Oxford House, Inc.

Annual Report

Fiscal Year

2007

Oxford House What If...?

Theme of the Ninth Oxford House World Convention

Oxford House, Inc.

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About Oxford House, Inc.

Oxford House, Inc. is the thirty-two year old Delaware nonprofit, 501(c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 1,250 individual Oxford Houses. Its central office is at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Oxford House™ is a concept and system of operations based on the experiences of recovering alcoholics and drug addicts who learned that behavior change is essential to recover from alcoholism and drug addiction. Oxford Houses today provide the living environment for recovering alcoholics and drug addicts to become comfortable enough with abstinent behavior to stay clean and sober without relapse.

The Oxford House Manual is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to successfully live together in a supportive environment. All Oxford Houses are rented ordinary single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women but there are no co-ed houses. The average number of residents per house is about eight with a range per house of six to sixteen.

Oxford House works because it has: (1) no time limit on how long a resident can continue to live in an Oxford House, (2) follows a time-tested democratic system of operation, (3) utilizes self-support to pay all the household expenses, and (4) adheres to the absolute requirement that any resident who returns to using alcohol or drugs must be immediately expelled. Oxford Houses provide the missing elements needed by most alcoholics and drug addicts to develop behavior to assure total abstinence. It provides the time, peer support and structured living environment necessary for long-term behavior change to take hold.

Individuals living in an Oxford House learn or relearn values, responsible behavior, and slowly but surely develop long-term behavior to assure comfortable sobriety – forever. Some individuals live in Oxford Houses a few months, others for many years. Together, these individuals develop each Oxford House into a place where residents can learn to live a responsible life without the use of alcohol and drugs.

FY 2007 is another successful year for Oxford House and this report discusses the accomplishments and aspirations of the organization including the mechanics of expansion.

Silver Spring, Maryland December 28, 2007

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2007 Accomplishments

Established 122 New Oxford Houses

- 77 new houses for men
- 45 for women and women with children
- New Recovery Beds Added: 965

Successful World Convention, Washington, DC

Hyatt Regency August 30th - September 3rd

- 560 Residents and Alumni Attend
- National Leaders Participate
- 15 Educational Panels

World Council Manual[®] Published

- Successful competitive election of World Council members at World Convention
- Six meetings of World Council during the year including Chicago retreat

New Modern Website Launched

www.oxfordhouse.org

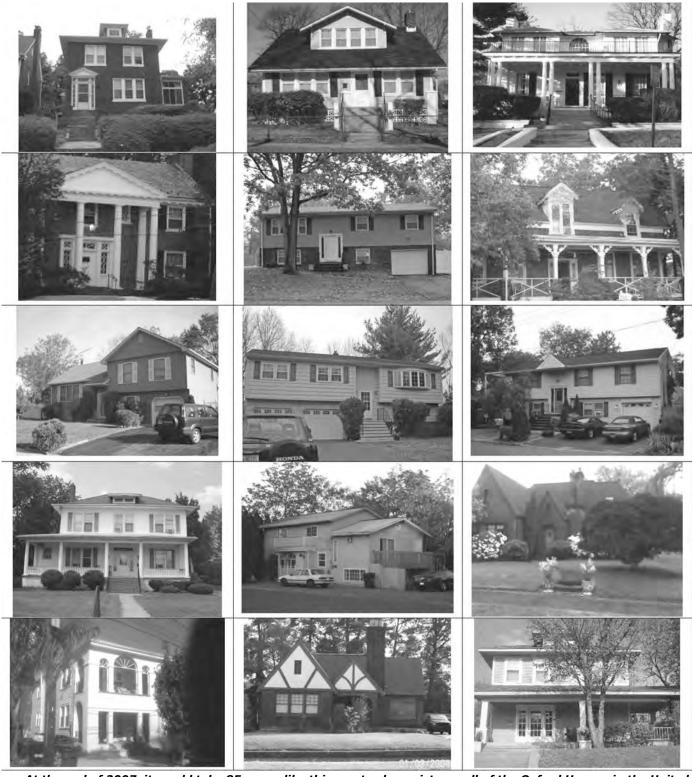
- Pictures and detail of all Oxford Houses available
- Real-time vacancy listing
- Easy access to forms, manuals and financial data
- One-stop for scientific papers on Oxford House
- Full availability of legal decisions from zoning to insurance
- Update access for 1,256 houses
- Direct links to recovery resources

Positive Financial Outcome

- Oxford House, Inc. income exceeds expenses by \$172,000
- 25% Increase in income
- Residents pay landlords and utilities nearly \$50 million
- Residents contribute more than \$200,000 to World Services

Government Contracts Successfully Completed

- Eleven State Contracts or Grants
- Two Drug Court Grants
- Ten Revolving Loan Funds Administered
- 122 start-up loans made



At the end of 2007, it would take 85 pages like this one to show pictures all of the Oxford Houses in the United States Network of Oxford Houses. The fifteen Oxford Houses above are typical of all Oxford Houses.

Each Oxford HouseTM is a good house in a good neighborhood and more than 9,500 recovering individuals are living in the national network of 1,256 Oxford Houses at any given time. During the course of the year, nearly 30,000 individuals lived in the houses with more than 80% staying long enough to master sobriety comfortable enough to avoid relapse. Visit the Oxford House website: $\underline{www.oxfordhouse.org}$ to see more.

The Individual Oxford House

Structured, Cost-Effective, Proven

You can visit any one of the more than 1,250 Oxford Houses and immediately know where you are. Unlike McDonalds, Oxford Houses do not have a large sign or "golden arches" in front of each house. But like McDonalds each Oxford House is following a standard set of practices and procedures. Each Oxford House has a charter from Oxford House, Inc. and is required to follow the 32-year proven standard system of operation.

The Oxford House Charter has three clearly defined conditions:

- ◆Each house must be democratically self-run,
- ◆Each house must be financially self-supported, and
- ◆Each house must immediately expel any resident who returns to using alcohol or drugs.

Chartering is a two-step process: a six-month temporary charter followed by a permanent charter if the group learns the Oxford system of operation. During the six-month conditional phase a new house must demonstrate that it has learned the Oxford House system of operation. If it has not it is not given a permanent charter. The permanent charter has the same three conditions and any house that does not follow the Oxford system of operation loses its charter.

Teaching the Oxford House system of operation is fundamental to Oxford House success. The Oxford House World Council - made up of leaders elected by houses and Oxford House alumni – focuses on the development of policy, workshops and mutual support among individual houses to provide on-going teaching of the Oxford House system of operation. The Oxford House World Services Office – the professional staff operating under the direction of the Oxford House, Inc. – provides service to all Oxford House entities – houses, chapters, state associations and the annual Oxford House World Convention. It also is the official connection of Oxford House with government agencies, treatment providers, courts, the press and the recovery community as a whole.

Oxford House outreach workers trained by Oxford House World Service or housing committees of chapters of existing Oxford Houses are best able to start new Oxford Houses. The cost of finding a house to rent, suitable residents to live in the house and training the new residents the system of operations averages about \$30,000 a house. Once a house is established the residents equally share all household expenses. This self-support feature of Oxford House makes the program very cost-effective. In the year 2007, Oxford House residents paid, in aggregate, rent and household expenses of \$48,097,090.

