

Oxford House Profile Series 2017

State of Texas



Texas Development of Oxford Houses to Enhance Recovery from Alcoholism, Drug Addiction and Co-occurring Mental Illness

This report presents a profile of the Oxford Houses in the State of Texas. The state-supported Oxford House program has enabled over 50,000 recovering individuals to help themselves stay clean and sober without relapse. Oxford House, Inc. is a 501(c)(3) nonprofit umbrella organization dedicated to helping recovering individuals achieve comfortable, long-term sobriety without relapse.

About Oxford House, Inc.

Oxford House, Inc. [OHI] is the Delaware nonprofit, 501(c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 2,100 individual Oxford Houses. Its central office is at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Oxford House™ is a concept and system of operations based on the experience of recovering alcoholics and drug addicts who learned that behavior change is essential to recovery from alcoholism and drug addiction. They also learned that Oxford House provided the living environment that could help them become comfortable enough with abstinent behavior to stay clean and sober without relapse.

The Oxford House Manual® is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to successfully live together in a supportive environment. All Oxford Houses are rented ordinary single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women but there are no co-ed houses. Nationally the average number of residents per house is about 8, with a range per house of 6 to 16.

Oxford Houses work because they: (1) have no time limit for how long a resident can live in an Oxford House; (2) follow a democratic system of operation; (3) utilize self-support to pay all the household expenses; and (4) adhere to the absolute requirement that any resident who returns to using alcohol or drugs must be immediately expelled. Oxford House provides the missing elements needed by most alcoholics and drug addicts to develop behavior to assure total abstinence. It provides the time, peer support and structured living environment necessary for long-term behavior change to take hold.

Individuals living in an Oxford House learn or relearn values and responsible behavior and, slowly but surely, they develop long-term behavior to assure comfortable sobriety – forever. Some individuals live in Oxford Houses a few months; others for many years. By using participatory democracy and self-support, alcoholics, drug addicts and those with co-occurring mental illness develop long-term recovery.

After 42 years of steady growth and successful recovery outcomes, Oxford House™ has been proven to work and is a very cost-effective way to support long-term recovery without relapse. There are 200 Oxford Houses in Texas and more than 2,100 nationwide.

Oxford House is listed as a best practice on the National Registry of Evidence-based Practices and Procedures. [NREPP] and is singled out as an effective tool for long-term recovery in the recent U.S. Surgeon General's report: "Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health, 2016."

This evaluation of the Texas Network of Oxford Houses describes the operation and make up of the Oxford Houses in Texas. The program works and is highly cost-effective.

Silver Spring, Maryland
April 2017

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Oxford House™ – The Texas Resident Profile



Oxford House - Willowick
8602 Willowick Drive
Austin, Texas 78759

Oxford House – Willowick, at left, is a house for 13 men that was established in Austin on August 1, 1990. The house is a typical single-family detached house and, like all Oxford Houses, it is rented and supported by its residents. Now in its 27th year, Oxford House -- Willowick has served 735 individuals since it started. Of those total residents, about 132 individuals were been asked to leave because of relapse [18%]. However, 603 have stayed clean and sober while living in the house – an average 8 months – and, based on the DePaul University studies of relapse, more than 80% of the men have achieved long-term sobriety.

Creating an Effective National Recovery Network One House at a Time

Texas Oxford House™ Resident Profile

Number of Women’s Houses:	68	No. of Women Residents:	532
Number of Men’s Houses:	132	No. of Men Residents:	999
Total Number of Oxford Houses in Texas:	200	Total Number of Residents:	1,531
Average Weekly/Cost/ Person: Range	\$118 [\$75 – \$150]	Ave. Rent Per Group Per Month Range	\$1,420 [\$750- \$4,500]
Percent Veterans	6.3%	Average Age Median Range	36.6 yrs. 34.5 yrs. [18-72]
Residents Working 10/15/16:	87%	Average Monthly Earnings:	\$1,849
Percent Addicted To Drugs or both Drugs and Alcohol:	37%	Percent Addicted primarily to Alcohol:	63%
Race --		Marital Status --	
White;	79.9%	Never Married	57.3%
Black;	5.0%	Separated	7.7%
Hispanic	13.8%	Divorced	28.6%
Native American	1.3%	Married	4.4%
Other	1.0%	Widowed	2.0%
Prior Homelessness:	62%	Average Time Homeless:	7.0 Mos.
Prior Jail:	80.6%	Average Jail Time: Median	15.8 Mos. 3.2 Mos.
Average AA or NA Meetings Per Week:	4.3	Percent Going To Counseling <u>and</u> AA or NA:	41.7%
Average Length of Sobriety:	13.8 Mos.	Expelled Because of Relapse: [Average monthly rate]	6%
Average Length of Stay In An Oxford House:	7.1 Mos.	Average No. of Applicants For Each Vacant Bed:	4.3

Data are as of November 30, 2016 based on the standard OHI survey and monthly reports. The Houses/bed count is as of April 19, 2017. Drug of choice (alcohol alone or mainly drugs) derived from 12-step group attendance (AA only or AA and NA).

Oxford House 2017 World Convention: Washington, DC

August 31 – September 2, 2017

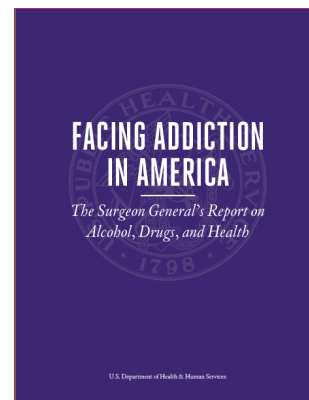
Register on line at www.oxfordhouse.org

Oxford House – A Nationally-recognized Effective Recovery Housing Program

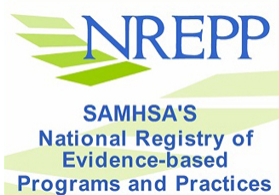
The November 2016 US Surgeon General’s Report, “*Facing Addiction In America*,” singled out Oxford House™ as a key program in the continuum of successful treatment for addiction. The Report summarized the evidence-based treatment outcomes as follows:

Outcomes:

- An 87 percent abstinence rate at the end of a 2-year period living in an Oxford House, four to five times greater than typical outcomes following detoxification and treatment.
- Comparisons between a group living in Oxford House and going to AA/NA versus a similar group that only goes to AA/NA show that the group living in an Oxford House had higher and more positive rates of self-efficacy and self-mastery.
- In a comparison study between Oxford House residents and a group that was assigned usual aftercare services, the Oxford House group had significantly lower substance use (31.3 percent vs. 64.8 percent), higher monthly income (\$989 vs. \$440), and lower incarceration rates (3 percent vs. 9 percent).



The Oxford House program is also listed as a best practice on the National Registry of Evidence-based Programs and Practices [NREPP]. The NREPP is a searchable online registry of mental health and substance abuse interventions that have been reviewed and rated by independent reviewers. The purpose of the registry is to assist the public in identifying scientifically-based approaches to preventing and treating mental and/or substance use disorders that can be readily disseminated to the field. The Oxford House Model is the only recovery house concept and system of operation that is listed on the NREPP. [See: <http://legacy.nreppadmin.net/ViewIntervention.aspx?id=223>].



Oxford House™ may have started the recovery evidence-based movement by encouraging residents to participate in research on recovery from alcoholism, drug addiction and co-occurring mental illness as early as 1987. In that year, William Spillane, Ph.D. had recently retired from the National Institute of Drug Abuse where he had been Deputy under Dr. Robert DuPont [now a member of the Oxford House, Inc. Board of Directors] and had begun an academic career at the Catholic University of America’s School of Social Work. Dr. Spillane asked residents of the 13 Oxford Houses then in existence if he could study what had happened to the residents of Oxford Houses since the program began in 1975.

Using the application forms retained by each of the 13 original Oxford Houses, Spillane tracked down about 1,200 former residents. In late 1987 he reported that 80% of them never drank alcohol or used illicit drugs again since they had lived in an Oxford House. The immediate reaction of the Oxford House leaders was to question what they doing wrong since 20% had relapsed. Spillane quickly explained that an 80% success rate was four or five times better than the normal success rate following treatment. Word of the Spillane study quickly spread and in 1988 Congress included a provision in the 1988 Anti-Drug Abuse Act [§2016 of PL 100-690] to encourage states to encourage self-run, self-supported recovery homes based on the Oxford House model. The 1988 Anti-Drug Abuse Act was the catalyst for the expansion of Oxford House™. Many states – including Texas in 1990 – supported the development of Oxford Houses in their state.¹

¹ While OHI worked with the state beginning in 1990, it was not part of Texas Oxford House development between 1993 and 2010. In 2010 the State of Texas and OHI re-entered a contractual relationship to develop and expand the statewide network of Oxford Houses.

The History of Oxford Houses in Texas

As this report is being written [April 2017], there are 200 Oxford Houses in Texas, with a total of 1,531 recovery beds – 999 for men and 532 for women. Each week the Texas Network of Oxford Houses continues to grow, affording more Texans in recovery the opportunity to get the time, peer support and safe living environment essential to learning new behavior sufficient to achieve recovery without relapse.

The first few Oxford Houses in Texas were established in 1990 when several Oxford House residents agreed to go to Dallas and Austin to help local recovering individuals to begin what is now a network of 200 Oxford Houses throughout the state. Oxford House – Dallas, [pictured at right] was established in February 1991 and has been operating as an Oxford House for men ever since. That Oxford House celebrated its 25th anniversary last year and has been home to more than 430 individuals. Most of its residents became comfortable enough in sobriety to stay clean and sober without relapse. The early residents were truly the pioneers of Oxford House development in Texas. In 1990, few would have dreamed that by 2017 there would be 200 Oxford Houses throughout the state, yet there are.



