annual Report. In addition, see the box above-right for instructions on how to get a full copy of the audit.

<sup>2</sup> Includes \$2,279 for fundraising.

## Number Of Oxford Houses By Year



## Distribution of the National Network of Oxford Houses





# Oxford House™

1975 – 2022

*Organized Self-Help To Enable Alcoholics and Drug Addicts to  
Recover Without Relapse*

- Providing Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write or Call

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Silver Spring, Maryland 20910

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Facsimile 301-589-0302

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