Not only do the Oxford House residents pay their own living expenses, but they also manage the operation of their own Oxford House. They hold weekly house meetings and elect officers from

among house residents. No officer can hold the same office for more than six months.

Each officer has specific duties and follows with discipline the prescribed procedures for handling money, weekly business meetings and applicant interviews.

President

- Leads Weekly Meeting
- Overall Leadership
- Attends Chapter Meetings
- Co-signer of Checks

Secretary

- · Takes Meeting Notes
- Contacts Treatment Providers
- Notifies House Applicants
- Posts Vacancies on Website

Treasurer

- Keeps Checkbook
- Pays House Bills
- Co-signer of Checks

Comptroller

- Collects Weekly Rent
- Audits Treasurer's Books
- Posts Weekly Payments

Coordinator

- Supervises Household Chores
- Buys House Supplies
- Reports to Meeting on Chores
- Enforces Fire Safety Practices

The Oxford House Network

Organized, Coordinated, Permanent

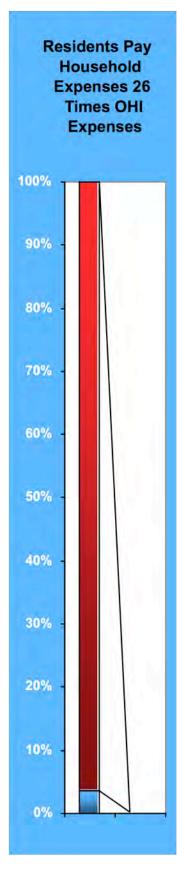
When Oxford House™ began national expansion in 1989, it developed a business plan designed to preserve the self-help principles that had characterized the success of Oxford House during its first fourteen years. Oxford House™ continues to own no property keeping its sole focus on recovery without relapse. All houses are rented ordinary single-family houses. Second, each house is democratically self-run, financially self-supported and autonomous but is subject to the three charter conditions assuring democratic self-operation, total financial self-support, and absolute sobriety. Third, quality is assured by education of the residents, organization of mutual support among houses and by maintaining a close relationship between Oxford House, Inc. – the umbrella organization for all Oxford Houses – and treatment providers, state agencies and local recovery communities.

In brief, Oxford House expansion has utilized a business approach to replicate the successful individual Oxford House. Oxford House World Services – the operating arm of Oxford House, Inc. – manages development by tailoring expansion to meet the needs of localities and by bringing new houses into mutually supportive groups designed to monitor and maintain the integrity of the program. Key to development has been the training, supervision and utilization of outreach workers [field technicians] to transfer the knowledge and experience essential for implementing Oxford House's system of operation.

In FY 2007, Oxford House World Services received about \$1.6 million in grants from state and local governments to develop networks of Oxford Houses in nine different states and the District of Columbia. Those funds were used to pay on-site outreach workers to develop and maintain networks of individual Oxford Houses from the grassroots up. The trained outreach worker is key to development and maintenance of local networks of houses. [See table on page 13.]

The FY 2007 general and administrative costs of Oxford House, Inc. [\$107,406] are a little less than 6 percent of total funding. Over 94% of FY 2007 expenses [\$1,701,231] are used for program services – the development and maintenance of the national network of individual Oxford Houses. During the same time period [FY 2007], the men and women living in Oxford Houses throughout the country expended about \$47,814,156 to pay the operational expenses of the houses themselves as part of the self-help aspect of the Oxford House system of operation.

In other words, for each dollar expended by Oxford House, Inc. – the nonprofit umbrella organization – the men and women living in the national network of 1,276 individual Oxford Houses paid landlord and utilities \$26.44. If the Oxford Houses had been traditional, fully staffed halfway houses, the cost to taxpayers would have been \$224,388,000. The graph at the right illustrates the economic impact of self-support with the residents running the houses and paying the full operating cost. The resident's pay 26 times what Oxford House, Inc. spends to develop and maintain the entire national network of houses. Only through self-support and structured democratic operation is it feasible to provide recovery housing on the scale sufficient to make a dent in the national problem of alcoholism and/or drug addiction.



Learning ● Bonding ● Expanding

The Annual Oxford House Convention

For the last nine years residents and alumni of Oxford Houses from around the country gathered in convention to learn more about the diseases of alcoholism and drug addiction, to get to know each other better and to plan ways and means to expand the network of Oxford Houses. The site of the convention alternates between Washington, DC and other cities around the country. The first Oxford



Dr. Westley Clark

House World Convention ten years ago in Washington, D.C. asked the simple question: "If Not Us, Who?" The next year in Kansas City, Missouri the convention theme was "Recovery Without Relapse." In 2001, back in D.C., the theme was "If Not Now, When?" Then to Seattle in 2002 where the convention theme was "Changing the Culture of Recovery." Back in DC in 2003 the theme summed up the general Oxford House mission: "Recovery, Responsibility, Replication." In 2004, San Antonio hosted the convention and the theme was "Back to Basics." In 2005 at a convention in the Washington, DC area [Alexandria, VA] the theme was "Family, Fellowship, Freedom." At the 2006 convention in Wichita, Kansas the theme was "Oxford House Comes of Age."

Three months ago, the 9th World Convention met in Washington, DC. 560 residents and alumni gathered at the Hyatt Regency on Capitol Hill with the theme "*What If...?*" as the convention explored ways and means for expanding Oxford House including targeted development and more partnerships with states, correctional systems including drug courts and the Department of Veteran's Affairs.

The conventions have not only given Oxford House residents and alumni a national identity but have also provided the knowledge and linkages to build a bigger and stronger national network of houses. Dr. Westley Clark, Director of the federal Center for Substance Abuse Treatment [CSAT], has presented at six of the nine annual conventions. Hundreds of Oxford House residents and alumni are able to learn first hand what is happening in the field. Dr. Clark is able to see first hand how recovering alcoholics and drug addicts can effectively help themselves to avoid relapse.

Another individual with the federal government, who has addressed nearly every Oxford House World Convention, is John Walters, the Drug Czar. Director Walters has emphasized that treatment for alcoholism and drug addiction works and the best way to solve the problem of illicit drug traffic is to reduce demand. He knows that Oxford House is successful in promoting its philosophy of recovery without relapse. During the last two years, he has had the DePaul University research group under Dr. Leonard Jason; present their study results to the staff of the National Office of Drug Control Policy.

The three-day convention provides a venue for Oxford House residents and alumni to learn the latest information about alcoholism, drug addiction and various challenges facing Oxford House expansion. In addition to the knowledge gained, Oxford House men and women from all over the country are able to share their strength, experience and hope centered around Oxford House and recovery without relapse. New friends, new ideas and the election of new officers to the Oxford House World Council are by-products of each convention.



John Walters

The two most recent convention programs – with detail about the 45 breakout panels and general work sessions – are available as downloads at the Oxford House website: www.oxfordhouse.org by scrolling to the end of the "About Us" section. Both programs also contain a number of stories by Oxford House residents.