Oxford House - Dallas

726 Glendale Drive
Dallas, TX 75214

8 Men • Established February 1, 1991

Shortly after Oxford House-Dallas opened in 1991, the 12 Oxford Houses in Texas held a workshop in Dallas to encourage the development of more houses. An important guest at the workshop was Searcy W. [Searcy R. Whaley]. He was the 12th member of Alcoholics Anonymous [AA] in Texas. He became sober in 1946 and remained sober until his death 57 years later in 2003 at the age of 93. Searcy was a close personal friend of Bill Wilson, the founder of AA. At Bill Wilson's request, Searcy took Ebby T. home to live with him for over two years. It was Ebby T. who introduced Bill Wilson to the Oxford Group in 1934, out of which AA was born.

"We used to bring the newcomer to AA home to live with us to help keep them on the wagon long enough for sobriety to take hold. When I learned about Oxford House and how it worked, I realized it was re-introducing the dedication known by us old-timers in AA."

From Searcy W's remarks at an Oxford House workshop in Dallas in 1991

For those Oxford House residents at the first Oxford House Workshop in Texas, Searcy's presence was very inspiring. In particular, the words in the box at

the left, linked the fledging Texas Oxford House movement to a man whose life was a prime example of long-term recovery without relapse and he attributed his long-term recovery to the self-help principles of AA and underscored the importance of Oxford House with his endorsement and direct tie-in to his early experience leading to his nearly half century of sobriety.

Searcy's testimonial endorsement of Oxford House did three things: [1] it confirmed that recovery from addiction was possible, [2] it underscored the value of peer support and self-help, and [3] it directly tied living together in a recovery house to greatly increasing the odds of making the behavior changes necessary to achieve long-term recovery from alcoholism and drug addiction. Moreover, because Searcy was so much of Texas AA history, it paved the way for 12-step members throughout the state to welcome Oxford Houses to their statewide family.

Today, thousands of Texans have lived in the statewide network of Oxford Houses. In September 2016, the annual Oxford House World Convention was held in Dallas and more than 1,200 residents and alumni attended. Pictured below is the Texas delegation outside the Hilton Anatole Hotel where the 2016 convention was held.²



The convention was crammed full of substantive information about alcoholism, drug addiction and co-occurring mental illness. Attendees enjoyed four general sessions, five breakout sessions with five expert panels each, and socialized with fellow recovering Oxford House residents from all around the country. Participants from around the country marveled at the grand Texas hospitality that they experienced as well the educational and engaging experiences offered at the convention. In addition, participants enjoyed much good food and social activities.

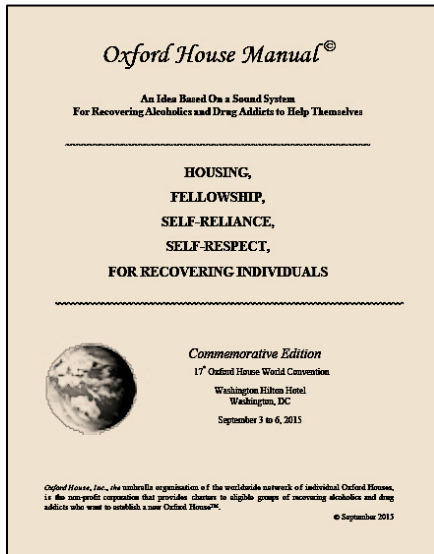


Everyone worked hard, had a good time and came away committed to the expansion of Oxford Houses. Texas Oxford House residents are proud of being part of a dynamic movement to have finally licked the curse of addiction.

² See the full convention program at www.oxfordhouse.org under "About Us/History" at Eighteenth Annual Convention.

How Oxford Houses Work

Each Oxford House™ is self-run and self-supported. Within the Oxford House™ community it is often remarked that “the inmates run the asylum.” They do. Such participatory democracy not



only is cost-efficient but it also provides the foundation for personal change. Each resident rises to the occasion whether it is voting on acceptance of a new resident, expelling a resident who relapses, carrying out the duties of being a house officer, or simply voting on an issue at a weekly house business meeting. All of the process and procedures are set forth in the Oxford House Manual[©] and related materials.³ Along with the mutual support and supervision individual Oxford Houses provide for each other through chapters and statewide associations, uniformity and quality control is assured. In Texas one can visit an Oxford House in San Antonio, Corpus Christi, Houston, Dallas or anywhere else in the state and immediately recognize that the particular recovery group within each house is following the same game plan of helping each other become comfortable enough in new behavior to avoid a return to addictive use.

Visiting any one of the more than 2,100 Oxford Houses throughout the country provides the same affirmation.

Each weekly house business meeting illustrates participatory democracy and pragmatic problem-solving in action. Each meeting opens with a reading of one of the nine Oxford House Traditions. This underscores the purpose of Oxford House and sets the tone for the entire meeting. The House President calls the meeting to Order and asks the Secretary to read the minutes of the last business meeting. The minutes are then either accepted by majority vote or amended based on a motion to amend and majority vote. Robert’s Rules of Order dictates parliamentary procedures. The Treasurer reports on the balances of the group’s checking account, the Comptroller reports on whether every resident is up-to-date in paying an equal share of household expenses and the Chore Coordinator reports on how well the residents have adhered to the chore list during the previous week. The group then considers new business, which may range from a personality issue within the house or plans for a social event such as a picnic or bowling.

Oxford House Officers

- President
- Secretary
- Treasurer
- Comptroller
- Chore Coordinator

Just as many large families have get-togethers to share each other’s company and knowledge, Oxford Houses do too. The officers of each individual house get together once a month at a Chapter meeting. Those meetings also follow disciplined procedures and elect officers and they stage events to enjoy each other in non-drinking, non-using “fun” activities.

³ Oxford House is organized from the bottom-up. In addition to the basic Oxford House Manual[©] there is an Oxford House Chapter Manual[©], an Oxford House World Council Manual[©] and an Oxford House State Association Manual[©]. Along with a growing number of standardized forms these manuals provide a definitive blue print for each Oxford House to uniformly follow processes and procedures that reflect the successful formula that makes Oxford House™ the only best practice listed on the National Registry of Evidence-based Programs and Practices.

Common to all Oxford Houses is participatory democracy and pragmatic problem-solving whether it involves personality problems or a broken dishwasher. If there is a problem the group



Pictured above in 2016 is a group of Austin Oxford House residents following a spirited volleyball tournament among local Oxford Houses.

faces it and comes up with ways to resolve it. Each resident has an equal vote and pays an equal share of household expenses. Stigma associated with recovery from addiction is discouraged but stigma with respect to active addiction is not discouraged. A return to active addiction results in immediate expulsion from an Oxford House. The reason for this is that active addiction almost always results in bad behavior that adversely affects the individual and his or her family and community.

Not everyone masters the new behavior necessary to stay away from using alcohol or other addictive drugs within the same time frame. It is not good public policy to help only a few individuals who are lucky enough to get on a successful path to treatment. The Oxford House concept is based on easy expansion rather than arbitrarily limiting the time of residency in order to guarantee fair access. When a particular house is staying full, stable and operating well, renting another house is the better way than imposing a time limit on residency in order to make room for the newcomer.

Research has been key to affirmation that Oxford House™ can make a big difference for individuals to achieve long-term recovery without relapse. Because ‘recovery without relapse’ is the desired norm, not the exception, every Oxford House resident tries to avoid a relapse and to be a useful and productive member of his or her Oxford House and also learn to have fun without the use of alcohol or drugs. By developing a new lifestyle each individual gains confidence that life with using alcohol or illicit drugs is possible. That confidence carries over whenever a resident moves out of an Oxford House clean and sober.

While research on AA has been limited by the role of anonymity in recovery, the willingness of Oxford Houses to open their doors to academic research gives us an opportunity to see recovery from addiction in action.

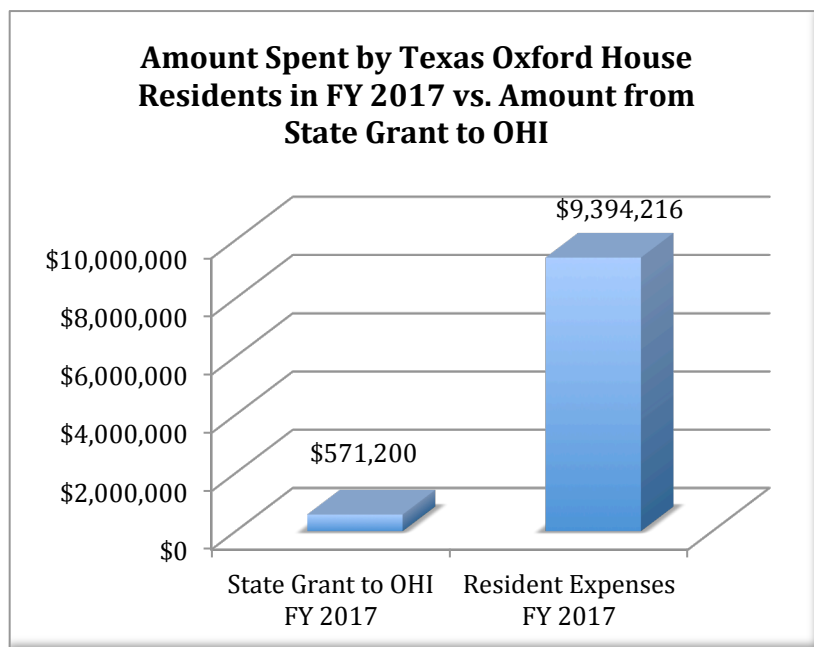
Dr. Jeffery Roth, M.D.
Editor, *Journal of Groups in Addiction and Recovery*
July 2010

Oxford House, Inc. [OHI] – the 501[c][3] nonprofit umbrella organization – uses trained outreach workers and start-up loan management to develop new houses and a time-tested system of quality control to make sure that houses stay on track. Each year the organization completes an in-depth review of performance of Oxford Houses within particular states. Part of that process is the administration of a standard profile questionnaire to be completed by residents of Oxford Houses within a state. Each resident completes the standard questionnaire [available at the Oxford House website: www.oxfordhouse.org under “Publications/General” by scrolling to bottom of the page] that has been used to create resident profiles since 1989.