Lori G.

When I was first asked to write my Oxford House story by our founder Paul M., a person that I truly honor...my reaction was typical of most addicts. I don't have a story...why would anyone care to know my experience...I do not have any profound reflections on life. That was the addict in my head, but the woman in recovery that I have become through the support and love of my Oxford family knows that is a LIE! I do have a story...people do call upon my experience...and I am a miracle. I moved into the Oxford House – Asera in October 2002, *broken* by my addiction, not knowing how to be honest with others or myself and too afraid to be open-minded, but I had become willing.

I came from a place that many of us have faced and over time became survivors instead of victims of. I was living with sexual incest until I left home at 16, running into the arms of a man surrounded with drugs and alcohol, finding myself again with another man and I became trapped in the cycle of violence, and then again in another marriage and was introduced to new drugs and new ways to do them.

After 26 years of using, my disease had progressed and very quickly the ground I stood on slipped away from me as if turning into sand below my feet. I lost my career, the car was repossessed, my children taken by the state, I lost my freedom as I went into treatment and while I was there I lost my home to a house fire and my husband went to prison. So 'broken' is the word I will use to describe myself the day I walked into an Oxford house interview. The process of producing a miracle began immediately.

When I interviewed while transitioning from residential treatment I was terrified to try LIFE! I knew that I had failed at being a daughter, a mother, a wife, and a friend and had become unemployable. But the moment I was accepted into an Oxford House I felt wanted and needed and the healing process began. I will be forever grateful to that small group of women who did not know me but saw that I wanted a new way of life and blew on that tiny ember of self-esteem that was deep inside me to spark my flame of life into existence again.

Immediately after moving into Oxford House my children began to transition back to me and after a few short months they were returned home. I was very fearful of moving out on my own and would visit my house for continued support often. I had gotten involved with service work for Oxford House and had a position in the chapter as secretary. When my term came up I was again full of fear to lose the accountability I had in place.

My Oxford family recognized my need to stay involved and created an Alumni representative position in their chapter for me to hold. As every door closed another was opened to me, and with every opportunity my peers supported me into my self-esteem grew. The following year I was voted into a position as State Secretary and was blessed with the opportunity to come to my first Oxford House World Convention in Washington DC and also to participate in the Women's Conference. There I realized the true impact that Oxford House has made all around the world.

I have grown to become so many things today because of my experiences and service to Oxford House. I now am a loving daughter, a caring parent, a sponsor, a sponsee, a friend, a responsible member of society and employable. Today I work for the state with the woman that removed my children and the one that returned them helping other parents find recovery and always encouraging the opportunities that are available by choosing to live in Oxford House. Today I no longer feel that I do not have a direction or purpose. I am part of a huge family that I am dedicated to. I have a direction to continue to assist in cultivating new houses for any addict seeking a new way of life. I have a purpose to preserve the Oxford House principles and traditions. Today I have come of AGE!

Recovery Stories

Beginning with the Wichita Convention several dozen men and women living in Oxford Houses provided their personal stories of recovery assisted by living in an Oxford House. Lori G's story at the left is typical. The sharing of testimonials is a part of Oxford House taken from the successful 12-Step programs such as AA and NA.

There are now thousands of stories of successful recovery and many are shared at the annual convention. Sharing stories of successful recovery from drug addiction gives the newcomer some hope that the path to sobriety comfortable enough to avoid relapse can be traveled – if a reasonable opportunity to have enough support and time is available.

Most newcomers are surprised that Oxford House has no time limit. Right away the pressure to force transformation within a time limit disappears and the stories about house operations and the individual journey from reckless addiction to comfortable sobriety replace hopeless and anxiety with hope and calm.

Conventions, workshops and chapter meeting expand the exposure to success by others who have walked the recovery path ahead of us. From the DePaul University studies showing remarkable Oxford House outcomes to the day-today operation of the individual Oxford House, successful living with and among the Oxford House family causes the individual to replace selfdeprecation with self-esteem.

Within the walls of an Oxford House sobriety is habit forming – and because a responsible and sober individual can live in an Oxford House for an infinite time – recovery without relapse becomes a reality.

Expanding Networks of Oxford Houses

The annual convention brings together representatives of individual houses from all over the country. Fifteen different breakout sessions examine serious aspects of alcoholism, drug addiction, treatment and recovery within the context of Oxford House. Each convention is preceded by a six-hour Oxford

Gary C's Story

My name is Gary C. On July 23, 2000, I was lucky enough to be arrested in Prince George's County, Maryland. This was the beginning of the end of a twenty-five year run at drug usage and addiction. The judge took 30 years of possible time, had me plead guilty to a 10-year charge, and gave me the option of 18 months in the HIDTA Program and 18 months probation and also advised me this was my LAST CHANCE for freedom.

I did Phase One, 90 days in the jail drug unit, then on Feb. 21, 2001 I was released to Day Reporting for Phase Two, but to go to Phase Two, I needed a place to stay for 90 days before I could move on to Phase Three (probation). As most of us had done, I had badly burned the bridge to home and had very few options. My cellmate rented me a room at his house but, with his stepson smoking and selling pot in the basement, I was worried that I would go back to jail over their actions.

A co-worker also in recovery suggested that I talk to Jesse S. who does liaison between the Salvation Army and Oxford house. I said okay I would do it soon but he called Jesse that day and Jesse took me right up to the Howard Ave. house for an interview.

I was surprised to see another former inmate I knew living in the house. On the 91st day, when I was allowed to move, I quickly moved to the Howard Ave. Oxford House and spent the next two and a half years living there. During this time I was voted onto the Oxford House World Council where I served for four years. During this time I started my own plumbing and drain cleaning business on Capitol Hill and I have been making a new life clean and sober.

I just had my seven-year anniversary and my life is looking better each day! I have obtained many memories in life, lots of material things, and I am looking forward to a lifelong commitment of marriage and starting a family with a very beautiful lady who has seen both the good and bad sides of me over the last ten years and still loves me today!

This would not have been possible without the HIDTA Program laying the foundation, Oxford House for the chance to grow in a safe and sober environment, and the N.A. & A.A. programs to maintain my focus on the future! Anyone who puts their mind and heart into a new life can do it, just look at me. I DID IT!!!!!

Each convention is preceded by a six-hour Oxford House Women's Conference run by and for Oxford House women from all over the country. The intent is not segregation by gender but rather recognition that Oxford Houses for women and women with children have unique differences from Oxford Houses for men. One of the important by-products of the women's conference is that each woman attending the conference gets to know other women living in Oxford Houses. Friendships are created and as questions come up involving house operations friends ask each other for advice.

Partnerships

Oxford House depends upon partnering with others involved in recovery from alcoholism and drug addiction to built new networks of Oxford Houses and to keep existing houses on track. Oxford House has shown that it is key to successful implementation of all four steps for dealing with addiction articulated by the late Vernon Johnson:

- Intervention
- Detoxification
- Treatment [education and motivation]
- Long-term behavior change.

The weight of evidence shows that long-term behavior change generally fails. The TEDS data compiled by the federal government shows that 60% of those in formal treatment have previously been in treatment. Within Oxford House, data [based on surveys of more than 2,300 residents] show that more than 60% of the residents have been through residential treatment more than three times before moving into an Oxford House with 23% having been through residential treatment ten times or more. Unfortunately, recidivism or relapse has for too many become the norm. However, Oxford House has reversed long-term outcome. For those living in an Oxford House six months or more 80% or more will become comfortable enough in sobriety to avoid relapse. The new norm can be recovery without relapse if the partnerships with drug courts, treatment providers, government agencies and the recovery community continue and are expanded.

Since expansion Oxford House, Inc. has entered partnerships with half the states. In these states sustainable clusters of Oxford Houses have been developed. It is a goal of Oxford House, Inc. to expand and strengthen such partnerships.

Individual Houses Contribute to Expand the Network of Oxford Houses

There are no dues or fees for an Oxford House charter or to be a member of the National Network of Oxford Houses. However, the umbrella organization obviously has expenses – both to establish new houses and to keep

918 ANNUAL WORLD CONVENTION

Jerry Conlon, Board Chairman, awarding Texas houses an award for their 2007 contributions toward expansion.



Washington State houses contributed more than \$80,000 to expand Oxford House World Services in 2007



Virginia Oxford House residents at convention getting an award for their voluntary contributions made in 2007 toward expansion

existing houses on track. While not required, contributions from individual houses to pay expenses of the umbrella organization have been substantial. During FY 2007, individual houses and chapters contributed more than \$200,000 to Oxford House, Inc. – their umbrella organization.

The pictures at the left representatives of houses receiving recognition for their efforts from Jerry Conlon, Chairman of the Oxford House, Inc. board. More than 100 individual houses received the Director's Hundred-Year Award - an award to those houses contributing at least \$50 a month to finance expansion by Oxford House World Services. This effort is completely voluntary although delegates at the previous national conventions adopted resolutions encouraging voluntary contributions as the best means for assuring that the grassroots organization avoids dependence upon government funding.

Voluntary contributions from individual Oxford Houses to finance national growth and maintenance support are important but at present they are insufficient to fully fund either expansion or the umbrella organization. Grants or contracts to develop specific targeted areas have been the primary source of funds for development of the existing network of houses and will continue to be for the foreseeable future. During FY 2007 Oxford House, Inc. relied upon contracts with eight states and the District of Columbia. This method of financing has continued the pattern of development followed since expansion began in 1989.

During 2007, Oxford House, Inc. fulfilled contracts with the District of Columbia, Montgomery Country Drug Court program and the states of Washington, North Carolina, Missouri, Hawaii, New Jersey, Louisiana, Oklahoma, Virginia and West Virginia. Historically state or local contracts can be ongoing or until a sufficient number of houses have been established to assure continued development without the use of paid outreach workers.



39 States Have Oxford Houses

| State | # Of Houses | Beds | |
|----------------------|-------------|------|----|
| Alabama | 2 | 13 | |
| Alaska | 6 | 49 | |
| California | 2 | 15 | |
| Colorado | 6 | 47 | |
| Connecticut | 19 | 152 | • |
| District of Columbia | 21 | 187 | •• |
| Delaware | 10 | 74 | • |
| Florida | 6 | 52 | • |
| Georgia | 1 | 7 | • |
| Hawaii | 27 | 238 | •• |
| Iowa | 6 | 61 | |
| Illinois | 50 | 365 | • |
| Kansas | 51 | 366 | • |
| Kentucky | 9 | 65 | |
| Louisiana | 34 | 253 | •• |
| Massachusetts | 9 | 71 | |
| Maryland | 36 | 294 | •• |
| Maine | 5 | 38 | • |
| Minnesota | 4 | 30 | |
| Missouri | 57 | 488 | •• |
| Montana | 1 | 7 | |
| North Carolina | 117 | 856 | •• |
| Nebraska | 27 | 192 | ٠ |
| New Hampshire | 4 | 30 | |
| New Jersey | 72 | 560 | • |
| New Mexico | 1 | 7 | |
| New York | 14 | 122 | • |
| Ohio | 3 | 22 | • |
| Oklahoma | 33 | 283 | •• |
| Oregon | 149 | 986 | • |
| Pennsylvania | 35 | 284 | • |
| South Carolina | 24 | 177 | • |
| Tennessee | 7 | 64 | |
| Texas | 55 | 425 | • |
| Virginia | 79 | 620 | •• |
| Vermont | 4 | 27 | • |
| Washington | 183 | 1510 | •• |
| Wisconsin | 6 | 54 | |
| West Virginia | 5 | 38 | •• |
| Wyoming | 8 | 60 | •• |

Data is current as of end of 2007. States with no houses: Indiana, Arizona, Arkansas, North Dakota, South Dakota, Nevada, Utah, Idaho, Mississippi, Michigan, and Rhode Island.

Plus there are 32 houses in Alberta Canada and 8 houses in Australia.

Key: "•" indicates funding to Oxford House, Inc. for Oxford House development by the state and/or a foundation in the state at sometime between 1989 and present but not currently.

"••" Indicates current funding by a state agency [or local government entity] of Oxford House, Inc. for the purpose of Oxford House development.

Note: The \$4,000 loan provision of PL 100-690 was based on 1988 dollars. Adjusted for inflation, as of end of 2007, the \$4,000 would be \$7,263 in 2008 dollars.

State-by-State Development

Clearly, it was the recovery home start-up revolving loan provision of the Anti-Drug Abuse Act of 1988 [§2036 of PL 100-690] that served as a catalyst to enable Oxford House to expand from a small cluster of 13 individual houses to a national network of more than 1,250 houses. That law required states to establish a \$100,000 revolving loan fund to make loans to groups of six or more recovering individuals to start a selfrun, self-supported recovery home. Almost all the houses started have been Oxford Houses, which was the model for the provision.

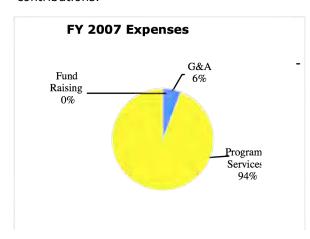
Oxford House, Inc. did not oppose the change of the law from a mandate to a permissive provision because by 2000 it was convinced that voluntarily every single state drug agency would be attracted to the proven success of Oxford House. That opinion may not have been the right one. Today only about 12 states still maintain the revolving loan fund, which makes it feasible for groups of six or more recovering individuals to rent an ordinary single-family house to start a recovery home. As some states learn about the success of the revolving loan funds in other states, many states without revolving loan funds may establish them. For example, the \$100,000 recovery home revolving loan fund was established in Washington State in 1990. Since that time more than \$1,084,000 has been loaned from that original fund. This is because almost all of the loans have been repaid to the fund within two years and the proceeds are loaned out again. There are currently 187 Oxford Houses in Washington. Over the seventeen-year period, about 80 houses have closed or moved from one location to another, which accounts for the total loans being greater than \$748,000 in loans made to the existing 187 houses.