This profile of Texas Oxford House residents was conducted during November and December of 2016. It is a regular part of internal research to make certain that Oxford Houses are reaching those who need supportive housing to achieve long-term recovery without relapse. It follows the last annual report on Texas Oxford House residents that was published in 2015 and which is available at www.oxfordhouse.org under “Publications/Evaluations/State.”

Cost Effectiveness of Oxford Houses

The development cost [\$571,200 in FY 2017] incurred by the State of Texas for a strong network of Oxford Houses is relatively modest because each Oxford House itself is self-run and self-supported.⁴ For each one dollar of the \$571,200 state grant in FY 2017, the residents in the



Texas network of 200 Oxford Houses spent \$16.45 to pay rent to the landlord and pay other household expenses. The graph at the left illustrates the relative cost burdens. The way that most residents get money to pay their equal share of household expenses is to get a job and work. A few will be receiving Social Security or other benefits. As noted below, at the time of the 2016 survey, about 87% of the residents were employed and earning wages. The other 13% were either looking for employment or were retired. The equal share of household

expenses varies depending the expenses associated with a particular house and the number of residents. The average share of expenses is \$118 a week [range \$75 to \$150]. This per resident low cost is because the average number of residents per house is 7.7. By living together and sharing costs, residents are able to rent a good house in a good neighborhood without pricing themselves out of the market.

One basis of comparison would be to compare the costs of operating a statewide network of traditional halfway houses with the statewide network of Oxford Houses. When the original Oxford House started in 1975, it replaced a halfway house that had a cook, counselor and house manager on its payroll. The operational cost in 1975 dollars was approximately \$114,000 or about \$533,000 in today's dollars – about equal to the total amount of the state contract with OHI. In other words, using the traditional halfway model, Texas could get one house [13 beds] for about the same cost as for the 1,533 beds delivered by the Texas network of 200 Oxford Houses.

Of course, long-term recovery is the greatest benefit that Texas gets from the development of a statewide network of Oxford Houses. Each month the state receives a report showing all admissions to and departures from the Texas network of Oxford Houses. Over the last year, departures because of relapse have averaged about 6% per month. Most relapses occur within the first month or so of residency at an Oxford House. The fact is that most Oxford House residents take advantage of living in an Oxford House and learn the behavior needed to stay clean and sober.

⁴ The fiscal year is from 9/1/2016 to 8/31/2017.

The story below was written by a former resident of a Texas Oxford House. It illustrates how Oxford House living can greatly improve the odds that a person in recovery can gain long-term recovery without relapse.

Amber Wyatt's Story

From the first time I ever ingested a mind-altering substance, I felt complete. I loved the mind-numbing sensation that came with whatever I decided to do that day. I'm what people call a trash can user. I used everything and anything that was put in front of my face. I had my favorites of course, a mixture of benzos and opiates, but I did not discriminate.

I started using at 14, and as traumatic situations happened in my life, I spiraled even farther down the rabbit hole. I was sexually assaulted at age 16, and reported it. When this happened, I did not know how to cope with the pain of being violated or the judgment from my peers. My mom was not able to be there for me because of her addiction and I felt alone. My drug intake increased, and so did my criminal activity. By the age of 20, I had 2 DWI's, 1 DUI, 2 possession charges, and a PI. I was kicked out of college, lost my licenses, lost friends from my addiction, and couldn't hold a job.

By the age of 21, I had overdosed 3 times. The third happened at age 21 on Cocaine, Methadone, Klonopin, and vodka. I ended up having kidney failure, put on dialysis and learning how to walk again after surgery on my leg from being collapsed on the floor for 5 hours before being found. A few months after that, my best friend was found dead in a hotel room. To cope with that, I tried heroin and fell deeply in love with it. Over the next 3 years, I did not see anyone unless I was getting drugs from them.

My last binge was in January of 2014. I used meth, heroin, Xanax, and vodka for about 2 weeks. When I ran out of money and people I could use, I laid in my bed, detoxing, feeling every fiber in my body growing and aching. This is when the gift of desperation came flowing through me. I realized how I wanted so much for myself and the only way to get it was to get clean and sober. I was finally ready to go to rehab. I checked in to Cenikor in Waco, away from the DFW area. On my third day there, a woman came and did a presentation about Oxford House. I remember thinking, "She looks happy. That is EXACTLY what I want."

Little did I know that my life was about to completely change. I not only become responsible, I also became loving and compassionate. I became giving and humble. I became charismatic and funny. I became trustworthy and loyal. I have so many wonderful friends from Oxford that I would literally do anything for. I learned to hold not only other people up to the rules, but to hold myself accountable too. I am back in school. I have had a job for a whole year! What!? I pay my own bills. I have built up a wonderful relationship with my family. I can now pray for my mom, who is still in her addiction. The most profound thing that has happened to me is I have found a higher power and spirituality that I never knew was possible. I have worked my steps twice. I get to give back everything I have been given, and nothing but peace and serenity come from that.

I have been sober since January 22, 2014, and I owe it all to my higher power, the steps, the support from my friends and family, and very importantly, Oxford House. Thank you.

Amber moved out of Oxford House in 2016 and is still clean and sober.

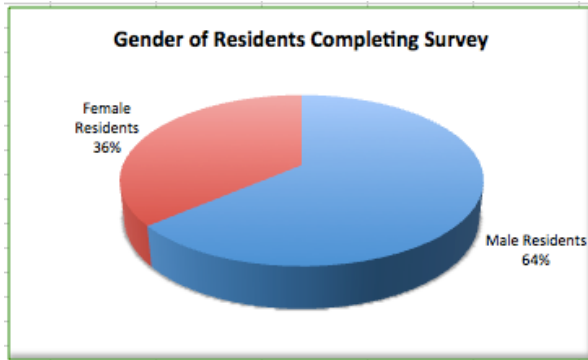
One study financed by NIDA and conducted by DePaul University in Chicago examined the long-term success. In that study, researchers followed 897 residents in 219 Oxford Houses across the country for over two years by interviewing them every three months. The study found that only 13.7% of those individuals returned to drinking alcohol or using drugs during the 27-month survey period. [See the report of this study at [The need for substance abuse after-care: Longitudinal analysis of Oxford House](#) at website: www.oxfordhouse.org under "Publications/Evaluations/DePaul."

Nationally the relapse rate for Oxford House residents is about 18% a year. Most expulsions from an Oxford House for relapse occur during the first three months of Oxford House residency. Often a person who is expelled from an Oxford House because of relapse gets back on a sober track and reapplies to live in an Oxford House. However, to date there have not been any studies to quantify how many return to living in an Oxford House following expulsion for relapse. As a general rule, when an individual applies to an Oxford House after having been expelled for relapse, the House will usually require a showing that the applicant has at least four weeks of sobriety following the relapse.

Peer support to learn behavior necessary to avoid relapse exists in every Oxford House. The longer a recovering individual stays clean and sober the more likely they will avoid relapse.

The Texas Oxford House Population

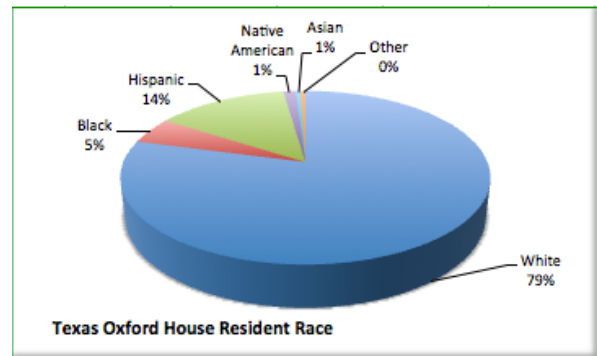
The Texas network of Oxford Houses currently [April 2017] consists of 200 Oxford Houses – 68 for women and 132 for men. When residents completed the survey forms in November, 2016, there were 16 fewer houses with 151 fewer beds and 184 vacancies. At that time, there were 1,192 residents in Texas Oxford Houses. Of those 1,192 residents, 894 [75%] completed the survey questionnaire. Responses were received by 321 women and 573 men.



There are Oxford Houses for men and for women but there are no co-ed Oxford Houses. Some of the Oxford Houses also house children of residents. There are almost twice as many beds for men as for women. The percentages of men and women in Texas Oxford Houses are about the same as percentages of those going through treatment. The Federal TEDS data shows about a 60/40 split between men and women entering treatment for alcoholism and

drug addiction – very close to the 64/36 split among Oxford House survey participants or the current 65/35 split between Oxford House beds for men and women.

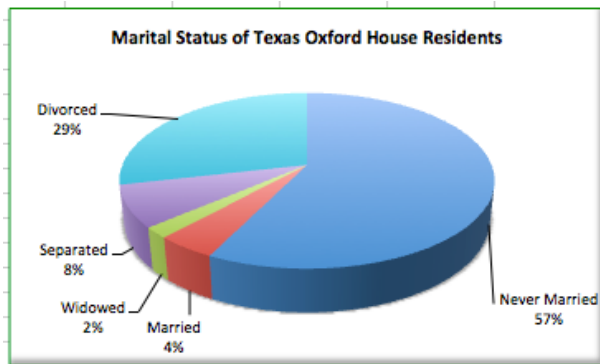
In a similar manner, the Texas Oxford House population reflects the diversity of the state's population as a whole. Alcoholism, drug addiction and co-occurring mental illness cut across society in an egalitarian way. The graph at the right shows the diversity of the Oxford House residency in the state. The questionnaire completed by the residents relies upon self-determination of race and individuals are able to check only one category. Therefore, some slight variation between U.S. Census data and the surveyed population is likely. Two conclusions can be drawn: [1] the Oxford House resident population is diverse, and [2] the Oxford House



Texas population is 5% Black (the U.S. Census data shows the Texas population is 13% Black).⁵ As the Texas network of Oxford Houses expands throughout the state, it is likely that racial diversity will match the overall population diversity within the state.

The residents range in age from 18 to 72 with an average age of 36.6 years old (median: 34.5 years old). Because there is no time limit on residency, experience has shown that, over time, the average age of Oxford House residents tends to increase as some residents remain longer in an Oxford House. Nationally where many of the houses have existed for many years, the average age of Oxford House residents is 38.8, only slightly greater than the average age of Texas Oxford House residents.

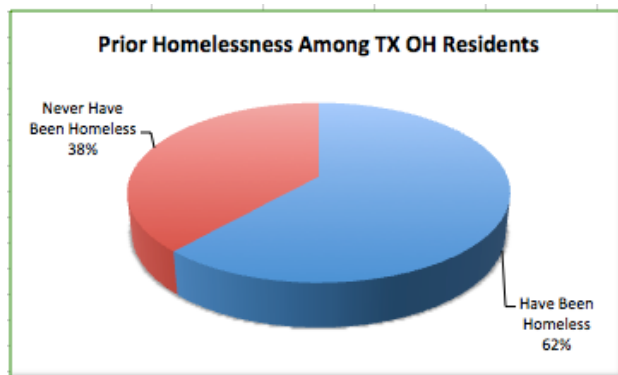
⁵ Race is self-identified by the questionnaire responder. Since the "Hispanic" category includes either Whites or Blacks, the "Black" category is artificially low.



Most [57%] of the Texas Oxford House residents have never been married. This is a little higher than national Oxford House statistics [44%] but the “never married” category is the highest category in Oxford Houses for every state. Alcoholism and drug addiction obviously take a toll on marriage with 37% of Texas residents either divorced or separated. There is no correlation between marital status and race or gender.

Educational attainment levels among Texas Oxford House residents are similar to distributions among Oxford House residents on a national basis. The average educational attainment is 11.8 years. [National: 12.2 years.] The range of educational attainment among Texas residents is from 2 years to 22 years with a median of 12 years. Of interest is the fact that 74 [8.3%] of the residents indicated that they were currently students. This is typical.

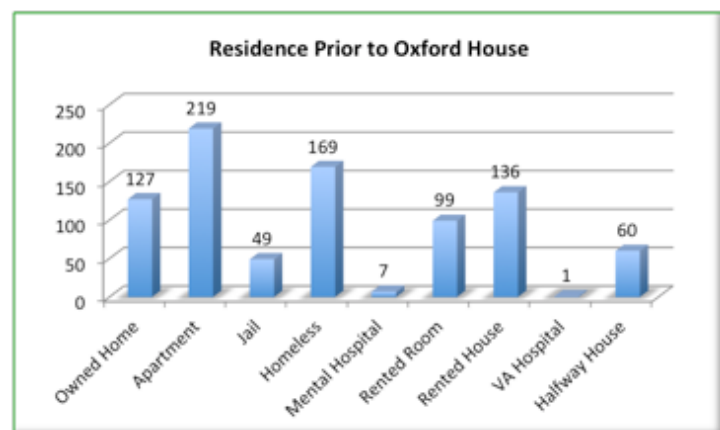
At the University of North Carolina at Chapel Hill, the university sponsors two Oxford Houses for students and the city has 14 additional Oxford Houses in the town. The living environment in an Oxford House is not only supportive of staying clean and sober but is also inexpensive. Therefore, it benefits the student in recovery who wants to both continue education and strengthen his or her long-term recovery without relapse. At some point the network of Oxford Houses in Texas might want to focus on colleges and college community.



Every Oxford House resident appreciates having a good place to live. More than half [62%] of the Texas Oxford House residents have experienced homelessness during their addiction-filled years. The average number of times they had been homeless was 2.1 and the duration of homelessness averaged 7 months [210 days]. As a matter of fact, over 9% of the Texas Oxford House residents came directly from homelessness into an Oxford House. Clearly, that group of

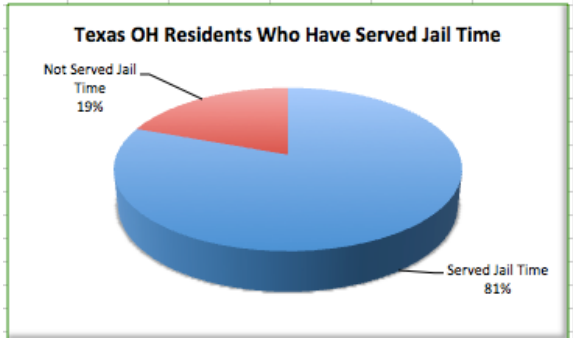
individuals greatly increased their odds of staying clean and sober by joining the Oxford House family.

As the graph to the right shows, nearly half [47%] of the Texas Oxford House residents were in marginal living environments just prior to living in an Oxford House. Of those, 169 were homeless. An additional 49 came directly from jail and 39 came from a rented room; 7 came from a mental hospital and 60 came from a halfway house. Only 14% came from an owned home; 15% from a rented house and



24% from an apartment. For most residents, Oxford House puts a brake on cycling in and out of treatment or incarceration following a pattern of relapse.

Most of the residents in Texas Oxford Houses [80.6%] have served jail time. The average length of jail time is 15.8 months, ranging from a day or two to 25 years. The median jail time served

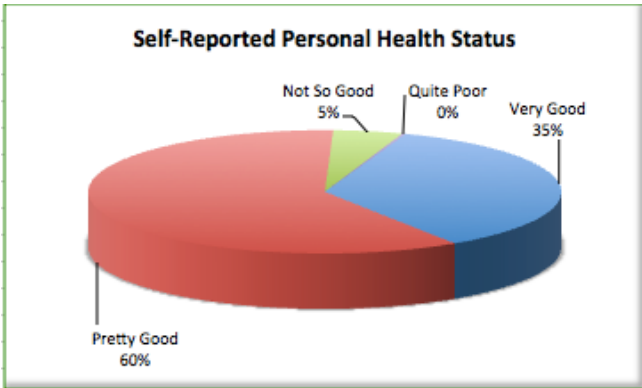


was 3.2 months. Many of those who served jail time report that their sobriety began in jail. This partially accounts for the fact that the average length of sobriety among Texas Oxford House residents is 13.5 months. The median length of sobriety is 7 months. Some of those who have not done jail time are in drug court programs. A little over 3% [28] of the residents moved into an Oxford House while in drug court and hope to stay clean and sober and avoid jail time.

The number of times that a person has been through formal residential treatment is 2.5 times but this does not take into account the fact that incarceration has served a similar function. The residents currently go to 4.3 AA or NA meetings each week.⁶ If one assumes that those who go to only AA meetings and no NA meetings are primarily alcoholics, then 63% are primarily alcoholics. Conversely, those who go to AA and NA meetings [37%] are assumed to be primarily addicted to illicit drugs. Increasingly a number of individuals recovering from opioid addiction [Heroin] are moving into Texas Oxford Houses and the Oxford Houses are acquiring Narcon kits for use in the event of an opioid relapse and overdose.

In a question to elicit self-reporting and assessment of individual overall health, the respondents rated their health as follows: very good [311], pretty good [528], not so good [42], and quite poor [2].

The graph at the right illustrates the range of answers. The respondents were addressing overall health – not their addiction. When it comes to what they are doing about their addiction – in addition to living in an Oxford House – all were attending 12-Step meetings during each week. The average number of AA and/or NA meeting attended each week is 4.3. This is more than twice as many meetings per week than the average 12-Step meeting attendee. This is significant when one considers that there is no requirement that an Oxford House resident attend 12-Step meetings; attendance is voluntary. Moreover, the surveys show that 41.7% of the residents visit a counselor each week, again showing that Oxford House living fosters a focus on changing behavior to achieve long-term recovery without relapse.