The start-up \$4,000 loan is necessary for a group to pay the landlord the first month's rent and a security deposit. Each group repays that start-up loan at the rate of \$170 a month for two years. Coupled with the technical assistance a trained outreach worker can provide new houses get up and running quickly. Within a short period of time the house is running smoothly and local clusters of houses form to start mutually supportive local chapters.

^{§ 2036} of PL 100-690 was mandatory on all the states until 2000 when – with Oxford House, Inc. support – the mandate was made permissive. This change has left only a dozen states with revolving funds to make the \$4,000 start-up loans. Also see "Note" at the left in considering adequacy of loan.

FY 2007 Oxford House, Inc. Expenses

Oxford House, Inc. – the publicly supported nonprofit umbrella organization for all Oxford Houses – established a Oxford House World Services] in 1989 to manage expansion of Oxford House from a local network of 13 individual Oxford Houses to a current national network of more than 1,250 houses. While each individual house is self-supported, the umbrella organization depends upon grants and contributions.



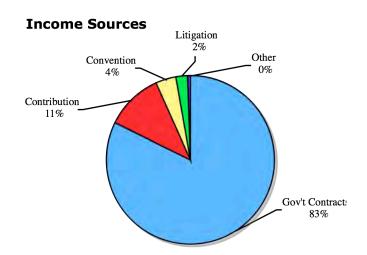
Total expenses of Oxford House World Services in FY 2007 were \$1,808,637. Almost all the expenses – \$1,701,231 [94%] – were for program expenses – establishment of new Oxford Houses and maintenance of existing houses. Less than two-tenths of 1% of expenditures [\$2,622] are used for fund-raising and the general and administrative [G&A] expenses of the organization – \$104,784 – constitute about 6% of total expenditures.

FY 2007 Oxford House, Inc. Income

The income to Oxford House, Inc. for the operation of the national development program came primarily from State grants or contracts and voluntary contributions from individual houses.

Nine states and the District of Columbia had contracts with Oxford House, Inc. for the development and maintenance of Oxford Houses within respective jurisdictions constituting 83% of FY 2007 income.¹ The next largest source of income [11%] was voluntary contributions from individual houses throughout the country.

Income exceeded expenses by \$172,040. This shows that the organization is being run in a business-like basis. The mission of Oxford House, Inc. is to expand the network of individual houses. To foster expansion it is necessary to make trained outreach workers available find suitable houses to rent, to



recruit suitable residents for the new houses and to teach them the disciplined, democratic system of operation that has made Oxford Houses successful for 32 years.

All of the outreach workers are experienced Oxford House residents or alumni who are trained and supervised to teach others the proven system of operations. The outreach workers and the residents of each house are supported by Oxford House World Services – operating arm of Oxford House, Inc. The trained outreach worker is the frontline agent for expansion.

Costs for each outreach worker averages \$82,000 a year. The average cost is comprised of an average salary of \$36,000; fringes [FICA, Insurance] \$8,640; health insurance \$7,200; other expenses \$30,160 [travel \$8,400; lodging \$5,800; communications \$2,200; \$4,000 miscellaneous expenses, and \$9,760 G&A and overhead]. See the next page for the specific tasks an outreach worker provides to start new houses and help existing houses to stay on track.

¹ 2% of the funds came from a net gain in income from litigation settlements, 4% from the annual convention net income, and 11% from contributions [most of which were voluntary contributions from individual Oxford Houses].

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Outreach Workers Provide Frontline Development Expertise

| Task | Action of Outreach Worker |
|---|--|
| 1. Finding a suitable house | The outreach worker has been trained to recognize the characteristics of suitable house to rent. The outreach workers know how to execute a legal lease between the landlord and the group or entity that is made up of ever changing residents. The outreach worker is able to answer zoning questions -in a general way - and is backed up by the expertise of the central |
| 2. Obtaining a charter from Oxford House Inc. | Service office in Silver Spring. Outreach worker helps newly recovering individuals to fill out the charter application form and submits it to Oxford House, Inc. to get a "conditional" charter that is valid for up to six months. Outreach worker helps the new group to fulfill the requirements of the "conditional" charter so that the group can be granted a "permanent" charter. |
| 3. Obtaining an FEIN [federal tax identification number] from IRS to enable the group to establish a checking account in the name of the group. | Since the mid-eighties every bank account needs either a social security number [in the case of an individual] or a FEIN [in the case of a group, association, partnership or corporation]. The outreach worker processes the paperwork to obtain a FEIN and helps the group to establish a checking account in the name of the individual Oxford House™. Establishes the two-signature checking account and teaches the residents how to manage house finances. |
| 4. Recruiting initial residents for the new house. | Working with treatment providers and the recovery community to explain the value of Oxford House living to get referrals. Convincing a newly recovering individual that living in an Oxford House™ provides the time, peer support and living environment to gain comfortable sobriety without relapse. |
| 5. Teaching residents in a newly established Oxford House the standard system of operations needed to effectively operate the house. | ➤ Teaching new residents the need for a weekly business meeting and the procedures to follow. ➤ Helping the residents elect the five essential officers needed to operate each house and teaching each person the duties of each office holder. ➤ Helping the residents get the household furnishing needed for the house [from beds to brooms]. ➤ Story telling while living in the house to infuse the group with the belief and culture of Oxford House™ and its role in promoting recovery without relapse. |
| 6. Instilling a dedication among house residents to reach out to other recovering individuals to share the benefits of Oxford House living. | Teaching residents how to make presentations to providers to get new recruits. Promotion of expansion within an area to meet the need of newly recovering individuals and to organize a mutually supportive chapter. Building a habit of attending 12-step meetings and the encouragement of frequent contact between residents and Oxford House World Services to resolve house issues, promote expansion and to become an active participant in on-going expansion. |

State Workshops and Conventions

During 2007 Oxford House World Services helped Oxford House™ residents and alumni hold chapter workshops and/or statewide conventions in fifteen states and the District of Columbia. Because Oxford House™ follows a disciplined system of operations, it is important that residents and alumni in various states understand the processes and procedures underlying the democratically self-run and financially self-support principles.

The men and women in Virginia Oxford Houses [pictured at the right] gathered at the Hilton Hotel in Alexandria for a full day workshop. Paul Stevens, the on-site state outreach coordinator, was joined by Board members James McClain and Paul Molloy and revolving loan manager Debbie Dungee to direct training sessions on all aspects of Oxford House development and maintenance. Residents and alumni from all over the state attended.



Senator Jim Broyhill, Kathleen Gibson, COO and Paul Molloy, CEO at NC Convention



Virginia residents and alumni at workshop

In North Carolina, there are nine chapters throughout the state and 117 Oxford Houses located throughout the state. All of the chapters get together once a year for a 2-day statewide convention. In May, more than 260 individuals gathered at the Hilton Hotel in Raleigh and held a series of specialized workshops related to various aspects of the Oxford House system of operation. At the Saturday evening banquet the North Carolina Oxford Houses presented former U.S. Senator James T. Broyhill an award in recognition of his help in getting Oxford House into the state seventeen years ago. Senator Broyhill's role is discussed in greater detail in the Evaluation of North Carolina Oxford Houses that can be download from the website by clicking North Carolina Evaluation "Publications/Evaluation/States.