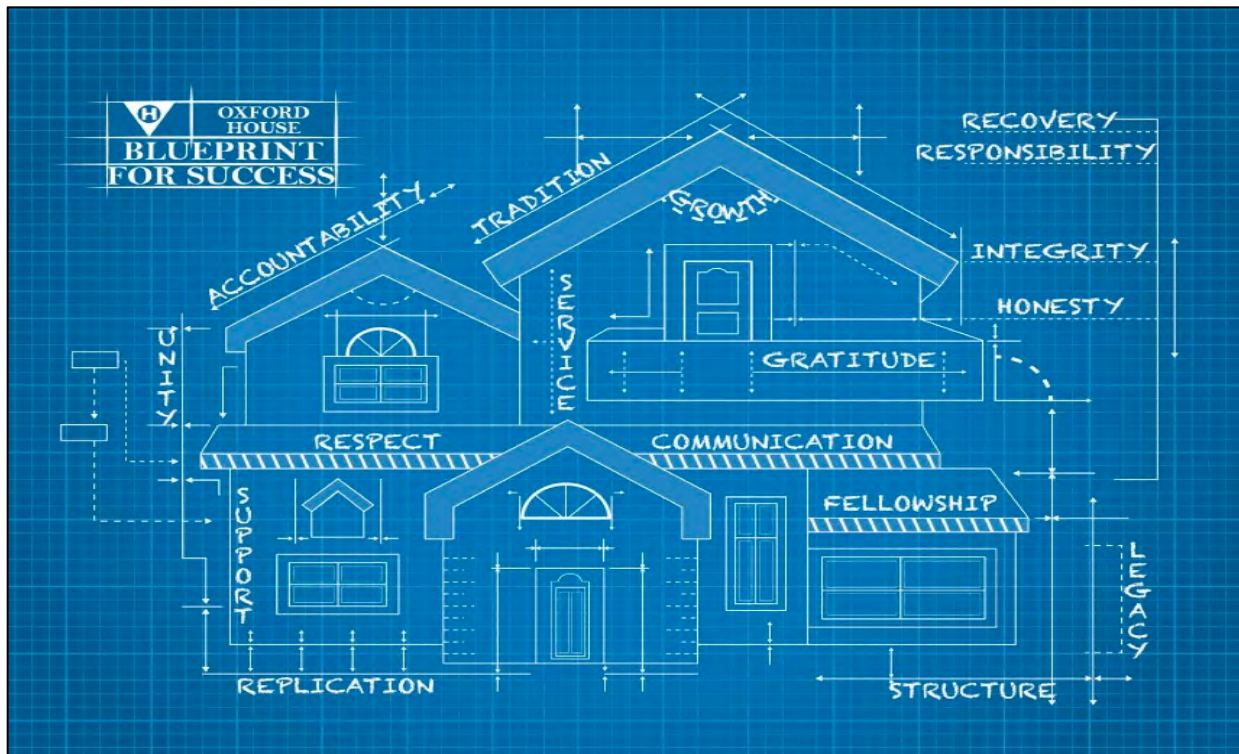


The Oxford House concept and system of operations relies upon participatory democracy, self-help and self-support to instill in all Oxford House residents a sense of purpose and community. Research has demonstrated that that, in addition to providing a safe place to live, the self-help

⁶ AA surveys show that the average member goes to 2 meetings a week. The Texas Oxford House residents go to more than twice as many meetings.

structure of an Oxford House provides individuals with the means for changing behavior sufficiently to become comfortable enough in sobriety to stay clean and sober for the long term.

Alcoholics, drug addicts and those with co-occurring mental illness must develop new behavior if they are to become able to gain long-term recovery. The DePaul University researchers examined the rate of growth in optimism, abstinence self-efficacy and self-mastery [cognitive resources] a few years ago between two samples of recovering substance abusers: Oxford House residents who attended 12-step meetings and 12-step members who had never lived in an Oxford House. Oxford House residents reported significantly higher levels of abstinence self-efficacy than 12-step members and gained optimism and self-mastery much faster.⁷ [See text of article reporting results at [Optimism, Abstinence Self-Efficacy, and Self-Mastery, A Comparative Analysis of Cognitive Resources.](#)]



The theme of last year’s Oxford House national convention in Dallas was “Oxford House – The Blueprint for Success.” Looking at the schematic above one can see how all the good values every person desires are inherent in the establishment and functioning of an Oxford House™.

Conclusion

The Oxford Houses in Texas are growing and thriving. With the continued support of all Oxford House residents and the State of Texas, the network of Oxford Houses should continue to expand and serve many more of the Texas residents who choose to seek long-term recovery without relapse in a Texas Oxford House.

⁷ John M. Majer, Leonard A. Jason, Bradley D. Olson, DePaul University, *Optimism, Abstinence Self-Efficacy, and Self-Mastery: A Comparative Analysis of Cognitive Resources*, ASSESSMENT, Volume 11, No. 1, March 2004 57-63.

Oxford Houses of Texas Directory

Oxford House - Abilene

3102 Button Willow Pkwy
Abilene, TX 79606
325-701-4915
8 / M
Oxford House since Jun '14

Oxford House - Tronewood

8906 Tronewood Drive
Austin, TX 78758-6546
512-436-9161
7 / W
Oxford House since May '05

Oxford House - Colony Park

7308 Colony Park Dr
Austin, TX 78724-4402
512-394-6687
8 / W
Oxford House since Feb '14

Oxford House - Honeybear

2509 Patsy Parkway
Austin, TX 78744
512-351-9092
8 / W
Oxford House since Jun '16

Oxford House - South Willis

2217 South Willis St.
Abilene, TX 79605
325-701-4382
6 / W
Oxford House since Aug '15

Oxford House - Dovemeadow

4412 Dovemeadow Drive
Austin, TX 78744-4344
512-294-2412
7 / M
Oxford House since Sep '06

Oxford House - Battle Bend

703 Battle Bend Blvd
Austin, TX 78745
512-441-4411
8 / W
Oxford House since May '14

Oxford House - Genesis

2910 Loyola Lane
Austin, TX 78723
512-926-8732
10 / WC
Oxford House since Dec '16

Oxford House - Kirby Deuce

643 Palm St
Abilene, TX 79602
512-789-9446
9 / M
Oxford House since Feb '17

Oxford House - Parkfield

5402 Jeffburn Cove
Austin, TX 78745-3012
512-537-0985
7 / M
Oxford House since Apr '07

Oxford House - Slayton

9303 Slayton Drive
Austin, TX 78753
512-382-5947
6 / M
Oxford House since Jun '14

Oxford House - Airport

4406 Airport Blvd
Austin, TX 78722
512-358-4904
8 / M
Oxford House since Jan '17

Oxford House - Fielder

2314 Oak Manor
Arlington, TX 76012-4967
682-706-3229
7 / W
Oxford House since Sep '14

Oxford House - Tech Ridge

12342 Copperfield Drive
Austin, TX 78753-7092
512-305-3479
9 / M
Oxford House since Nov '08

Oxford House - Randall

9904-A Randall Drive
Austin, TX 78753
512-614-1703
8 / M
Oxford House since Jun '15

Oxford House - Parmer

12609 Rampart St
Austin, TX 78727-4456
512-358-1643
8 / M
Oxford House since Jan '17

Oxford House - Copperfield

11914 Oakbrook Dr
Austin, TX 78753
512-215-0245
6 / W
Oxford House since Jun '99

Oxford House - Rockridge

2306 Rockridge Drive
Austin, TX 78744-5032
949-298-6277
7 / M
Oxford House since Sep '09

Oxford House - Delta

2311 Tamarisk Circle
Austin, TX 78744
512-442-1658
6 / M
Oxford House since Aug '15

Oxford House - Erie

3140 Delaford Dr
Carrollton, TX 75007-3746
972-810-0191
7 / W
Oxford House since Feb '98

Oxford House - Werner Hill

1409 Werner Hill Drive
Austin, TX 78753-4430
512-836-9500
6 / M
Oxford House since Oct '95

Oxford House - Northcrest

305 Younger Court
Austin, TX 78753
512-305-3191
6 / M
Oxford House since Nov '10

Oxford House - Laska

6901 Vassar Drive
Austin, TX 78723
(512) 524-0147
7 / W
Oxford House since Sep '15

Oxford House - Central Park South

4613 Kirkwood Drive
Corpus Christi, TX 78415-2719
361-452-0612
7 / M
Oxford House since Jan '09

Oxford House - University Hills

6905 Creighton Lane
Austin, TX 78723-2237
512-369-3994
9 / W
Oxford House since Feb '99

Oxford House - Dallum

9402 Dallum Dr
Austin, TX 78753-4517
512-833-9134
9 / M
Oxford House since Apr '13

Oxford House - Laguna

3302 Laguna Dr
Austin, TX 78741
512-298-1828
8 / M
Oxford House since Nov '15

Oxford House - La Palmera

5110 Janssen Drive
Corpus Christi, TX 78411-2622
361-442-2712
6 / M
Oxford House since Jul '11

Oxford House - Willowick

8602 Willowick Drive
Austin, TX 78759-7533
512-433-6499
13 / M
Oxford House since Aug '90

Oxford House - Huddleston

8012 Huddleston Dr
Austin, TX 78748-4909
512-912-9262
7 / W
Oxford House since Sep '13

Oxford House - Buffalo Pass

5212 Buffalo Pass
Austin, TX 78745
737-484-1801
7 / M
Oxford House since Feb '16

Oxford House - Santa Monica

514 Santa Monica Place
Corpus Christi, TX 78411-2206
361-334-0240
7 / W
Oxford House since Apr '12

Oxford House - Collingsworth

1005 Collingsworth Drive
Austin, TX 78753-4506
512-953-9816
8 / M
Oxford House since Jul '02

Oxford House - Greenridge

4711 Greenridge Terrace
Austin, TX 78745-2318
512-992-1485
7 / M
Oxford House since Dec '13

Oxford House - Longhorn

7200 Teaberry Drive
Austin, TX 78745
737-300-1799
8 / M
Oxford House since May '16

Oxford House - Oceanside

3511 Floyd St
Corpus Christi, TX 78411-1315
361-334-3270
7 / W
Oxford House since Nov '12

Oxford House - Carroll Woods
4326 Honduras Dr
Corpus Christi, TX 78411-5007
361-334-6005
7 / M
Oxford House since Feb '13