Workshops and state conventions take place all over the country as local and statewide networks of Oxford House residents and alumni get together to share their strength, experience and hope. This mechanism not only provides teaching opportunities but also expands the friendship network among residents and alumni. This social networking built around sobriety and Oxford House living helps to strengthen sobriety by linking socialization and sobriety.

Oklahoma, Hawaii, Oregon, Kansas, Washington, New Jersey, Virginia, Maryland, District of Columbia, Illinois, Louisiana, Delaware, Pennsylvania Wyoming, Colorado and Texas all had workshops during 2007. Workshops cover general family living subjects like fire safety and specific topics covering the duties of each of the five house officers – President, Secretary, Treasurer, Comptroller and Chore Coordinator.

Part of the procedure of every house is the weekly house meeting. It follows a structured format and workshops provide an opportunity for house members to share how specific situations are handled – from overnight visits to



Texas Workshop in May

various issues involving prescription drugs. The "nuts and bolts" of living together in an Oxford Recovery Home are numerous but manageable by sharing experience and knowledge.

Houses in Good Neighborhoods



Oxford House-Aycock, at the left, was established in 2001 in Greensboro, North Carolina. It is home to eight recovering men who had been homeless during their active addiction. Since established, more than 145 recovering men have lived in the house. Projecting the DePaul University study sponsored by NIAAA, more than 80 percent of the residents in this house have become clean and sober and will stay that way.

Creating an Effective National Recovery Network One House at a Time

National Oxford House Resident Profile¹

| | Number of Women's Houses: | 346 | No. of Women Residents: | 2,540 |
|--|--|-----------------------------------|---|-----------|
| | Number of Houses For Men: | 910 | No. of Men Residents: | 7,216 |
| | National Network of Houses: | 1,256 | Total Number of Residents: | 9,756 |
| | Number of States with Houses: | 39 | Cities with Houses: | 276 |
| | Cost Per Person Per Week: | \$94.25 | Rent Per Group Per Month | \$1,380 |
| | Percent Veterans | 18% | Average Age | 36.2 yrs. |
| | Residents Working 6/15/07: | 92% | Average Monthly Earnings: | \$1,440 |
| Percent Addicted To Drugs or Drugs and Alcohol: 73% | | Percent Addicted to Only Alcohol: | 27% | |
| | Race | | Marital Status | |
| | White; | 54% | Never Married | 45% |
| | Black; | 42% | Separated | 18% |
| | Other | 4% | Divorced | 33% |
| | | | Married | 4% |
| | Prior Homelessness: | 53% | Average Time Homeless: | 6 Mos. |
| | Prior Jail: | 76% | Average Jail Time: | 13 Mos. |
| | Average AA or NA Meetings Per Week: | 5.1 | Percent Going To Counseling <u>and</u> AA or NA: | 44% |
| | Average Length of Sobriety of House Residents: | 16.5 Mos. | Residents Expelled Because of Relapse: | 19.4% |
| | Average Length of Stay In An Oxford House: | 10.1 Mos. | Average No. of Applicants For Each Vacant Bed: | 13 |
| | | | | |

32 OXFORD HOUSE - "WHAT IF?" Years 9TH ANNUAL WORLD CONVENTION

Oxford House Highlights

- 9,756 Number of Oxford Recovery Beds
- 1,256 Number of Oxford Houses as of December 2007
- 39 Number of States having Oxford House
- 276 Number of towns or cities having Oxford Houses
- \$1,440 average monthly income of residents
- \$94.25 average weekly share of expenses paid by Oxford residents
- 53% of Oxford House residents had been homeless for an average of 6 months
- 73% addicted to drugs in addition of alcohol
- 76% had done jail time connected to their addiction
- 16.5 months average length of sobriety
- 122 New Houses started CY 2007
- 45 for Women; 77 for Men
- Total Added Recovery Beds: 965; Men: 618; Women: 347

 $^{^{1}\,}$ As of June 30, 2007 based on standard OHI survey and house reports.

Oxford House, Inc. Statement of Financial Position June 30, 2007²

| ASSETS | |
|--|------------|
| CURRENT ASSETS | |
| Cash | \$ 68,207 |
| Accounts Receivable, Net | 261,878 |
| Employee Advances | 7,107 |
| Litigation Receivable, current portion | 18,000 |
| Loans Receivable | 2,950 |
| Total Current Assets | 358,142 |
| PROPERTY AND EQUIPMENT | |
| Furniture and Office Equipment | 80,313 |
| Less Accumulated Depreciation | (54,808) |
| Net Property and Equipment | 25,505 |
| OTHER ASSETS | |
| Litigation Receivable | 38,991 |
| Restricted Cash | 94,225 |
| Deposits | 4,198 |
| Total Other Assets | 137,414 |
| TOTAL ASSETS | \$ 521,061 |
| | |
| LIABILITIES AND NET ASSETS | 5 |
| CURRENT LIABILITIES | |
| Accounts Payable | \$ 142,257 |
| Accrued Salaries | 179,310 |
| Accrued Payroll Taxes | 11,169 |
| Deferred Revenue | 1,530 |
| Line of Credit | 60,000 |
| Loan Payable to Officer | 2,000 |
| Total Current Liabilities | 396,266 |
| NET ASSETS, Unrestricted | 124,795 |
| TOTAL LIBILITIES & NET ASSETS | \$ 521,061 |

Statement of Activities

| SUPPORT AND REVENUE | |
|---|---------------------|
| Federal Awards | \$ 1,519,665 |
| State and Local Awards | 110,885 |
| General Contributions | 215,802 |
| Convention Revenue | 81,368 |
| Net Litigation Settlement | 43,815 |
| Combined Federal Campaign | 5,628 |
| Interest Income | 3,514 |
| Total Support and Revenue | \$ 1,980,677 |
| EXPENSES | |
| Program Services | |
| State and Local Program – Federal Funds | \$ 1,519,665 |
| State and Local Program - Non-Federal Funds | 110,885 |
| State and Local Program - Other | 70,681 |
| Total Program Services | \$ <u>1,701.231</u> |
| Supporting Services | |
| Management and General | 104,784 |
| Fundraising | 2,622 |
| Total Expenses | 1,808,637 |
| INCREASE UNRESTRICTED NET ASSETS | 172,040 |
| NET Deficit Beginning of Year | (47,245) |
| NET ASSETS, End of Year | \$ 124,795 |

² See notes accompanying financial statement at end of the Annual Report. See box at right for instructions on how to get full copy of audit by Robert Ben-Kori, CPA.