Oxford House - Seaside
413 Sheridan Dr
Corpus Christi, TX 78412
361-334-3655
7 / W
Oxford House since Dec '14

Oxford House - Meandering Way
16919 Park Hill Dr
Dallas, TX 75248
972-707-0092
8 / W
Oxford House since Aug '01

Oxford House - Campbell
7314 Campbell Road
Dallas, TX 75248-1631
214-812-9158
9 / M
Oxford House since Jan '14

Oxford House - Arbor Park
5030 Bonner Drive
Corpus Christi, TX 78411-4715
361-371-1541
8 / M
Oxford House since Nov '13

Oxford House - Tiger Creek
4306 Honduras Dr
Corpus Christi, TX 78411
361-356-6409
7 / M
Oxford House since Feb '15

Oxford House - North Park
3624 Coral Gables Drive
Dallas, TX 75229-2619
214-750-1440
8 / M
Oxford House since Aug '91

Oxford House - Country Club
11319 Drummond Circle
Dallas, TX 75228
(214) 377-7614
8 / M
Oxford House since Jun '14

Oxford House - Oleander
333 Oleander Ave
Corpus Christi, TX 78404-1732
361-371-5403
8 / M
Oxford House since Dec '13

Oxford House - Rolling Stones
6618 Pharaoh Drive
Corpus Christi, TX 78412
361-929-5733
8 / WC
Oxford House since Jul '15

Oxford House - Wyatt
10505 Wyatt Street
Dallas, TX 75218-2356
214-484-9664
7 / W
Oxford House since Jun '92

Oxford House - Whispering Hills
12802 Whispering Hills Drive
Dallas, TX 75243
469-726-2777
6 / M
Oxford House since Jun '14

Oxford House - Braesvalley
4902 Brinkwood Dr
Corpus Christi, TX 78413-2408
361-444-5711
9 / M
Oxford House since Mar '14

Oxford House - Nirvana
9321 Evening Star Lane
Corpus Christi, TX 78409
361-504-4505
8 / M
Oxford House since Jul '15

Oxford House - Junius
7317 Alto Caro Dr
Dallas, TX 75248-4242
972-290-0232
8 / W
Oxford House since May '08

Oxford House - Far Hills
13910 Far Hills Lane
Dallas, TX 75240-3739
214-272-7131
7 / M
Oxford House since Oct '14

Oxford House - Saint Andrews
5201 Bromley
Corpus Christi, TX 78413
361-452-5977
8 / W
Oxford House since Apr '14

Oxford House - Gratitude St
1106 Salem Dr
Corpus Christi, TX 78412
361-334-2284
7 / M
Oxford House since Apr '16

Oxford House - London Fog
7003 London Fog Drive
Dallas, TX 75227-6722
214-775-0188
7 / M
Oxford House since Jun '08

Oxford House - Equinox
11005 Swafer Dr
Dallas, TX 75228
214-812-9374
7 / M
Oxford House since Oct '14

Oxford House - Rio Vista
6057 Edgewater Dr
Corpus Christi, TX 78412
361-929-5296
9 / WC
Oxford House since Aug '14

Oxford House - South Shore
509 Rawleigh Dr.
Corpus Christi, TX 78412
361-334-2159
7 / M
Oxford House since Aug '16

Oxford House - Rambling
3047 Rambling Dr
Dallas, TX 75228-5155
972-773-9644
7 / M
Oxford House since Nov '12

Oxford House - Amethyst
11906 Oak Highland Dr.
Dallas, TX 75243
469-930-7838
8 / W
Oxford House since Jan '15

Oxford House - Parkdale
4218 Dolphin Place
Corpus Christi, TX 78411
391-500-4146
7 / M
Oxford House since Sep '14

Oxford House - Coral Reef
617 Coral Place
Corpus Christi, TX 78411
361-334-3167
7 / MC
Oxford House since Sep '16

Oxford House - Odette
11031 Odette Ave
Dallas, TX 75228-2315
214-377-9675
10 / W
Oxford House since Oct '13

Oxford House - Electric
10410 Carry Back Circle
Dallas, TX 75229
214-272-7749
11 / M
Oxford House since May '15

Oxford House - Sinclair
3318 Santa Fe St
Corpus Christi, TX 78411
361-334-1025
8 / W
Oxford House since Dec '14

Oxford House - Catalpa
10231 Catalpa Road
Dallas, TX 75243-5120
972-863-3973
6 / M
Oxford House since Jul '99

Oxford House - Lakewood 2
5406 Gaston Ave
Dallas, TX 75214
469-730-2947
9 / M
Oxford House since Oct '13

Oxford House - Harkness
13215 Harkness Dr.
Dallas, TX 75243
469-913-7565
10 / M
Oxford House since Oct '15

Oxford House - Abbey Road
5710 Abbey Dr
Corpus Christi, TX 78413
(361) 425-0181
8 / M
Oxford House since Jan '15

Oxford House - Dallas
726 Glendale Drive
Dallas, TX 75214-4628
214-826-4329
8 / M
Oxford House since Feb '91

Oxford House - Truxillo
11023 Odette Ave
Dallas, TX 75228-2315
972-677-7341
7 / W
Oxford House since Nov '13

Oxford House - Middle Way
17912 Hillcrest Road
Dallas, TX 75252
214-484-9541
8 / W
Oxford House since Dec '15

Oxford House - White Rock
8453 Banquo Rd
Dallas, TX 75228
214-647-1392
8 / W
Oxford House since Jun '16

Oxford House - Milam
1967 Milam Street
Fort Worth, TX 76112-5216
817-653-7716
6 / M
Oxford House since Mar '11

Oxford House - Walton
5812 McCart Ave.
Fort Worth, TX 76133
682-841-0160
7 / W
Oxford House since Dec '15

Oxford House - Solace
3405 Valley View Lane
Garland, TX 75043
469-814-0037
7 / W
Oxford House since Nov '14

Oxford House - Woodstone
7963 Woodstone Ln
Dallas, TX 75248
972-707-0064
8 / M
Oxford House since Jun '16

Oxford House - Fort Worth
1125 Fairweather Dr
Fort Worth, TX 76120-3325
817-496-3200
7 / W
Oxford House since Oct '12

Oxford House - Woodway
3813 Winifred Dr.
Fort Worth, TX 76133
682-841-1167
7 / M
Oxford House since Feb '16

Oxford House - Firewheel
2600 Holm Dr.
Garland, TX 75041
469-661-8780
12 / WC
Oxford House since Aug '15

Oxford House - Highlander
7219 Highland Heather Ln
Dallas, TX 75248
214-484-3738
8 / M
Oxford House since Jul '16

Oxford House - Cortez North
3221 Cortez Drive
Fort Worth, TX 76116-4947
817-945-1360
8 / M
Oxford House since Jan '13

Oxford House - Downey
1704 Downey Dr.
Fort Worth, TX 76112
682-301-3569
7 / W
Oxford House since May '16

Oxford House - Lone Star
1421 Pine Hill Drive
Garland, TX 75043
214-440-2046
8 / M
Oxford House since Oct '15

Oxford House - Silverthorne
2516 Silverthorne Dr.
Dallas, TX 75287
469-892-6750
8 / W
Oxford House since Dec '16

Oxford House - McCart
5809 McCart Avenue
Fort Worth, TX 76133-2424
817-744-7321
8 / W
Oxford House since Mar '13

Oxford House - Hulen
6501 Winifred Dr.
Fort Worth, TX 76133
682-224-3026
7 / M
Oxford House since Jun '15

Oxford House - Buckingham
3205 Shenandoah Drive
Garland, TX 75042
214-699-7435
6 / M
Oxford House since May '16

Oxford House - Cotillion
11323 Cotillion Dr.
Dallas, TX 75228
469-567-3740
9 / M
Oxford House since Dec '16

Oxford House - Westcreek
5625 Westcreek Dr
Fort Worth, TX 76133-2246
817-349-0549
7 / M
Oxford House since Oct '13

Oxford House - Ahavah
5601 Morley Avenue
Fort Worth, TX 76133
682-841-0607
8 / WC
Oxford House since Nov '16

Oxford House - Bissonnet
4224 Bissonnet
Houston, TX 77005-1916
346-701-0076
6 / M
Oxford House since Jan '93

Oxford House - Moreland
4607-4609 Gaston Ave
Dallas, TX 75214
469-399-6239
9 / W
Oxford House since Dec '16

Oxford House - Wharton
5537 Westcreek Dr
Fort Worth, TX 76133-2242
817-882-6386
8 / M
Oxford House since Dec '13

Oxford House - Worthy
5116 Inverness Ave.
Fort Worth, TX 76132
682-224-3217
6 / WC
Oxford House since Jan '17

Oxford House - Ludington
8806 Petersham Dr
Houston, TX 77031
713-667-9924
7 / M
Oxford House since Apr '98

Oxford House - Denton
629 East Prairie Street
Denton, TX 76205
(940) 808-1558
7 / M
Oxford House since Jan '15

Oxford House - Trail Lake
6401 Trail Lake Dr.
Fort Worth, TX 76133
682-708-3149
8 / M
Oxford House since Mar '15

Oxford House - Hallmark
167 Victorian Dr.
Fort Worth, TX 76134
7 / WC
Oxford House since Mar '17

Oxford House - Spellman
8115 Twin Hills Drive
Houston, TX 77071-1238
281-888-4999
7 / M
Oxford House since May '00

Oxford House - McCormick
1613 McCormick St.
Denton, TX 76205
940-218-6505
6 / M
Oxford House since May '15

Oxford House - Hedgewood
7529 Hedgewood Ct.
Fort Worth, TX 76113
682-301-1390
8 / M
Oxford House since Sep '15

Oxford House - Beaver Run
1124 Briarwood Dr
Garland, TX 75041-1706
972-278-2221
8 / W
Oxford House since Jan '04

Oxford House - Chimney Rock
5507 Effingham Dr
Houston, TX 77035-4337
713-677-0281
7 / W
Oxford House since Aug '06

Oxford House - Cliffside
1 Cliffside Dr
Edgecliff Village, TX 76134-2544
817-887-9031
8 / M
Oxford House since Dec '13

Oxford House - Marist
929 Marist Dr.
Fort Worth, TX 76120
817-653-7005
8 / M
Oxford House since Nov '15

Oxford House - Oak Ridge
2801 Willow Ridge Dr
Garland, TX 75044
469-304-1576
8 / W
Oxford House since Mar '14

Oxford House - Yorkwood
9314 Autauga Dr
Houston, TX 77080-1218
281-974-1130
7 / W
Oxford House since Mar '07

Oxford House - Braes Ridge
7703 Vickijohn Dr.
Houston, TX 77071
832-804-6745
8 / W
Oxford House since Sep '05

Oxford House - Martin
8723 Shadow Crest St
Houston, TX 77074
281-974-2273
8 / W
Oxford House since May '14

Oxford House - Ignis
7208 Narcissus St.
Houston, TX 77018
832-491-0743
9 / M
Oxford House since Jan '17

Oxford House - Matador
5416 45th St
Lubbock, TX 79414
806-701-2946
6 / M
Oxford House since Dec '15

Oxford House - Lugary
12329 Hillcroft St
Houston, TX 77035
713-640-5808
7 / W
Oxford House since Dec '04

Oxford House - Beck
12310 Braesridge Dr.
Houston, TX 77071
832-581-2296
6 / M
Oxford House since Jun '15

Oxford House - Momentum Park
14923 Sweetgum Dr.
Humble, TX 77396
281-973-8950
7 / M
Oxford House since Dec '16

Oxford House - El Chaparral
7023 Winston St
Lubbock, TX 79424
806-368-8946
8 / M
Oxford House since Sep '16

Oxford House - Roanwood
2014 Roanwood Drive
Houston, TX 77090-2031
281.919.2460
7 / W
Oxford House since Jun '11

Oxford House - Bellus
8103 Braesview Ln
Houston, TX 77071
832-804-8132
7 / W
Oxford House since Aug '15

Oxford House - Mills
3025 High Plains Dr.
Katy, TX 77449
281-398-1275
7 / M
Oxford House since Jun '15

Oxford House - McAllen
8911 N 36th Lane
McAllen, TX 78504
956-627-6471
6 / M
Oxford House since Nov '15

Oxford House - Carvel Lane
7147 Carvel Lane
Houston, TX 77074-4705
713-636-2467
7 / M
Oxford House since Sep '12

Oxford House - Lombardy
2015 Dumble Street
Houston, TX 77023
832-433-7188
6 / M
Oxford House since Dec '15

Oxford House - Richard Lee
2206 49th Street
Lubbock, TX 79412
806-702-8970
6 / M
Oxford House since Aug '14

Oxford House - Coronet
7312 Coronet Ave
N. Richland Hills, TX 76180
817-479-6332
7 / M
Oxford House since Jun '14

Oxford House - Shalva
7803 Twin Hills Dr
Houston, TX 77071-1323
832-649-4125
7 / M
Oxford House since Oct '12

Oxford House - Fortius
6614 Reamer St.
Houston, TX 77074
832-516-7823
6 / MC
Oxford House since Jan '16

Oxford House - Lubbock
5720 36th St
Lubbock, TX 79407
806-702-8967
8 / M
Oxford House since Aug '14

Oxford House - Gentry
2214 Aransas Pass
New Braunfels, TX 78130
830-632-5221
9 / M
Oxford House since Mar '16

Oxford House - Bellaire
6315 Ladera Dr
Houston, TX 77083-1414
346-312-6444
8 / M
Oxford House since Jun '13

Oxford House - Stilson Branch
6007 Stilson Branch Ln
Houston, TX 77092
346- 223-2954
8 / M
Oxford House since Mar '16

Oxford House - Red Raider
3014 48th St.
Lubbock, TX 79413-4121
806-701-5052
8 / W
Oxford House since Oct '14

Oxford House - Plano
2324 Claridge Circle
Plano, TX 75075-6630
972-612-9391
7 / M
Oxford House since Nov '06

Oxford House - Woodside
12831 Labelle Ln
Houston, TX 77015-2715
713-434-6250
7 / M
Oxford House since Nov '13

Oxford House - Oakland Brook
2715 Oakland Brook St.
Houston, TX 77038
713-325-2984
8 / M
Oxford House since Jun '16

Oxford House - Tech Terrace
2607 30th Street
Lubbock, TX 79410
806-701-5405
6 / M
Oxford House since Apr '15

Oxford House - Santa Fe 2
2109 Towanda Dr
Plano, TX 75074-2732
972-423-6400
6 / W
Oxford House since Aug '12

Oxford House - True
7510 Troulon Drive
Houston, TX 77074-4230
281-501-1936
9 / M
Oxford House since Dec '13

Oxford House - Candle
5410 Candlemist Dr.
Houston, TX 77091
832-991-8814
11 / M
Oxford House since Nov '16

Oxford House - South Mesa
1907 73rd St
Lubbock, TX 79423
806-701-2589
6 / M
Oxford House since Jul '15

Oxford House - Canyon Valley
3344 Canyon Valley Trail
Plano, TX 75023
469-786-1679
8 / W
Oxford House since Jul '16

Oxford House - Castle Rock
1423 Wagon Gap Tr
Houston, TX 77090
832-446-6423
8 / M
Oxford House since Apr '14

Oxford House - Cadawac
8814 Cadawac Dr.
Houston, TX 77074
281-501-3158
10 / M
Oxford House since Jan '17

Oxford House - Caprock
3201 65th St
Lubbock, TX 79413
806-368-9975
9 / WC
Oxford House since Nov '15

Oxford House - Walnut Hill
1238 Delmont Dr.
Richardson, TX 75080-5812
214-792-9735
6 / M
Oxford House since Oct '09

Oxford House - Harvest Glen
647 Harvest Glen Dr
Richardson, TX 75081-5643
972-231-5633
8 / W
Oxford House since Jul '03

Oxford House - Stepping Stone
914 Wisteria Way
Richardson, TX 75080-4026
214-812-9761
6 / M
Oxford House since May '09

Oxford House - Fredericksburg Rd
311 Cincinnati Ave
San Antonio, TX 78201-6406
210-320-1914
8 / M
Oxford House since Jun '04

Oxford House - Grayson
422 Spofford Ave
San Antonio, TX 78208-1547
210-267-2521
8 / M
Oxford House since Mar '13

Oxford House - Baylor
2705 Sherrill Park Dr
Richardson, TX 75082-3217
972-664-1866
8 / M
Oxford House since Jan '96

Oxford House - Woodland Park
1423 Nantucket Dr
Richardson, TX 75080-4142
469-206-6840
7 / WC
Oxford House since Apr '13

Oxford House - Leon Valley
5907 Rimkus Street
San Antonio, TX 78238-2340
210-272-0050
9 / WC
Oxford House since Aug '07

Oxford House - Brettonwood
314 Brettonwood Dr
San Antonio, TX 78218-4208
210-231-0360
9 / M
Oxford House since Oct '13

Oxford House - Beltline
1226 Donna Drive
Richardson, TX 75080-5814
214-484-3765
7 / M
Oxford House since Mar '98

Oxford House - Cripe
403 Fieldwood Dr
Richardson, TX 75081-5533
214-272-8324
9 / M
Oxford House since Sep '13

Oxford House - Marbach
4834 Flicker Street
San Antonio, TX 78217
210-314-5099
6 / M
Oxford House since Sep '08

Oxford House - Invicta
228 W Woodlawn
San Antonio, TX 78212-3458
210-233-1666
10 / WC
Oxford House since Nov '13

Oxford House - Lois Lane
100 S. Lois Lane
Richardson, TX 75081-3401
972-671-2310
7 / W
Oxford House since Dec '02

Oxford House - Lake Highlands
404 Birch Lane
Richardson, TX 75081
361-334-3167
8 / M
Oxford House since Nov '13

Oxford House - Rolling Oaks
15610 Knoll Cliff Street
San Antonio, TX 78247-2152
210-451-0372
8 / WC
Oxford House since Mar '09

Oxford House - Awesome
9238 Hilltop Crossing
San Antonio, TX 78251-2721
210-451-5550
9 / M
Oxford House since Dec '13

Oxford House - Pride
1426 Lamp Post Lane
Richardson, TX 75080-5724
972-231-7360
8 / M
Oxford House since Apr '01

Oxford House - Weldon 2
636 Williams Way
Richardson, TX 75080
214-242-9076
7 / M
Oxford House since Apr '15

Oxford House - Guilbeau
7619 Braun Oak
San Antonio, TX 78250-2606
210-267-1870
8 / M
Oxford House since Feb '10

Oxford House - Sutters Rim
1002 Sutters Rim
San Antonio, TX 78258-2906
210-437-0061
10 / WC
Oxford House since Feb '14

Oxford House - Richardson
1813 Harvard Drive
Richardson, TX 75081-3153
972-480-8866
7 / M
Oxford House since May '93

Oxford House - Avenue D
816 Avenue D
Rosenberg, TX 77471-2312
281-762-2137
7 / M
Oxford House since Apr '08