Oxford House, Inc. FY 2007 Expenses By Category and Function

| Expense Item | State/Local | Management | Total |
|-----------------------|-------------|---------------|--------------------------|
| | House | And | Expenses |
| | Program | General | |
| Salaries | \$837,308 | \$ 27,165 | \$ 864,473 |
| Payroll Taxes | 75,164 | 1,690 | 76,854 |
| Fringe Benefits | 133,554 | 18,562 | 152,116 |
| Total Personnel | 1,046.026 | <u>47.417</u> | 1,093,443 |
| Travel | 402,266 | 649 | 402,915 |
| Rent | 58,772 | 8,396 | 67,168 |
| Convention Expense | 60,438 | | 60,438 |
| Telephone/Facsimile | 44,703 | 3,946 | 48,649 |
| Professional Fees | 19,187 | 23,080 | 44,517 ³ |
| Office Supplies | 18,513 | 6,146 | 24,659 |
| Postage & Delivery | 18,280 | 1,080 | 19,7324 |
| Printing/Publications | 13,633 | | 13,633 |
| Depreciation | 6,480 | 200 | 6,680 |
| Payroll Services | 2,826 | 3,702 | 6,528 |
| Repairs/Maintenance | 1,709 | 3,726 | 5,435 |
| Insurance | 1,776 | 2,187 | 3,963 |
| Meeting/Conferences | 3,540 | 225 | 3,765 |
| Taxes/Licenses | 2,983 | 255 | 3,238 |
| Interest Expense | | 1,890 | 1,890 |
| Dues / Subscriptions | | 1,205 | 1,205 |
| Bank Charges | | 651 | 651 |
| Miscellaneous | 99 | 29 | 128 |
| Total Expenses | \$1,701,231 | \$104,784 | \$1,808,637 ⁵ |

Individual Oxford Houses followed through on a resolution at the 1999 Oxford House World Convention to make voluntary contributions to Oxford House World Services for the purpose of defraying expansion and service expenses. During FY 2007 houses contributed over \$200,000.

The 2001 World Convention passed a resolution to earmark all house contributions in excess of \$200,000 a year for a national revolving loan fund to help start new Oxford Houses. Since states are no longer required to maintain start-up revolving loan funds, it will become important for future expansion for Oxford House, Inc. to have a self-sustaining loan fund that can take up the slack. About \$12,000 was used for in-house revolving loan fund in FY 2007.

A full copy of the Oxford House, Inc. audit and IRS form 990 is available from Oxford House World Services. Telephone 301-587-2916 or e-mail Info@oxfordhouse.org to receive a copy of the audit.

³ Includes \$2,250 fundraising expenses.

⁴ Includes \$372 fundraising expenses.

 $^{^{5}}$ Includes \$2,622 total fundraising expenses.

OXFORD HOUSE, INC. NOTES TO FINANCIAL STATEMENTS

JUNE 30, 2007

Note 1 - Summary of Significant Accounting Policies Organization

Oxford House, Inc. is a nonprofit organization incorporated under the laws of the State of Delaware on October 25, 1987 for the purpose of aiding in the rehabilitation and to improve social condition and environment for recovering alcoholics and drug addicts. This is accomplished by developing plans and programs for their recovery and by establishing homes for recovering substance abusers. Independently chartered "Oxford House" operates throughout the country as self-run, self-supported recovery houses. Oxford House, Inc. acts as the national umbrella organization and provides overall direction and technical, assistance to the independent "Oxford Houses."

Basis of Accounting

Oxford House, Inc. presents its financial statements on the accrual basis of accounting, whereby revenue is recognized when earned and expenses are recognized when incurred.

Basis of Presentation

Financial statement presentation follows the recommendations of the Financial Accounting Standards Board in its Statement of Financial Accounting standards (SFAS) No. 117, Financial Statements of Not-for-Profit organizations. Under SFAS No. 117, Oxford House, Inc. is required to report information regarding its financial position and activities according to three classes of net assets: unrestricted net assets, temporarily restricted net assets, and permanently restricted net assets.

Use of Estimates

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

Allowance For Doubtful Accounts

Accounts receivable are considered to be fully collectible.

Property and Equipment

Property and equipment is stated at cost or donated value and is depreciated using the straight-line method over the estimated useful lives of the assets.

Acquisitions of property and equipment in excess of \$100 are capitalized. Expenditures for major renewals and betterments that extend the useful lives of property and equipment are capitalized. Expenditures for maintenance and repairs are charged to expenses.

Grant Contract Revenue

Grant contract revenue is recorded when earned under the provisions of the applicable contracts.

Contributions

Oxford House, Inc. accounts for contributions in accordance with the recommendations of the Financial Accounting Standards Board in SFAS No. 116, Accounting for Contributions Received and Contributions Made. In accordance with SFAS No. 116, contributions received are recorded as unrestricted, temporarily restricted, or permanently restricted support, depending on the existence and/or nature of any donor restrictions.

Support that is restricted by the donor is reported as an increase in unrestricted net assets if the restriction expires in the reporting period in which the support is recognized. All other donor-restricted support is reported as an increase in temporarily or permanently restricted net assets depending on the nature of the restriction. When a restriction expires (that is, when a stipulated time restriction ends or purpose restriction is accomplished), temporarily restricted net assets are reclassified to unrestricted net assets and reported in the statement of activities as net assets released from restrictions.

Income Taxes

Oxford House, Inc. is exempt from Federal income taxes under section 501 (c)(3) of the Internal Revenue Code and has been classified as a publicly supported organization. As a 501(c)(3) nonprofit organization the organization is also exempt from State income taxes. Accordingly, no provision for income taxes is required in the accompanying financial statements.

Functional Allocation of Expenses

The costs of providing the various programs and other activities have been summarized on a functional basis in the statement of activities. Accordingly, certain costs have been allocated among the programs and supporting services benefited.

Cash Equivalents

For purposes of the statement of cash flows, Oxford House, Inc. considers all highly liquid debt instruments with maturity of three months or less to he cash equivalents. There were no cash equivalents as of June 30, 2007.

Restricted Cash

Oxford House, Inc. maintains restricted bank accounts and certificates deposit under various contractual obligations.

Escrow Funds

Grants from individual states for funding of the loan program (Note 6) are segregated into escrow accounts for the benefit of the individual states. Those funds are not included in the financial statements of Oxford House, Inc. as they are considered to be state funds.

Major Customers

Oxford House, Inc. derives a substantial portion of its income from State awards funded in whole or in part by Federal funds and from awards from the states of North Carolina, Washington and New Jersey.

Note 2

Oxford House, Inc. makes start-up loans to certain recovery houses and temporary loans [bridge loans] to other recovery houses. At June 30, 2007 loans receivable were \$2.950 net of allowance of \$2.935.

Note 3 - Accrued Salaries

Included in accrued salaries are salaries owed to officers of Oxford House, Inc. as follows:

J. Paul Molloy, President \$\\ \frac{\\$ 179,310}{\\$ 179,310}

Note 4 – Litigation Settlement

Oxford House, Inc. was subject to various claims, litigation, and recoveries, which resulted in litigation settlement income of \$43,815 for the year, ended June 30, 2007.

Note 5 - Lease Commitments

Oxford House, Inc. leases office space and office equipment under operating leases. The office space lease is subject to operating cost increases. This lease is scheduled to terminate April 30, 2011.

The following is a schedule of approximate future minimum lease payments under non-cancelable operating leases for office space with initial or remaining terms of one year or more as of June 30, 2007:

| 2008 | \$ | 59,936 |
|------|------|--------|
| 2009 | | 61,738 |
| 2010 | | 63,581 |
| 2011 | | 54,297 |
| | \$ 2 | 39 552 |

Lease expense for the year ended June 30, 2007 approximated \$67,000.

Note 6 - State Escrow Accounts

Oxford House, Inc. has received restricted funds from various entities to be used solely for the purpose of extending revolving loans to establish new houses, which are then repaid by these houses.

Oxford House, Inc. managed funds or held and managed funds in escrow accounts under contracts with various states to meet the requirement of Public Law 100-690, "The Anti-Drug Abuse Act of 1988." Such escrow accounts are not reflected in the accompanying financial statements of Oxford House, Inc. Held funds, including outstanding loan balances approximate \$776,000 at June 30, 2007.

Note 7 - Claims and Litigation

Oxford House, Inc. is subject to other various claims and litigation. In the opinion of management, the outcome of such matters will not have a material effect on the financial position of Oxford House, Inc.

Note 8 - Loan Payable to Officer

Loan payable to officer in the amount of \$2,000 represents non-interest bearing cash advances from an officer to the organization to help provide funds in periods of working capital deficiencies.

Note 9 - Line of Credit

Oxford House, Inc. has a note payable of \$60,000 at June 30, 2007. The note is secured by a \$60,000 certificate of deposit, which is included in restricted cash appearing on the statement of financial position. The interest rate is the prime rate minus 1%, currently 7.25%. Oxford House, Inc. is to make minimum monthly payments of interest only. The note is considered payable on demand.

Note 10 - Letter of Credit

Oxford House, Inc. has an unused letter of credit for \$29,000 with a local bank.

Note 11- Concentrations of Credit Risk

Oxford House, Inc. maintains its cash accounts at various financial institutions. The balances, at times may exceed federally insured limits. At June 30, 2007, Oxford House, Inc. had cash on deposit exceeding the insured limit by approximately \$62,000.

Note: Auditors full report, including supplemental single state audits, can be obtained with an e-mail request www.info@oxfordhouse.org or by writing to Oxford House, Inc. 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Oxford House™ and Recovery from Alcoholism and Drug Addiction

| Throughout its existence, | Oxford House | has combined | the concepts | of self-support | t and | l responsibility | with | a fellowship | having | the o | common |
|----------------------------|----------------|--------------|--------------|-----------------|-------|------------------|------|--------------|--------|-------|--------|
| purpose of continued and c | omfortable sob | riety. | | | | | | | | | |

From Tradition One Oxford House Manual®

Oxford HouseTM is the 32-year old self-run, self-supported recovery home program for recovering alcoholics and drug addicts to live together and share household expenses for as long as it takes to become comfortable enough in sobriety to avoid a return to alcoholism and/or drug addiction. Each Oxford HouseTM receives a charter from Oxford House, Inc. – the national umbrella organization – that requires it to be democratically self-run following a standard set of procedures, to be financially self-supporting and for each resident to maintain absolute abstinence from the use of any alcohol and/or drugs. All individual Oxford Houses are rented and to maintain its sole focus on recovery the organization's by-laws preclude the ownership of any property.

Behavior change is never easy and it is especially difficult for the individual who is recovering from addiction. While the physical craving for drugs ends within a few days, the mind tries to trick an individual into returning to alcohol or drug use. When you think about it, the mind is doing what comes naturally – forgetting pain and remembering pleasure.

Professionals speak often of "denial" when dealing with recovering addicts. The addict really does not believe that alcohol and drug use produces harm. The addict "remembers" the good feeling that came from the alcohol or drugs and wants to recapture it. At the same time, he or she forgets the violence, irrational behavior (fights, loss of job and family), and physical withdrawal that make one feel sick (hang-overs). Stopping the use of drugs and alcohol use is difficult, but not impossible. Most addicts go through a number of periods where they stop use because they have run out of alcohol or their drug of choice. When an addict stops, he or she feels sick because of withdrawal; i.e., every cell in the body is calling out for the drug and the body shakes, sweats and produces great anxiety. The addict really "feels" he or she is going to die unless the drug of choice is obtained quickly. This is called detoxification and it usually ends within minutes after the addict has ingested his or her drug of choice. However, for a fortunate few – who can go three to seven days without taking their drug of choice – detoxification is the beginning of a whole new life. Short-term custody – in a hospital setting or a supervised detoxification facility – is the usual way to initially stop an addict's compulsive use of alcohol and drugs. Staying stopped requires more than short-term custody.

Formal treatment can educate and motivate an individual to stay stopped. It can be residential or on an outpatient basis. It always requires education about the disease of addiction and motivation of the individual to develop behavior that can assure total abstinence from addictive drugs including alcohol. Treatment plus Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) – twelve-step self-help programs – have helped millions of recovering addicts to change their behavior to adopt lifelong abstinence. Unfortunately, many recovering individuals need more support than AA and NA alone or even combined with formal treatment. Oxford Houses provide the additional support and the time to learn new behavior and to become comfortable in sobriety. Everyone is unique.

Oxford House™ recognizes individual uniqueness and an individual can live in an Oxford House™ as long as they want provided they stay clean and sober and pay their equal share of household expenses. Some stay a few months, others a few years. About 50% of Oxford House residents continue formal aftercare counseling. Residents also go to an average of 5 AA or NA meetings a week – even though there is no requirement to do so.

In 2003, Oxford House, Inc. received the *Harry V. McNeill Award* – a national award for effective community service – from the American Psychological Association. The successful concept and system of operation of Oxford House combined with independent outcome studies such as the NIAAA and NIDA sponsored DePaul University studies has made Oxford House a leader in cost-effective ways to provide recovering individuals with an realistic opportunity to successful change behavior.

In September 2006, 480 residents and alumni met in Wichita, Kansas to participate in the 8th Annual World Convention. A year later in September 2007, 560 residents and alumni participated in the 9th Annual World Convention in Washington, DC. Thanks to voluntary contributions of over \$200,000 from individual houses and partnerships with nine states and the District of Columbia, 123 new Oxford Houses were established during 2007. In November 2007 Oxford House World Services unveiled a new website that involves every house in the network of houses and enables real time vacancy reporting to help states, courts, treatment providers and the recovery community to know where and how to get into an Oxford House.

This 2007 Annual Report continues the tradition of absolute transparency by the publicly support umbrella organization Oxford House, Inc. Together with all the material provide on the website – www.oxfordhouse.org – it is hope that more partnerships can formed to make sure that recovering alcoholics and drug addicts are given the opportunity to become comfortable enough in recovery to avoid a return to the helplessness and hopelessness of addiction.



Oxford HouseTM

1975-2007

32 Years of Organized Self-Help To Enable Alcoholics and Drug Addicts to Recover Without Relapse

- Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Houses Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write, Call or E-Mail –

Oxford House World Services

1010 Wayne Avenue, Suite 300 Silver Spring, Maryland 20910