Oxford House - Wood Oak
5642 Wood Oak Street
San Antonio, TX 78233-5037
210-481-4800
7 / M
Oxford House since Nov '10

Oxford House - Alamo City
266 Brettonwood Dr
San Antonio, TX 78218
210-943-5632
8 / M
Oxford House since Apr '14

Oxford House - Stagecoach
1421 Stagecoach Drive
Richardson, TX 75080-5720
972-635-5487
7 / M
Oxford House since Jun '02

Oxford House - Davis
730 Hammond Avenue
San Antonio, TX 78120-3110
210-265-1593
8 / M
Oxford House since Apr '00

Oxford House - Carson
627 E. Carson Street
San Antonio, TX 78208-1248
210-637-9028
8 / M
Oxford House since Sep '11

Oxford House - Emet
234 W Woodlawn
San Antonio, TX 78212
210-437-1686
10 / W
Oxford House since Jul '14

Oxford House - Richland Manor
414 Sheffield Dr
Richardson, TX 75081-5540
469-914-5424
8 / M
Oxford House since Aug '05

Oxford House - Beacon Hill
310 Cincinnati Avenue
San Antonio, TX 78201-6336
405-731-0412
8 / M
Oxford House since Feb '98

Oxford House - Blanco
1011 W Magnolia Ave
San Antonio, TX 78201-5643
210-314-6266
8 / WC
Oxford House since Jul '12

Oxford House - Bashlow
17022 Cortland Rdg
San Antonio, TX 78247
210-254-9795
7 / M
Oxford House since Jul '14

Oxford House - Maple
410 Maple St
Richardson, TX 75081-4244
972-290-0171
7 / M
Oxford House since May '06

Oxford House - Mistletoe
1130 W. Mistletoe Avenue
San Antonio, TX 78201-5623
210-320-1578
8 / M
Oxford House since Nov '94

Oxford House - Meadow Park
4715 Rosemarys Farm
San Antonio, TX 78244-1333
210-346-1066
7 / M
Oxford House since Nov '12

Oxford House - Excelsior
518 Paschal St.
San Antonio, TX 78212
210-233-1585
10 / M
Oxford House since Oct '14

Oxford House - Vinecrest
3419 Vinecrest Dr.
San Antonio, TX 78219
210-451-7289
6 / M
Oxford House since Nov '01

Oxford House - Ohana
1120 Fulton Ave
San Antonio, TX 78201
210-721-7881
8 / WC
Oxford House since Sep '16

Oxford House - Inlet
5125 Inlet Dr.
Wichita Falls, TX 76310
940-257-2102
7 / M
Oxford House since Sep '14

Oxford House - Gramercy
2423 W Gramercy
San Antonio, TX 78228
210-562-3007
8 / M
Oxford House since Jan '15

Oxford House - Alliance
934 Craig Place
San Antonio, TX 78201
210-447-7260
8 / M
Oxford House since Sep '16

Oxford House - Catskills
5226 Catskills Dr
Wichita Falls, TX 76310
940-228-7813
7 / W
Oxford House since Oct '14

Oxford House - Costigan
522 Redcliff Drive
San Antonio, TX 78216
210-320-2324
9 / M
Oxford House since Feb '15

Oxford House - McCullough
113 E Mistletoe Ave
San Antonio, TX 78212
210-442-8365
10 / WC
Oxford House since Oct '16

Oxford House - San Pedro
118 Maplewood Lane
San Antonio, TX 78216
210-314-3070
7 / M
Oxford House since Jun '15

Oxford House - Rosewood
738 W Rosewood Ave
San Antonio, TX 78212
210-236-9853
9 / W
Oxford House since Jan '17

Oxford House - Brookview
718 Brookview Dr
San Antonio, TX 78213
210-320-1096
6 / WC
Oxford House since Nov '15

Oxford House - Lions Park
302 Chicago Blvd
San Antonio, TX 78210
8 / M
Oxford House since Mar '17

Oxford House - Culebra
206 Florencia Ave.
San Antonio, TX 78228
210-354-7664
9 / M
Oxford House since Dec '15

Oxford House - Gemini
241 W. Norwood Ct.
San Antonio, TX 78212
9 / W
Oxford House since Apr '17

Oxford House - Dawson
331 Waxwood
San Antonio, TX 78216
210-255-8072
7 / W
Oxford House since Mar '16

Oxford House - Tyler
2707/2703 Willard Lane
Tyler, TX 75707
903-630-6377
7 / M
Oxford House since Jan '16

Oxford House - Revenant
131 Yale Ave
San Antonio, TX 78201
210-595-7570
9 / M
Oxford House since Apr '16

Oxford House - Virtue
1200 Ashleman St
Waco, TX 76705-2559
254-732-0012
7 / M
Oxford House since Dec '13

Oxford House - Summertime
122 Summertime Dr.
San Antonio, TX 78216
210-647-6673
7 / W
Oxford House since Jul '16

Oxford House - Wichita Falls
1627 Pearl Avenue
Wichita Falls, TX 76301-5159
940-228-5740
6 / M
Oxford House since Oct '10

Texas Network of Oxford Houses

200 Oxford Houses : 1,531 Beds

132 Oxford Houses for Men: 999 Beds

68 Oxford Houses for Women: 532 Beds

Remember 2017 Annual Convention

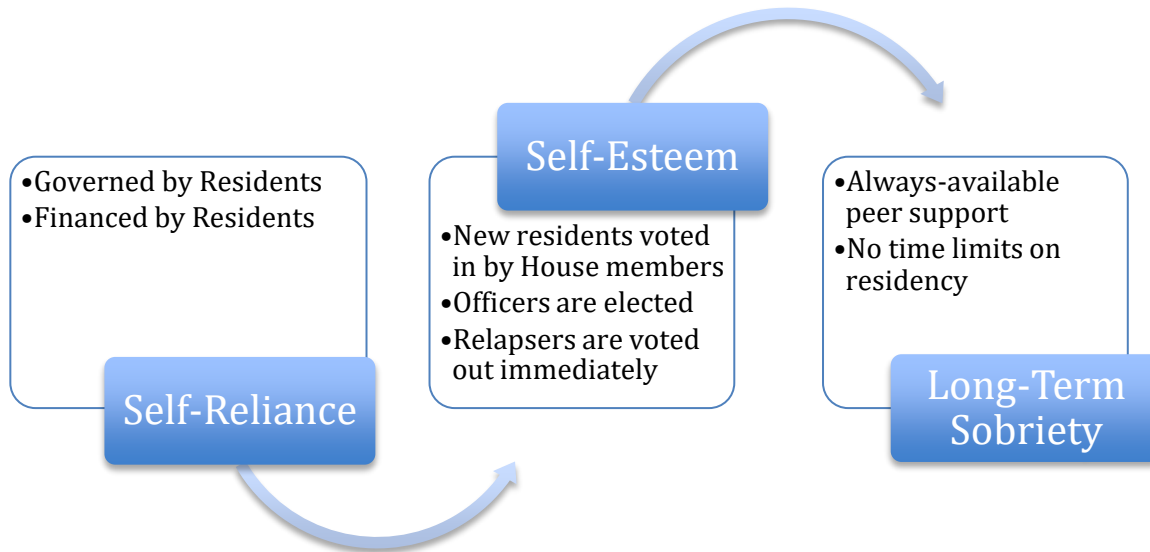
Oxford House World Convention

Renaissance Hotel
Downtown Washington, DC

Labor Day Weekend
August 31 – September 2, 2017

Register Early at the Oxford House
Website: www.oxfordhouse.org

OXFORD HOUSE™



Unique • Evidence-based • Time-tested
Fostering self-reliance, self-esteem and long-term sobriety

ALCOHOLISM AND DRUG ADDICTION

- About 17 million Americans are primarily active alcoholics with another 8 million addicted to illicit drugs. (SAMHSA)
- 24.6 million persons aged 18 or older needed treatment for an illicit drug or alcohol abuse problem in 2015 (8.5 percent of persons aged 18 or older). (SAMHSA)
- Of these, only 1.25 million – 6.2 percent of those who needed treatment – received it.
- Government reports show that alcohol and drug abuse is responsible for the admission of almost 1.5 million people to emergency rooms nationwide and drug addiction results in nearly half a trillion dollars' economic loss annually or \$1,426 per American.
- For those receiving treatment, 60% had been in prior treatment an average of more than three times. [TEDS]

Oxford Houses Provide a Low-Cost, Highly Effective Method of Reducing Recidivism

Not everyone who drinks alcohol becomes an alcoholic. Not everyone who uses mood-altering drugs becomes a drug addict. But some do. Society has struggled with effective ways to help those who become addicted to change behavior because their addiction can cause harm to them, their families and society at large. There is no magic wand but there is a process that works. The four stages are:

1. Intervention
2. Detoxification [Ending physical dependence]
3. Motivation and Education [Treatment]
4. Long-term Behavior Change

The weak link in the process is society's failure to support environments that foster long-term behavior change. Many individuals repeatedly relapse after completing the first three stages. Significant evidence suggests that the Oxford House program addresses this problem, fosters recovery without relapse, and does so at a cost society can afford. With peer support and no residency time limits, Oxford Houses provide the time and environment needed for the development of long-term recovery without relapse.

Oxford House™

1975-2017

42 Years of Organized Self-Help To Enable Alcoholics and Drug Addicts to Recover Without Relapse

- Providing Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write or Call

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Silver Spring, Maryland 20910

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Facsimile 301-589-0302

E-Mail Info@oxfordhouse.org

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